## **XBRL File**

	Document - Doc	cument And Entity Information		
Document - Document And Entity Information (USD \$) ( custom:DocumentDocumentAndEntityInformationAbstract [Extension] )	6 Months Ended	<u> </u>		
		Jun. 30, 2016	Au	ug. 8, 2016
Entity Registrant Name	LIFEWAY FOODS INC			
( dei:EntityRegistrantName )  The exact name of the entity filing the report as specified in its charter, which is required by forms filed with the SEC.				
Entity Central Index Key ( dei:EntityCentralIndexKey )	0000814586			
A unique 10-digit SEC-issued value to identify entities that have filed disclosures with the SEC. It is commonly abbreviated as CIK.	10.0			
Document Type (dei:DocumentType ) The type of document being provided (such as 10-K, 10-Q, 485BPOS, etc). The document type is	10-Q			
limited to the same value as the supporting SEC submission type, or the word "Other".  Document Period End Date	2016-06-30			
(dei:DocumentPeriodEndDate)  The end date of the period reflected on the cover page if a periodic report. For all other reports and registration statements containing historical data, it is the date up through which that historical data is presented. If there is no historical data in the report, use the filing date. The format of the date is CCYY-MM-DD.				
Amendment Flag ( dei:AmendmentFlag )	false			
If the value is true, then the document is an amendment to previously-filed/accepted document.	10 01			
Current Fiscal Year End Date (dei:CurrentFiscalYearEndDate)	12-31			
End date of current fiscal year in the formatMM-DD.				
Is Entity a Well-known Seasoned Issuer	No			
( dei:EntityWellKnownSeasonedIssuer ) Indicate "Yes" or "No" if the registrant is a well-known seasoned issuer, as defined in Rule 405 of the Securities Act. Is used on Form Type: 10-K, 10-Q, 8-K, 20-F, 6-K, 10-K/A, 10-Q/A, 20-F/A, 6-K/A, N-CSR, N-Q, N-1A.				
Is Entity a Voluntary Filer (dei:EntityVoluntaryFilers) Indicate "Yes" or "No" if the registrant is not required to file reports pursuant to Section 13 or Section	No			
15(d) of the Act. Is Entity's Reporting Status Current	Yes			
( dei:EntityCurrentReportingStatus ) Indicate "Yes" or "No" whether registrants (1) have filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that registrants were required to file such reports), and (2) have been subject to such filing requirements for the past 90 days. This information should be based on the registrant's current or most recent filing containing the related disclosure.				
Entity Filer Category (dei:EntityFilerCategory)	Accelerated Filer			
Indicate whether the registrant is one of the following: (1) Large Accelerated Filer, (2) Accelerated Filer, (3) Non-accelerated Filer, (4) Smaller Reporting Company (Non-accelerated) or (5) Smaller Reporting Accelerated Filer. Definitions of these categories are stated in Rule 12b-2 of the Exchange Act. This information should be based on the registrant's current or most recent filing containing the related disclosure.				
Entity Common Stock, Shares Outstanding (dei:EntityCommonStockSharesOutstanding)				16,140,633 16140633
Indicate number of shares or other units outstanding of each of registrant's classes of capital or common stock or other ownership interests, if and as stated on cover of related periodic report. Where multiple classes or units exist define each class/interest by adding class of stock items such as Common Class A [Member], Common Class B [Member] or Partnership Interest [Member] onto the Instrument [Domain] of the Entity Listings, Instrument.	•			
Document Fiscal Period Focus	Q2			
( dei:DocumentFiscalPeriodFocus )  This is focus fiscal period of the document report. For a first quarter 2006 quarterly report, which may also provide financial information from prior periods, the first fiscal quarter should be given as the fiscal period focus. Values: FY, Q1, Q2, Q3, Q4, H1, H2, M9, T1, T2, T3, M8, CY.	,			
Document Fiscal Year Focus  (dei:DocumentFiscalYearFocus)	2016			
This is focus fiscal year of the document report in CCYY format. For a 2006 annual report, which may also provide financial information from prior periods, fiscal 2006 should be given as the fiscal				

year focus. Example: 2006.

