

## Lifeway Foods, Inc. Announces Results for the Fourth Quarter and Fiscal Year Ended December 31, 2015

**Morton Grove, IL** — **March 15, 2016** — Lifeway Foods, Inc., (Nasdaq: LWAY), the leading U.S. supplier of kefir cultured dairy products, today reported financial results for the fourth quarter and fiscal year ended December 31, 2015.

"In 2015, we took decisive steps to better position Lifeway for future growth," said Julie Smolyansky, CEO of Lifeway Foods, Inc. "These include strategic investments in new product innovation, continued investment in Lifeway's production capabilities, and new additions to our team. Additionally, we ramped up our marketing and advertising initiatives as well as increased our investments in trade promotions, both of which have led to a strong start thus far in 2016."

#### **Fourth Quarter Results**

Fourth quarter 2015 net sales decreased 2% to \$29.5 million from \$30.2 million in the fourth quarter of 2014. Gross sales increased 4.9% driven by higher sales of the Company's Kefir products that were more than offset by increased trade promotions and allowances.

Gross profit as a percent of net sales improved to 24.2% from 22.9%% in the year ago period. The margin rate improvement reflects lower milk costs, offset partially by increased trade promotion and higher labor costs.

Selling expenses decreased approximately 28% to \$3.3 million during the fourth quarter of 2015 from \$4.6 million in the fourth quarter of 2014. The reduction reflects reduced salaries and administrative related costs in the fourth quarter of 2015. General and administrative expenses increased \$0.5 million to \$2.8 million from \$2.3 million compared to the same period last year primarily due to the elevated level of professional fees.

Net income was approximately \$328,000, or \$0.02 per diluted share, in the fourth quarter of 2015 compared to a loss of \$26,000, or \$0.00 per diluted share, in the same period in 2014.

#### Fiscal 2015

Net sales for the year ended December 31, 2015 were \$118.6 million, essentially consistent with the \$119.0 million reported last year. The net sales performance reflects a 5.4% increase in gross sales driven by higher volume of the Company's drinkable Kefir. The total volume increase was slightly more than offset by elevated trade promotions and allowances.

Gross profit as a percent of net sales improved to 26.6% from 24.3% in the year ago period. The margin rate improvement reflects lower milk costs, offset partially by increased trade promotion and higher labor costs.

Selling expenses decreased approximately 12% to \$12.8 million in fiscal 2015 from \$14.5 million in the prior year. The decline in selling expenses reflects reduced salaries and administrative expenses,

partially offset by higher advertising costs. General and administrative expenses increased \$4.3 million to \$13.7 million in fiscal 2015 from \$9.4 million last year. The higher general and administrative expenses is primarily a result of higher salaries and higher professional fees due in part to costs associated with remediating internal accounting controls and the related delays in the Company's financial reporting as well as redundancies associated with and the change in Lifeway's certified public accountants.

The effective tax rate for fiscal 2015 was 50.6%% compared to 53.4% in the same period in 2014. The higher tax rate in 2014 reflects provisions for tax exposures that did not recur in 2015.

Net income was \$2.0 million, or \$0.12 per share, for the year ended December 31, 2015 compared to \$2.0 million, or \$0.12 per share, in fiscal 2014.

#### **Balance Sheet/Cash Flow Highlights**

The Company had cash and cash equivalents of approximately \$5.6 million as of December 31, 2015 compared to cash and cash equivalents of \$3.3 million as of December 31, 2014. The Company generated \$6.7 million in cash from operating activities during 2015 compared to \$5.1 million during 2014 primarily driven by reductions in net working capital.

#### **Conference Call**

The Company will host a conference call to discuss these results with additional comments and details on Wednesday, March 16, 2016 at 10:00 a.m. ET. The call will be broadcast live over the Internet hosted at the Investor Relations section of Lifeway Foods' website at <a href="www.lifewaykefir.com">www.lifewaykefir.com</a>, and will be archived online through March 29, 2016. In addition, listeners may dial 877-407-3982 in North America, and international listeners may dial 201-493-6780. Participants from the Company will be Julie Smolyansky, President and Chief Executive Officer, Ed Smolyansky, Chief Operating Officer, and John Waldron, Chief Financial Officer.

