

Lifeway Foods, Inc. Announces Results for the Third Quarter Ended September 30, 2015

Morton Grove, IL — **November 9, 2015** — Lifeway Foods, Inc., (Nasdaq: LWAY), the leading U.S. supplier of kefir cultured dairy products, today reported financial results for the third quarter of its fiscal 2015 ended September 30, 2015.

"This year we have made good progress on our strategic initiatives as evidenced by our solid results for the third quarter," said Julie Smolyansky, CEO of Lifeway Foods, Inc. "We are committed to providing the highest quality kefir products and our performance demonstrates the strong and continued demand for Lifeway Kefir. Our team is diligently focused on creating innovative products, expanding distribution across new and existing retail channels, and growing Lifeway's brand awareness. We are confident in our ability to develop our business into a global, healthy food products company as we execute on the tremendous opportunities ahead of us."

Third Quarter Results

Third quarter 2015 total consolidated net sales decreased 2% to \$29.6 million from \$30.1 million in the third quarter of 2014. The Company's third quarter net sales were impacted by significantly higher customer promotional allowances.

Cost of goods sold as a percentage of net sales, excluding depreciation expense, was approximately 67% during the third quarter compared to approximately 72% for the same period last year. This decrease was primarily driven by lower milk prices partially offset by an increase in promotional allowances and discounts given to customers. Gross profit as a percent of net sales increased to 31% from 26% last year.

Selling expenses decreased approximately 4% to \$2.7 million during the third quarter of 2015 from \$2.8 million in the third quarter of 2014.

General and administrative expenses increased \$1.5 million to \$4.1 million from \$2.6 million in the same three-month period last year. The increase is primarily a result of increases in salaries and professional fees primarily associated with the Company's delayed SEC filings.

Provision for income taxes was \$0.9 million, or a 50.9% effective rate, for the third quarter of 2015 compared to \$1.2 million, or a 54.2% effective tax rate, during the same period in 2014.

Net income was \$0.9 million, or \$0.05 per diluted share, in the three-month period ended September 30, 2015 compared to net income of \$1.0 million, or \$0.06 per diluted share, in the same period in 2014.

First Nine Months of Fiscal 2015

Total consolidated net sales increased by \$0.2 million, or approximately 0.3%, to \$89.0 million during the nine-month period ended September 30, 2015 from \$88.8 million during the same nine-month period in 2014.

Cost of goods sold as a percentage of net sales, excluding depreciation expense, was approximately 71% during the first nine months of fiscal 2015 compared to approximately 73% for the same period last year. This improvement was primarily driven by lower milk prices partially offset by an increase in promotional allowances and discounts given to customers. Gross profit as a percent of net sales increased to 28% from 25% last year.

Selling expenses decreased approximately 5% to \$9.5 million during the first nine months of 2015 from \$10.0 million in the first nine months of 2014.

General and administrative expenses increased \$3.8 million to \$10.9 million from \$7.1 million in the same nine-month period last year. The increase is primarily a result of increases in salaries, Wisconsin facilities expenses, and professional fees primarily associated with the Company's delayed SEC filings in 2015

Provision for income taxes was \$1.7 million, or a 50.8% effective rate, for the first nine months of 2015 compared to \$2.3 million, or a 53.8% effective tax rate, during the same period in 2014.

Net income was \$1.6 million or \$0.10 per share for the nine-month period ended September 30, 2015 compared to \$2.0 million or \$0.12 per share in the same period in 2014.

Balance Sheet/Cash Flow Highlights

The Company had cash and cash equivalents of approximately \$5.0 million as of September 30, 2015 compared to cash and cash equivalents of \$3.3 million as of December 31, 2014. The Company also generated \$4.4 million in cash from operating activities in the first ninemonths of 2015 compared to \$3.7 million in the year ago period.

Stock Repurchase Program

In September, the Company's Board of Directors authorized a stock repurchase program for up to 250,000 shares of common stock or up to \$3.5 million. There were no share repurchases during the nine months ended September 30, 2015.

Conference Call

The Company will host a conference call to discuss these results with additional comments and details on Monday, November 9, 2015 at 4:30 p.m. ET. The call will be broadcast live over the Internet hosted at the Investor Relations section of Lifeway Foods' website at www.lifewaykefir.com, and will be archived online through November 23, 2015. In addition, listeners may dial 877-407-3982 in North America, and international listeners may dial 201-493-6780. Participants from the Company will be Julie Smolyansky, President and Chief Executive Officer, and Edward Smolyansky, Chief Financial Officer and Chief

Operating Officer.