(End Document - Document And Entity Information)

	Statement - Consolidated Balance Sheets	
Statement - Consolidated Balance Sheets (USD \$)		
custom:ConsolidatedBalanceSheetsAbstract [Extension] )		
n Thousands	Jun. 30. 2016	Dec. 31, 2015
n inousands	Jun. 30, 2016	Dec. 31, 2015
ASSETS us-gaap:AssetsAbstract)		
us-gaap:AssetsAbstract )		
Current assets		
( us-gaap:AssetsCurrentAbstract )		
Cash and cash equivalents	6,064 6064000	5,646 5646000
( us-gaap:CashAndCashEquivalentsAtCarryingValue )  Amount of currency on hand as well as demand deposits with banks or financial institutions. Includes	6064000	5646000
other kinds of accounts that have the general characteristics of demand deposits. Also includes short-		
term, highly liquid investments that are both readily convertible to known amounts of cash and so near their maturity that they present insignificant risk of changes in value because of changes in		
interest rates. Excludes cash and cash equivalents within disposal group and discontinued operation.		
Investments, at fair value	1,763	2,216
( us-gaap:ShortTermInvestments )  Amount of investments including trading securities, available-for-sale securities, held-to-maturity	1763000	2216000
securities, and short-term investments classified as other and current.		
Certificates of deposits in financial institutions	_	513
( us-gaap:CertificatesOfDepositAtCarryingValue )		513000
A savings certificate entitling the Entity (that is, bearer) to receive interest at an established maturity date, based upon a fixed interest rate. A certificate of deposit may be issued in any denomination.		
Certificates of deposit are generally issued by commercial banks and, therefore, insured by the FDIC		
(up to the prescribed limit). Certificates of deposit generally restrict holders from withdrawing funds on demand without the incurrence of penalties. Generally, only certificates of deposit with original		
maturities of three months or less qualify as cash equivalents. Original maturity means original		
maturity to the entity holding the investment. As a related example, both a three-month US Treasury bill and a three-year Treasury note purchased three months from maturity qualify as cash equivalents.		
However, a Treasury note purchased three-years ago does not become a cash equivalent when its		
remaining maturity is three months.  Inventories	9,312	7,664
( us-gaap:InventoryNet )	9,512	7,004
Amount after valuation and LIFO reserves of inventory expected to be sold, or consumed within one		
year or operating cycle, if longer.		
Accounts receivable, net of allowance for doubtful accounts and discounts & allowances of \$1,700 and \$1,800 at June 30, 2016 and December 31, 2015 respectively	10,136	9,604
( us-gaap:AccountsReceivableNetCurrent )	10136000	9604000
Amount due from customers or clients, within one year of the balance sheet date (or the normal		
operating cycle, whichever is longer), for goods or services (including trade receivables) that have been delivered or sold in the normal course of business, reduced to the estimated net realizable fair		
value by an allowance established by the entity of the amount it deems uncertain of collection.		
Prepaid expenses and other current assets	650	201
( us-gaap:PrepaidExpenseAndOtherAssetsCurrent )	650000	201000
Amount of asset related to consideration paid in advance for costs that provide economic benefits in future periods, and amount of other assets that are expected to be realized or consumed within one		
year or the normal operating cycle, if longer.		
Deferred income taxes	509	556
( us-gaap:DeferredTaxAssetsNetCurrent )	509000	556000
Amount after allocation of valuation allowances of deferred tax asset attributable to deductible temporary differences and carryforwards classified as current.		
Refundable income taxes	519	449
( us-gaap:IncomeTaxesReceivable )	519000	449000
Carrying amount due within one year of the balance sheet date (or one operating cycle, if longer)		
from tax authorities as of the balance sheet date representing refunds of overpayments or recoveries based on agreed-upon resolutions of disputes.		
