



## **Lifeway Foods, Inc. to Announce Results for the First Quarter Ended March 31, 2014**

**Morton Grove, IL — April 28, 2014** — Lifeway Foods, Inc., (Nasdaq: LWAY), a leading supplier of cultured dairy products known as kefir and organic kefir, will announce results for the first quarter ended March 31, 2014 after the stock market close on Monday, May 12, 2014.

The Company will host a conference call to discuss these results with additional comments and details on Monday, May 12, 2014 at 4:30 p.m. ET. The call will be broadcast live over the Internet hosted at the Investor Relations section of Lifeway Foods' website at [www.lifeway.net](http://www.lifeway.net), and will be archived online through May 26, 2014. In addition, listeners may dial 877-407-3982 in North America, and international listeners may dial 201-493-6780. Participants from the Company will be Julie Smolyansky, President and Chief Executive Officer, and Edward Smolyansky, Chief Financial Officer and Chief Operating Officer.

### **About Lifeway Foods**

Lifeway Foods, Inc. (Nasdaq: LWAY), recently named one of Fortune Small Business' Fastest Growing Companies for the sixth consecutive year, is America's leading supplier of the cultured dairy products known as kefir and organic kefir. Lifeway Kefir is a dairy beverage that contains 10 exclusive live and active probiotic cultures plus ProBoost™. In addition to its line of Kefir products, the company produces a variety of Frozen Kefir and probiotic cheese products. Lifeway also sells frozen kefir, kefir smoothies and kefir parfaits through its Starfruit™ retail stores.

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YouTube: <http://www.youtube.com/user/lifewaykefir>.

### **Contact:**

Lifeway Foods, Inc.

Phone:

877.281.3874

Email:

[info@Lifeway.net](mailto:info@Lifeway.net)

### **Investor Relations:**

ICR

Katie Turner

John Mills

646.277.1228