About Lifeway Foods

Lifeway Foods (LWAY), recently named one of Forbes Best Small Companies, is America's leading supplier of the probiotic fermented beverage known as kefir. In addition to its line of drinkable kefir, the company also produces frozen kefir, specialty cheeses and a ProBugs line for kids. Lifeway's tart and tangy cultured dairy products are now sold across the United States, Canada, Latin America and the United Kingdom. Learn how Lifeway is good for more than just you at www.lifewaykefir.com.

Find Lifeway Foods, Inc. on Facebook: www.facebook.com/lifewaykefir Follow Lifeway Foods on Twitter: http://twitter.com/lifeway kefir

YouTube: http://www.youtube.com/user/lifewaykefir

Forward Looking Statements

This news release contains forward-looking statements. Investors are cautioned that actual results may differ materially from such forward-looking statements. Forward-looking statements involve risks and uncertainties including, but not limited to, competitive pressures and other important factors detailed in the Company's reports filed with the Securities and Exchange Commission.

Contact:

Lifeway Foods, Inc. Phone: 877.281.3874 Email: <u>info@Lifeway.net</u>

Investor Relations:

ICR Katie Turner Hunter Wells 646.277.1228

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Financial Condition September 30, 2015 and December 31, 2014

		September 30,	December 31,			
	2015			2014		
		(Unaudited)				
<u>ASSETS</u>						
Current assets						
Cash and cash equivalents	\$	5,010,669	\$	3,260,244		
Investments, at fair value		2,512,537		2,779,140		
Certificates of deposits in financial institutions Inventories		534,678 6,931,773		149,965 5,814,219		
Accounts receivable, net of allowance for doubtful		0,931,773		3,814,219		
accounts and discounts of \$1,100,000 and \$1,050,000 at September 30, 2015 and						
December 31, 2014, respectively		10,753,485		10,213,541		
Prepaid expenses and other current assets		53,966		251,922		
Other receivables		37,850		134,338		
Deferred income taxes		612,159		408,340		
Refundable income taxes		129,426		1,140,796		
Total current assets		26,576,273		24,152,505		
Property and equipment, net		21,602,426		21,892,395		
Intangible assets						
Goodwill		14,068,091		14,068,091		
Other intangible assets, net		2,523,006		3,059,764		
Total intangible assets		16,591,097		17,127,855		
Other Assets Long-term accounts receivable, net of current portion		294,767		251,683		
Total assets	¢		\$	63,424,438		
Total assets	\$	65,064,563	э —	05,424,438		
LIABILITIES AND STOCKHOLDERS' EQUITY						
Current liabilities	¢	940,000	¢.	972 295		
Current maturities of notes payable Accounts payable	\$	840,000 5,190,593	\$	872,285 5,586,755		
Accrued expenses		3,104,452		2,066,076		
Accrued income taxes		448,891				
Total current liabilities		9,583,936		8,525,116		
Notes payable		7,329,328		8,124,515		
Deferred income taxes		1,806,539		2,075,095		
Total liabilities		18,719,803		18,724,726		
Stockholders' equity Common stock, no par value; 40,000,000 shares authorized;						
17,273,776 shares issued; 16,346,017 shares outstanding						
at September 30, 2015 and December 31, 2014		6,509,267		6,509,267		
Paid-in-capital		2,032,516		2,032,516		
Treasury stock, at cost		(8,187,682)		(8,187,682)		
Retained earnings		46,189,101		44,543,618		
Accumulated other comprehensive loss, net of taxes		(198,442)		(198,007)		
Total stockholders' equity		46,344,760		44,699,712		
Total liabilities and stockholders' equity	\$	65,064,563	\$	63,424,438		

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consolidated Statements of Income and Comprehensive Income For the Three Months and Nine Months Ended September 30, 2015 and 2014 (Unaudited)