Total current assets	28,953	26,849
( us-gaap:AssetsCurrent )	28953000	26849000
Sum of the carrying amounts as of the balance sheet date of all assets that are expected to be realized in cash, sold, or consumed within one year (or the normal operating cycle, if longer). Assets	+ us-gaap:CashAndCashEquivalentsAtCarryingValue	
are probable future economic benefits obtained or controlled by an entity as a result of past	+ us-gaap:InventoryNet	
transactions or events.	+ us-gaap:PrepaidExpenseAndOtherAssetsCurrent + us-gaap:DeferredTaxAssetsNetCurrent	
	+ us-gaap:IncomeTaxesReceivable	
	+ us-gaap:CertificatesOfDepositAtCarryingValue + us-gaap:AccountsReceivableNetCurrent	
Property and equipment, net	+ us-gaap. Accounts Receivable Net Current 21,301	21,375
Topolity and equipment net	21,301	21,373

( us-gaap:PropertyPlantAndEquipmentNet )	21301000	21375000
Amount after accumulated depreciation, depletion and amortization of physical assets used in the		
normal conduct of business to produce goods and services and not intended for resale. Examples		
include, but are not limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.		
Intangible assets		
( us-gaap:IntangibleAssetsNetExcludingGoodwillAbstract )		
Goodwill & indefinite-lived intangibles	14,068	14,068
( us-gaap:Goodwill )	14068000	14068000
Amount after accumulated impairment loss of an asset representing future economic benefits arising from other assets acquired in a business combination that are not individually identified and		
separately recognized.		
Other intangible assets, net	1,991	2,344
( us-gaap:FiniteLivedIntangibleAssetsNet )	1991000	2344000
Amount after amortization of assets, excluding financial assets and goodwill, lacking physical		
substance with a finite life.  Total intangible assets	16,059	16,412
9	16,039	16,412
( us-gaap:IntangibleAssetsCurrent )  The current portion of nonphysical assets, excluding financial assets, if these assets are classified	+ us-gaap:FiniteLivedIntangibleAssetsNet	10412000
into the current and noncurrent portions.	+ us-gaap:Goodwill	
Other Assets		
( us-gaap:OtherAssetsAbstract )		
Long-term accounts receivable, net of current portion	252	282
( us-gaap:AccountsReceivableNetNoncurrent )	252000	282000
Amount due from customers or clients, more than one year from the balance sheet date, for goods o services that have been delivered or sold in the normal course of business, reduced to the estimated		
net realizable fair value by an allowance established by the entity of the amount it deems uncertain o		
collection.	CCECE	C4.010
Total assets		64,918 64918000
( us-gaap:Assets ) Sum of the carrying amounts as of the balance sheet date of all assets that are recognized. Assets	+ us-gaap:AssetsCurrent	04918000
are probable future economic benefits obtained or controlled by an entity as a result of past	+ us-gaap:AssetsCurrent + us-gaap:PropertyPlantAndEquipmentNet	
tandrating a super	+ us-gaap:AccountsReceivableNetNoncurrent	
transactions or events.  LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)	+ us-gaap:IntangibleAssetsCurrent	
LIABILITIES AND STOCKHOLDERS' EQUITY	+ us-gaap:IntangibleAssetsCurrent	
LIABILITIES AND STOCKHOLDERS' EQUITY ( us-gaap:LiabilitiesAndStockholdersEquityAbstract )  Current liabilities	840	840
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)		840 84000
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable	840	
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.	840 840000	840000
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable	840	
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.	840 840000 6,681	840000 8,393
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAundStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an	840 840000 6,681 6681000	840000 8,393
LIABILITIES AND STOCKHOLDERS' EQUITY (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the	840 840000 6,681 6681000	840000 8,393
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LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for	840 840000 6,681 6681000	8,393 8,393 8393000 1,538
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LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedIncomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current liabilities  (us-gaap:LiabilitiesCurrent)	840 840000 6,681 6681000 2,302 2302000 628 628000	8,393 8,393 8393000 1,538 1538000
LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedincomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current liabilities	840 840000  6,681 6681000  2,302 2302000  2302000  628 628 628000  10,451 10451000  + us-gaap/NotesPayableCurrent + us-gaap/AccountsPayableCurrent + us-gaap/AccountsPayableCurrent + us-gaap/AccountsPayableCurrent	8,393 8,393 8393000 1,538 1538000 52 52 52000
LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedIncomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current liabilities  (us-gaap:LiabilitiesCurrent)  Total obligations incurred as part of normal operations that are expected to be paid during the following twelve months or within one business cycle, if longer.	840 840000  6,681 6681000  2,302 2302000  2302000  628 628000  10,451 10451000  + us-gaap:AccountsPayableCurrent + us-gaap:AccountsPayableCurrent + us-gaap:AccountsPayableCurrent + us-gaap:AccountsPayableCurrent + us-gaap:AccountsPayableCurrent + us-gaap:AccountsPayableCurrent + us-gaap:AccountedInabilitiesCurrent + us-gaap:AccountedInabilitiesCurrent + us-gaap:AccountedInabilitiesCurrent	\$ 8,393 8393000  1,538 1538000  52 52 52000  10,823 10823000
LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedIncomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current and noncurrent accrued income taxes.  Total current liabilities  (us-gaap:LiabilitiesCurrent)  Total obligations incurred as part of normal operations that are expected to be paid during the following twelve months or within one business cycle, if longer.	840 840000  6,681 6681000  2,302 2302000  2302000  628 628 628000  10,451 10451000  + us-gaap/NotesPayableCurrent + us-gaap/AccountsPayableCurrent + us-gaap/AccountsPayableCurrent + us-gaap/AccountsPayableCurrent	8,393 8,393 8393000 1,538 1538000 52 52 52000
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LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedIncomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current and noncurrent accrued income taxes.  Total current liabilities  (us-gaap:LiabilitiesCurrent)  Otal obligations incurred as part of normal operations that are expected to be paid during the following twelve months or within one business cycle, if longer.  Notes payable  (us-gaap:LongTermNotesPayable)  Carrying value as of the balance sheet date of notes payable (with maturities initially due after one year or beyond the operating cycle if longer), excluding current portion.	### ### ### ### ### ### ### ### ### ##	8,393 8,393 8,393000 1,538 1538000 52 52 52000 10,823 10823000 7,119 7119000
LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedIncomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current liabilities  (us-gaap:LiabilitiesCurrent)  Total obligations incurred as part of normal operations that are expected to be paid during the following twelve months or within one business cycle, if longer.  Notes payable  (us-gaap:LongTermNotesPayable)  Carrying value as of the balance sheet date of notes payable (with maturities initially due after one year or beyond the operating cycle if longer), excluding current portion.  Deferred income taxes	840 840000  6,681 6681000  2,302 2302000  2302000  628 628000  10,451 10451000  + us-gaap:\text{AccountsPayableCurrent}} + us-gaap:\text{AccountsPayableCurrent}} + us-gaap:\text{AccountsPayableCurrent}} + us-gaap:\text{AccountsPayableCurrent}} 1,719	8,393 8,393 8393000 1,538 1538000 52 52000 10,823 10823000 7,119 7119000
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LIABILITIES AND STOCKHOLDERS' EQUITY  (us-gaap:LiabilitiesAndStockholdersEquityAbstract)  Current liabilities  (us-gaap:LiabilitiesCurrentAbstract)  Current maturities of notes payable  (us-gaap:NotesPayableCurrent)  Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.  Accounts payable  (us-gaap:AccountsPayableCurrent)  Carrying value as of the balance sheet date of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued expenses  (us-gaap:AccruedLiabilitiesCurrent)  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).  Accrued income taxes  (us-gaap:AccruedIncomeTaxes)  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current liabilities  (us-gaap:LiabilitiesCurrent)  Total obligations incurred as part of normal operations that are expected to be paid during the following twelve months or within one business cycle, if longer.  Notes payable  (us-gaap:LongTermNotesPayable)  Carrying value as of the balance sheet date of notes payable (with maturities initially due after one year or beyond the operating cycle if longer), excluding current portion.  Deferred income taxes	840 840000  6,681 6681000  2,302 2302000  2302000  628 628000  10,451 10451000  + us-gaap:\text{AccountsPayableCurrent}} + us-gaap:\text{AccountsPayableCurrent}} + us-gaap:\text{AccountsPayableCurrent}} + us-gaap:\text{AccountsPayableCurrent}} 1,719	8,393 8,393 8393000 1,538 1538000 52 52000 10,823 10823000 7,119 7119000

( us-gaap:Liabilities )  Sum of the carrying amounts as of the balance sheet date of all liabilities that are recognized.  Liabilities are probable future sacrifices of economic benefits arising from present obligations of an entity to transfer assets or provide services to other entities in the future.  Stockholders' equity	+ us-gaap:LiabilitiesCurrent + us-gaap:LongTermNotesPayable + us-gaap:DeferredTaxLiabilitiesNoncurrent	19661000	
( us-gaap:StockholdersEquityAbstract )			
Common stock, no par value; 40,000 shares authorized; 17,274, shares issued; 16,141 and 16,210 shares outstanding at June 30, 2016 and December 31, 2015 respectively	6,509	6,509	
( us-gaap:CommonStockValue )	6509000	6509000	
Aggregate par or stated value of issued nonredeemable common stock (or common stock redeemable solely at the option of the issuer). This item includes treasury stock repurchased by the entity. Note: elements for number of nonredeemable common shares, par value and other disclosure concepts are in another section within stockholders' equity.			
