

SEC Form 3

**FORM 3**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES**

|                          |           |
|--------------------------|-----------|
| <b>OMB APPROVAL</b>      |           |
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934  
or Section 30(h) of the Investment Company Act of 1940

|  |  |   |  |
|--|--|---|--|
| 1. Name and Address of Reporting Person*<br><u>Waldron John P</u><br><br>(Last) (First) (Middle)<br><u>C/O LIFEWAY FOODS, INC.</u><br><u>6431 W. OAKTON STREET</u><br><br>(Street)<br><u>MORTON IL 60053</u><br><br>(City) (State) (Zip) | 2. Date of Event Requiring Statement (Month/Day/Year)<br><u>12/14/2015</u> | 3. Issuer Name and Ticker or Trading Symbol<br><u>LIFEWAY FOODS INC [ LWAY ]</u>  |  |
|  |  | 4. Relationship of Reporting Person(s) to Issuer (Check all applicable)<br><br>Director 10% Owner<br>Officer Other (specify below)<br><input checked="" type="checkbox"/> (give title below) <u>Chief Financial officer</u> | 5. If Amendment, Date of Original Filed (Month/Day/Year)<br><br>6. Individual or Joint/Group Filing (Check Applicable Line)<br><input checked="" type="checkbox"/> Form filed by One Reporting Person<br><input type="checkbox"/> Form filed by More than One Reporting Person |

**Table I - Non-Derivative Securities Beneficially Owned**

| 1. Title of Security (Instr. 4) | 2. Amount of Securities Beneficially Owned (Instr. 4) | 3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) | 4. Nature of Indirect Beneficial Ownership (Instr. 5) |
|---------------------------------|---|--|---|
|                                 |   |  |   |

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

| 1. Title of Derivative Security (Instr. 4) | 2. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 3. Title and Amount of Securities Underlying Derivative Security (Instr. 4) |                  | 4. Conversion or Exercise Price of Derivative Security | 5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) | 6. Nature of Indirect Beneficial Ownership (Instr. 5) |
|--|--|-----------------|---|------------------|--|--|---|
|  | Date Exercisable   | Expiration Date | Title   | Amount or Number |  |  |   |
|  |  |                 |   |                  |  |  |   |

|  |  |  |  |              |  |  |  |
|--|--|--|--|--------------|--|--|--|
|  |  |  |  | of<br>Shares |  |  |  |
|--|--|--|--|--------------|--|--|--|

**Explanation of Responses:**

**Remarks:**

**No securities are beneficially owned.**

[/s/ John P. Waldron](#) 12/21/2015

\*\* Signature of                      Date  
Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**