		Three Months Ended September 30,			Nine Months Ended September 30,			
		2015		2014		2015		2014
Gross sales	\$	33,519,071	\$	32,704,435	\$	102,913,996	\$	97,359,630
Less: discounts and promotional allowances		(3,920,406)		(2,594,213)		(13,872,019)		(8,552,286)
Net sales		29,598,665		30,110,222		89,041,977		88,807,344
Cost of goods sold		19,929,639		21,697,954		62,778,735		64,812,489
Depreciation expense		613,830		610,966		1,808,988		2,022,204
Total cost of goods sold		20,543,469		22,308,920		64,587,723		66,834,693
Gross profit	_	9,055,196		7,801,302		24,454,254		21,972,651
Selling expenses		2,706,375		2,804,127		9,486,177		9,977,636
General and administrative		4,117,811		2,627,566		10,919,862		7,115,393
Amortization expense		178,919		178,919		536,758		536,758
Total operating expenses	_	7,003,105		5,610,612		20,942,797		17,629,787
Income from operations		2,052,091		2,190,690		3,511,457		4,342,864
Other income (expense):		25.250		22.520		0.5.455		0.5.554
Interest and dividend income		25,259		22,739		86,477		86,664
Rental income		1,800		1,201		5,400		2,900
Interest expense		(55,698)		(62,084)		(179,468)		(194,377)
(Loss)/Gain on sale of investments, net		020		(22.040)		(21,000)		20.100
reclassified from OCI		839		(22.940)		(21,098)		39,190
Gain on sale of property and equipment		200 (205,000)		85,077		243,283 (303,796)		8,592 1,674
Other income (expense), net								-
Total other income (expense)		(232,600)		23,993		(169,202)		(55,357)
Income before provision for								
income taxes		1,819,491		2,214,683		3,342,255		4,287,507
Provision for income taxes		926,639		1,201,005		1,696,772		2,307,234
Net income	\$	892,852	\$	1,013,678	\$	1,645,483	\$	1,980,273
Basic and diluted earnings								
per common share	\$	0.05	\$	0.06	\$	0.10	\$	0.12
Weighted average number of								
common shares outstanding		16,346,017		16,346,017		16,346,017	_	16,346,017
COMPREHENSIVE INCOME								
Net income	\$	892,852	\$	1,013,678	\$	1,645,483	\$	1,980,273
Other comprehensive income (loss), net of tax: Unrealized gains (losses) on investments (net of tax) Less reclassification adjustment for (gains) losses and other than		(183,170)		(93,679)		(247,645)		(22,524)
temporary impairments included in								
net income (net of taxes)		124,395		13,702		247,210		(23,408)
Comprehensive income	\$	834,047	\$	933,701	\$	1,645,048	\$	1,934,341

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consolidated Statements of Cash Flows For the Nine Months Ended September 30, 2015 and 2014 (Unaudited)

		September 30,				
		2015		2014		
Cash flows from operating activities:						
Net income	\$	\$1,645,483	\$	1,980,273		
Adjustments to reconcile net income to net	·	. , ,	·	, ,		
cash flows from operating activities:						
Depreciation and amortization		2,345,746		2,558,962		
Loss (gain) on sale of investments, net		21,098		(39,190)		
Impairment of investments		384,500				
Deferred income taxes		(472,375)		(783,607)		
Bad debt expense		250		76,049		
Gain on sale of property and equipment		(243,083)		(8,592)		
(Increase) decrease in operating assets:		(243,003)		(0,372)		
Accounts receivable		(540 104)		(1.549.110)		
Other receivables		(540,194)		(1,548,110)		
		53,674		76,552		
Inventories		(1,117,554)		(235,849)		
Refundable income taxes		1,011,370		972,522		
Prepaid expenses and other current assets		197,956		73,379		
Increase (decrease) in operating liabilities:						
Accounts payable		(396,162)		595,333		
Accrued expenses		1,038,376		(40,184)		
Accrued income taxes		448,891				
Net cash provided by operating activities		4,377,976		3,677,538		
Cash flows from investing activities:						
Purchases of investments		(1,369,285)		(2.210.742)		
Proceeds from sale of investments				(2,319,742) 1,736,946		
		1,229,855		, ,		
Redemption of certificates of deposits		249,965		15,000		
Investments in certificates of deposits		(634,678)		(2.052.202)		
Purchases of property and equipment		(1,618,716)		(3,052,303)		
Proceeds from sale of property and equipment		342,780		89,076		
Net cash used in investing activities		(1,800,079)		(3,531,023)		
Cash flows from financing activities:						
Repayment of notes payable		(827,472)		(657,694)		
Net cash used in financing activities		(827,472)		(657,694)		
Net (decrease) increase in cash and cash equivalents		1,750,425		(511,179)		
Cash and cash equivalents at the beginning of the period		3,260,244		3,306,608		
Cash and cash equivalents at the end of the period	\$	\$5,010,669	\$	2,795,429		
Supplemental cash flow information						
Cash paid for income taxes	\$	1,120,000	\$	2,131,658		
-						
Cash paid for interest	<u>\$</u>	177,521	\$	195,275		