Paid-in-capital	2,075	2,033	
( us-gaap:AdditionalPaidInCapital )	2075000	2033000	ļ
Excess of issue price over par or stated value of the entity's capital stock and amounts received from other transactions involving the entity's stock or stockholders. Includes adjustments to additional paid in capital. Some examples of such adjustments include recording the issuance of debt with a beneficial conversion feature and certain tax consequences of equity instruments awarded to employees. Use this element for the aggregate amount of additional paid-in capital associated with common and preferred stock. For additional paid-in capital associated with only preferred stock, use the element additional paid in capital, preferred stock, use the element additional paid in capital, preferred stock.			
Treasury stock, at cost	(10,468)	(9,730)	
( us-gaap:TreasuryStockValue )	10468000	9730000	
The amount allocated to treasury stock. Treasury stock is common and preferred shares of an entity			
that were issued, repurchased by the entity, and are held in its treasury.  Retained earnings	49,578	46.516	
( us-gaap:RetainedEarningsAccumulatedDeficit )	49578000	46516000	
The cumulative amount of the reporting entity's undistributed earnings or deficit.	10070000	10010000	
Accumulated other comprehensive income (loss), net of taxes	2	(71)	
( us-gaap:AccumulatedOtherComprehensiveIncomeLossNetOfTax )	2000	-71000 <sup>°</sup>	
Accumulated change in equity from transactions and other events and circumstances from non-owner sources, net of tax effect, at period end. Excludes Net Income (Loss), and accumulated changes in equity from transactions resulting from investments by owners and distributions to owners. Includes foreign currency translation items, certain pension adjustments, unrealized gains and losses on certain investments in debt and equity securities, other than temporary impairment (OTTI) losses related to factors other than credit losses on available-for-sale and held-to-maturity debt securities that an entity does not intend to sell and it is not more likely than not that the entity will be required to sell before recovery of the amortized cost basis, as well as changes in the fair value of derivatives related to the effective portion of a designated cash flow hedge.			
Total stockholders' equity	47,696	45,257	
( us-gaap:StockholdersEquity )  Total of all stockholders' equity (deficit) items, net of receivables from officers, directors, owners, and affiliates of the entity which are attributable to the parent. The amount of the economic entity's stockholders' equity attributable to the parent excludes the amount of stockholders' equity which is allocable to that ownership interest in subsidiary equity which is not attributable to the parent (noncontrolling interest, minority interest). This excludes temporary equity and is sometimes called permanent equity.	+ us-gaap:AccumulatedOtherComprehensiveIncomeLossNetOfTax + us-gaap:AdditionalPaidInCapital + us-gaap:CommonStockValue + us-gaap:RetainedEarningsAccumulatedDeficit - us-gaap:TreasuryStockValue	45257000	
Total liabilities and stockholders' equity	66,565	64,918	
( us-gaap:LiabilitiesAndStockholdersEquity )  Amount of liabilities and equity items, including the portion of equity attributable to noncontrolling interests, if any.	+ us-gaap:Liabilities + us-gaap:StockholdersEquity	64918000	
	(End Statement - Consolidated Balance Sheets)		

Statement - Consolidated Balance Sheets (Parenthetical)					
Statement - Consolidated Balance Sheets (Parenthetical) (USD \$) ( custom:ConsolidatedBalanceSheetsParentheticalAbstract [Extension] )					
In Thousands, except Share Data	Jun. 30, 2016	Dec. 31, 2015			
h					
Current assets ( us-gaap:AssetsCurrentAbstract )					
Allowance for doubtful accounts and discounts & allowances	1,700		1,800		
( us-gaap:AllowanceForDoubtfulAccountsReceivable )	1700000		1800000		
For an unclassified balance sheet, a valuation allowance for receivables due a company that are expected to be uncollectible.					
