



Lifeway Foods, Inc. to Present at the Oppenheimer 16th Annual Consumer Conference

Morton Grove, IL — June 9, 2016 — Lifeway Foods, Inc., (Nasdaq: LWAY), the leading U.S. supplier of kefir cultured dairy products, today announced that John Waldron, Chief Financial Officer, will present at the Oppenheimer 16th Annual Consumer Conference on Tuesday, June 21, 2016 at 11:05 a.m. ET in Boston, MA.

The audio portion of the presentation will be webcast live, and a replay will be available on the investor relations section of Lifeway's website at www.lifewaykefir.com.

About Lifeway Foods

Lifeway Foods, Inc. (LWAY), recently named one of Forbes' Best Small Companies, is America's leading supplier of the probiotic fermented beverage known as kefir. In addition to its line of drinkable kefir, the company also produces frozen kefir, specialty cheeses and a ProBugs line for kids. Lifeway's tart and tangy cultured dairy products are available throughout the United States and on a small, but growing basis, in Canada, Latin America and the United Kingdom. Learn how Lifeway is good for more than just you at www.lifewaykefir.com.

Find Lifeway Foods, Inc. on Facebook: www.facebook.com/lifewaykefir

Follow Lifeway Foods on Twitter: http://twitter.com/lifeway_kefir

YouTube: <http://www.youtube.com/user/lifewaykefir>

Contact:

Lifeway Foods, Inc.

Phone: 877.281.3874

Email: info@Lifeway.net

Investor Relations:

ICR

Katie Turner

Hunter Wells

646.277.1228