SEC Form 3 FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
	3235-						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] REILLY JENNIFE	Request	2. Date of Event Requiring Statement (Month/Day/Year) - 05/02/2016		3. Issuer Name and Ticker or Trading Symbol <u>LIFEWAY FOODS INC</u> [LWAY]						
				4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer Other X (give title (specify		of Original (Month/Da 6. Individua Joint/Grou (Check Ap	 5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 			
(Street) MORTON GROVE IL 60 (City) (State) (Zi	0053 p)				Sr Exec V. President of Sales				X Form f Report Form f More t	
Tak	Table I - Non-Derivative Securities Beneficially Owned									
1. Title of Security (Instr. 4)		2. Amount of Securities Beneficially Owned (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	m: (Instr. 5) ect (D) ndirect					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)	and Expirati	ate Exercisable Expiration Date nth/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security		6. Nature of Indirect Beneficial Ownership (Instr. 5)		
	Date Exercisable	Expiratio Date		tle	Amount or Number of Shares					

Explanation of Responses:

No securities are beneficially owned.

/s/ Jennifer Reilly 05/06/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.