Stockholders' equity					
( us-gaap:StockholdersEquityAbstract )					
Common stock, par value	0.00		0.00		
( us-gaap:CommonStockNoParValue )	0.00		0.00		

Face amount per share of no-par value common stock.		
Common stock, shares authorized	40,000	40,000
( us-gaap:CommonStockSharesAuthorized )	40000	40000
The maximum number of common shares permitted to be issued by an entity's charter and bylaws.		
Common stock, shares issued	17,274	17,274
( us-gaap:CommonStockSharesIssued )	17274	17274
Total number of common shares of an entity that have been sold or granted to shareholders (includes common shares that were issued, repurchased and remain in the treasury). These shares represent capital invested by the firm's shareholders and owners, and may be all or only a portion of the number of shares authorized. Shares issued include shares outstanding and shares held in the treasury.		
Common stock, shares outstanding	16,141	16,210
( us-gaap:CommonStockSharesOutstanding )	16141	16210
Number of shares of common stock outstanding. Common stock represent the ownership interest in a corporation.		
(End Statema	ont Consolidated Palance Shorts (Paranthetical))	<u> </u>

Statement - Consolidated Statements of Income and Comprehensive Income (Unaudited)						
Statement - Consolidated Statements of Income and Comprehensive Income (Unaudited) (USD \$) ( custom:ConsolidatedStatementsOfIncomeAndComprehensiveIncomeUnauditedAbstract [Extension] )	3 Months End	ed	6 Months Ended			
In Thousands, except Share Data	Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 2016	Jun. 30, 2015		
let sales	31,131	29,821	63,701	59,443		
us-gaap:SalesRevenueGoodsNet ) Aggregate revenue during the period from the sale of goods in the normal course of business, after deducting returns, allowances and discounts.	31131000	29821000	63701000	59443000		
Cost of goods sold us-gaap:CostOfGoodsSoldExcludingDepreciationDepletionAndAmortization ) The aggregate cost of goods produced and sold during the reporting period, excluding depreciation, depletion, and amortization.	20,306 20306000	22,201 <b>22201000</b>	43,026 <b>43026000</b>	42,849 <b>4284</b> 9000		
Depreciation expense us-gass protected and state daming the reporting period, disclosing depreciation, expense us-gasp.CostOfGoodsSoldDepreciation )	633 633000	604 604000	1,264 1264000	1,195 1195000		
The expense recognized in the current period that allocates the cost of a tangible asset over the asset's useful life. This element applies only to an asset used in the production of goods sold.	00000	55.555	120.000	7133000		
otal cost of goods sold us-gaap:CostOfGoodsSold )	20,939	22,805	44,290 44290000	44,044 44044000		
Total costs related to goods produced and sold during the reporting period.	+ us-gaap:CostOfGoodsSoldDepreciation + us-gaap:CostOfGoodsSoldExcludingDepreciation		44230000	44044000		
ross profit	10,192	7,016	19,411 19411000	15,399 15399000		
us-gaap:GrossProfit ) Aggregate revenue less cost of goods and services sold or operating expenses directly attributable to the revenue generation activity.	- us-gaap:CostOfGoodsSold + us-gaap:SalesRevenueGoodsNet	7016000	19411000	15399000		
elling expenses us-gaap:SellingExpense ) Expenses recognized in the period that are directly related to the selling and distribution of products or services.	3,463 <b>3463000</b>	2,618 <b>2618000</b>	6,427 6427000	5,920 <b>592000</b> 0		
Expenses recognized in the period that are directly related to the sening and distribution of products of services.  ieneral and administrative  us-gaap:GeneralAndAdministrativeExpense )	3,503 3503000	4,170 <b>417</b> 0000	7,968 <b>796</b> 8000	7,662 <b>766200</b> 0		
The aggregate total of expenses of managing and administering the affairs of an entity, including affiliates of the reporting entity, which are not directly or indirectly associated with the manufacture, sale or creation of a product or product line.						