#### **About Lifeway Foods**

Lifeway Foods, Inc. (LWAY), recently named one of Forbes' Best Small Companies, is America's leading supplier of the probiotic fermented beverage known as kefir. In addition to its line of drinkable kefir, the company also produces frozen kefir, specialty cheeses and a ProBugs line for kids. Lifeway's tart and tangy cultured dairy products are available throughout the United States and on a small, but growing basis, in Canada, Latin America and the United Kingdom. Learn how Lifeway is good for more than just you at <a href="https://www.lifewaykefir.com">www.lifewaykefir.com</a>.

Find Lifeway Foods, Inc. on Facebook: <a href="www.facebook.com/lifewaykefir">www.facebook.com/lifewaykefir</a>
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YouTube: <a href="http://www.youtube.com/user/lifewaykefir">http://www.youtube.com/user/lifewaykefir</a>

#### **Forward Looking Statements**

This news release contains forward-looking statements. Investors are cautioned that actual results may differ materially from such forward-looking statements. Forward-looking statements involve risks and uncertainties including, but not limited to, competitive pressures and other important factors detailed in the Company's reports filed with the Securities and Exchange Commission.

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#### LIFEWAY FOODS, INC. AND SUBSIDIARIES

### Consolidated Statements of Income and Comprehensive Income December 31, 2015, 2014 and 2013

(In thousands, except per share data)

( · · · · · · ·		2015		2014		2013	
Gross Sales	\$	137,244	\$	130,216	\$	108,966	
Less: discounts and allowances		(18,657)		(11,256)		(11,442)	
Net sales		118,587		118,960		97,524	
Cost of goods sold		84,573		87,561		68,275	
Depreciation expense		2,413		2,536		1,626	
Total cost of goods sold		86,986		90,097		69,901	
Gross profit		31,601		28,863		27,623	
Selling expenses		12,752		14,534		11,296	
General and administrative		13,730		9,378		7,583	
Amortization expense		716		716		713	
Total operating expenses		27,198		24,628		19,592	
Income from operations		4,403		4,235		8,031	
Other income (expense):							
Interest and dividend income		112		122		116	
Rental income		7		4		12	
Interest expense		(236)		(277) 99		( 203) 195	
Gain (Loss) on sale of investments, net reclassified from OCI		(72) 253		99 7			
Gain (Loss) on sale of equipment						(305)	
Impairment of investments		(475)					
Other Income (Expense)				8		11	
Total other income (expense)		(411)		(37)	_	(174)	
Income before provision for income taxes		3,992		4,198		7,857	
Provision for income taxes		2,020		2,242		2,867	
Net income	\$	1,972	\$	1,956	\$	4,990	
Basic and diluted earnings per common share	\$	0.12	\$	0.12	\$	0.31	
Weighted average number of shares outstanding	_	16,331	_	16,346		16,346	
COMPREHENSIVE INCOME							
Net income	\$	1,972	\$	1,956	\$	4,990	
Other comprehensive income (loss), net of tax: Unrealized gains (losses) on investments, net of \$30, \$94 and (\$50) of taxes		(47)		(146)		64	
Reclassifications to earnings:		()		()			
Other than temporary impairment of investments, net of \$84 of taxes		130					
Realized (gains) losses on investments, net of (\$28), \$39 and \$85 of				(60)		(110)	
taxes	_	44		(60)	_	(110)	
Comprehensive income	\$	2,099	\$	1,750	\$	4,944	

# LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Balance Sheets

### December 31, 2015 and 2014

(In thousands)