Amortization expense us-gaap:AmortizationOfIntangibleAssets )	177 177000	179 1 <b>79000</b>	353 353000	358 358000		
The aggregate expense charged against earnings to allocate the cost of intangible assets (nonphysical assets not used in production) in a systematic and rational manner to the periods expected to benefit from such assets. As a noncash expense, this element is added back to net income when calculating cash provided by or used in operations using the indirect method.						
otal operating expenses us-gaap:OperatingExpenses )	7,143 7143000	6,967 6967000	14,748	13,940 13940000		
Generally recurring costs associated with normal operations except for the portion of these expenses which can be clearly related to production and included in cost of sales or services. Includes selling, general and administrative expense.	+ us-gaap:GeneralAndAdministrativeExpense + us-gaap:SellingExpense + us-gaap:AmortizationOfIntangibleAssets	0307000	14740000	13340000		
ncome from operations us-gaap:OperatingIncomeLoss )	3,049	49 49000	4,663 4663000	1,459 1459000		
us-gaap: operating inconnectors )  The net result for the period of deducting operating expenses from operating revenues.	+ us-gaap:GrossProfit - us-gaap:OperatingExpenses	49000	4003000	1409000		
ther income (expense): us-gaap:NonoperatingIncomeExpenseAbstract )						
Interest expense ( us-gaap:InterestExpense )	(47) 47000	(59) <b>59000</b>	(105) 105000	(124 124000		
Amount of the cost of borrowed funds accounted for as interest expense.  Loss on sale of investments, net reclassified from OCI	(15)	(17)	(27)	(22		
(us-gaap:GainLossOnSaleOfInvestments), net reclassified from OCI (us-gaap:GainLossOnSaleOfInvestments) The net realized gain (loss) on investments sold during the period, not including gains (losses) on securities separately or otherwise categorized as trading, available-for-sale, or held-to-maturity, which, for cash flow reporting, is a component of proceeds from investing activities.	-15000	-17000	-27000	-22000		

Impairment of investments	_		_	(180)
( us-gaap:ImpairmentOfInvestments )				180000
The amount by which the fair value of an investment is less than the amortized cost basis or carrying amount of that investment at the balance sheet date				
and the decline in fair value is deemed to be other than temporary, before considering whether or not such amount is recognized in earnings or other comprehensive income.				
(Loss) / Gain on sale of property and equipment	(151)	207	(151)	243
( us-qap:GainLossOnDispositionOfAssets )	-151000	207000	-151000	243000
Amount of gain (loss) on sale or disposal of property, plant and equipment assets, excluding oil and gas property and timber property.				
Other income (expense), net	60	38	77	147
( us-gaap:OtherExpenses )	-60000	-38000	-77000	-147000
Amount of expense classified as other.				