,	December 31,			
		2015		2014
Current assets				
Cash and cash equivalents	\$	5,646	\$	3,260
Investments, at fair value		2,216		2779
Certificates of deposits in financial institutions		513		150
Inventories		7,664		5,814
Accounts receivable, net of allowance for doubtful accounts and discounts of				
\$1,800 and \$1,050 in 2015 and 2014 respectively		9,604		10,214
Prepaid expenses and other current assets		156		252
Other receivables		45		134
Deferred income taxes		556		408
Refundable income taxes		449		1,141
Total current assets		26,849		24,152
Property and equipment, net		21,375		21,892
Troperty and equipment, net		21,575		21,072
Intangible assets				
Goodwill & indefinite-lived intangibles		14,068		14,068
Other intangible assets, net		2,344		3,060
Total intangible assets		16,412		17,128
Other Assets				
Long-term accounts receivable, net of current portion		282		252
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Total assets	\$	64,918	\$	63,424
Current liabilities				
Current maturities of notes payable	\$	840	\$	872
Accounts payable		7,138		5,587
Accrued expenses		2,793		2,066
Accrued income taxes		52		,
				0.525
Total current liabilities		10,823		8,525
Notes payable		7,119		8,125
Deferred income taxes		1,719		2,074
Total liabilities		19,661		18,724
Stockholders' equity				
Common stock, no par value; 40,000 shares authorized;				
17,274, shares issued; 16,210 and 16,346 shares				
outstanding at 2015 and 2014		6,509		6,509
Paid-in-capital		2,033		2,033
Treasury stock, at cost		(9,730)		(8,188)
Retained earnings		46,516		44,544
Accumulated other comprehensive loss, net of taxes				
		(71)		(198)
Total stockholders' equity		45,257		44,700
Total liabilities and stockholders' equity	\$	64,918	\$	63,424

### LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Cash Flows For the Years Ended December 31, 2015, 2014 and 2013 (In thousands)

	December 31,					
	2015			2014	2013	
Cash flows from operating activities:						
Net income	\$	1,972	\$	1,956	\$	4,990
Adjustments to reconcile net income to operating cash flow:		,		,		,
Depreciation and amortization		3,129		3,252		2,339
Loss (Gain) on sale of investments, net		72		(99)		(196)
Impairment of investments		475				`
Deferred income taxes		(585)		(720)		(238)
Bad debt expense		73		205		33
(Gain) Loss on sale of equipment		(253)		(7)		305
(Increase) decrease in operating assets:		( /		(-)		
Accounts receivable		537		55		(1,742)
Other receivables		59		(31)		(94)
Inventories		(1,849)		1,085		(960)
Refundable income taxes		691		(126)		(930)
Prepaid expenses and other current assets		95		(124)		(6)
Increase (decrease) in operating liabilities:		)3		(124)		(0)
Accounts payable		1,551		(1,136)		2,466
		726		782		128
Accrued expenses				182		
Income taxes payable		52		_		(254)
Net cash provided by operating activities		6,745		5,092		5,841
Cash flows from investing activities:						
Purchases of investments		(1,489)		(3,280)		(3,519)
Proceeds from sale of investments		1,714		2,774		3,001
Redemption of certificates of deposits		272		15		424
Investments in certificates of deposit		(635)		(150)		_
Purchases of property and equipment		(1,995)		(3,684)		(8,480)
Proceeds from sale of equipment		353		65		711
Net cash used in investing activities		(1,780)		(4,261)		(7,863)
Cash flows from financing activities:				_		
Purchase of treasury stock		(1,542)		_		_
Dividends paid		(1,8 .2)				(1,308)
Net proceeds from debt issuance		_				4,975
Repayment of notes payable		(1,037)		(877)		(625)
Net cash provided by (used in) financing activities		(2,579)		(877)		3,042
Net increase (decrease) in cash and cash equivalents		2,386		(46)		1,020
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Cash and cash equivalents at the beginning of the year		3,260		3,306		2,286
Cash and cash equivalents at the end of the year	\$	5,646	\$	3,260	\$	3,306
Supplemental cash flow information:						
Cash paid for income taxes	\$	2,245	\$	3,080	\$	4,363
Cash paid for interest	\$	235	\$	267	\$	206
Cash paid for interest	Ψ		Ψ		Ψ	