Total other income (expense)	(153)	169	(206)	64
( us-gaap:OtherNonoperatingIncomeExpense )	-153000	169000	-206000	64000
Amount of income (expense) related to nonoperating activities, classified as other.	+ us-gaap:GainLossOnSaleOfInvestments - us-gaap:InterestExpense - us-gaap:GainLossOnDispositionOfAssets - us-gaap:ImpairmentOfInvestments			
Income before provision for income taxes	2,896	218	4,457	1,523
( us-gaap:IncomeLossFromContinuingOperationsBeforeIncomeTaxesExtraordinaryItemsNoncontrollingInterest )	2896000	218000	4457000	1523000
Amount of income (loss) from continuing operations, including income (loss) from equity method investments, before deduction of income tax expense (benefit), and income (loss) attributable to noncontrolling interest.	+ us-gaap:OperatingIncomeLoss + us-gaap:OtherNonoperatingIncomeExpense			
Provision for income taxes	789	120	1,395	770
( us-gaap:IncomeTaxExpenseBenefit )	789000	120000	1395000	770000
Amount of current income tax expense (benefit) and deferred income tax expense (benefit) pertaining to continuing operations.	2.107	^^	2.002	753
Net income	2,107	98	3,062	753
(us-gaap:NetIncomeLoss)  The portion of profit or loss for the period, net of income taxes, which is attributable to the parent.	2107000 + us-gaap:IncomeLossFromContinuingOperation	98000	3062000	753000
The portion of profit or loss for the period, net or income taxes, which is authorizable to the parent.	- us-gaap:IncomeTaxExpenseBenefit	DISDefore income raxes Extraordinary items in	oncontrollinginterest	
Basic and diluted earnings per common share	0.13	0.01	0.19	0.05
( us-gaap:EarningsPerShareBasicAndDiluted )	0.13	0.01	0.19	0.05
The amount of net income or loss for the period per each share in instances when basic and diluted earnings per share are the same amount and reported as a single line item on the face of the financial statements. Basic earnings per share is the amount of net income or loss for the period per each share of common stock or unit outstanding during the reporting period. Diluted earnings per share includes the amount of net income or loss for the period available to each share of common stock or common unit outstanding during the reporting period and to each share or unit that would have been outstanding assuming the issuance of common shares or units for all dilutive potential common shares or units outstanding during the reporting period.				
Weighted average number of shares outstanding	16,149	16,346	16,169	16,346
( us-gaap:WeightedAverageNumberOfShareOutstandingBasicAndDiluted )	16149	16346	16169	16346
Average number of shares or units issued and outstanding that are used in calculating basic and diluted earnings per share (EPS).				
COMPREHENSIVE INCOME ( us-gaap:ComprehensiveIncomeNetOfTaxAbstract )				
( us-gaap.comprehensivemcomente(or askusitati )				
Net income	2,107	98	3.062	753
(us-gaap:NetIncomeLoss)	2107000	98000	3062000	753000
The portion of profit or loss for the period, net of income taxes, which is attributable to the parent.				
Other comprehensive income (loss), net of tax:				
( us-gaap:OtherComprehensiveIncomeLossTaxAbstract )				
	12	(21)	56	(65)
Unrealized gains (losses) on investments, net of taxes	12 12000	(31) -31000	56 <b>56000</b>	(65) - <b>65000</b>
( us-gaap:OtherComprehensiveIncomeUnrealizedHoldingGainLossOnSecuritiesArisingDuringPeriodNetOfTax )  Amount after tax, before reclassification adjustments, of unrealized holding gain (loss) on available-for-sale securities.	12000	-31000	36000	-03000
Amount aier las, before reusalisation adjustments, or unrealized moraling gain (loss) on available-ton-sale securities.  Reclassifications to earnings:				
( us-qaap:OtherComprehensiveIncomeLossAvailableForSaleSecuritiesAdjustmentBeforeReclassificationAdjustmentsAndTaxAbstract )				
( as gaspication comprehensive inconsecutive or consecutive and a supplication of the consecutive of the con				
Other than temporary impairment of investments, net of taxes	_	4	_	108
(us-		-4000		-108000
gaap:OtherThanTemporaryImpairmentLossesInvestmentsPortionInOtherComprehensiveIncomeLossNetOfTaxIncludingPortionAttributableToNoncontrolllingInterest				
Amount after tax of other than temporary impairment (OTTI) loss on investments in available-for-sale and held-to-maturity debt securities, recognized in				
other comprehensive loss.				
Realized (gains) losses on investments, net of taxes	24	18	17	15
( us-gaap:OtherComprehensiveIncomeLossReclassificationAdjustmentFromAOCIForSaleOfSecuritiesTax )	24000	18000	17000	15000
Amount of tax expense (benefit) of reclassification adjustment from accumulated other comprehensive income for unrealized gain (loss) realized upon the sale of available-for-sale securities.				
	21/12	89	2 125	811
Comprehensive income	2,143 2143000	89000 <u>89000</u>	3,135 3135000	811000
( us-gaap:ComprehensiveIncomeNetOfTax )  Amount after tax of increase (decrease) in equity from transactions and other events and circumstances from net income and other comprehensive	+ us-gaap:NetIncomeLoss	89000	3130000	811000
Amount after tax of increase (decrease) in equity from transactions and other events and circumstances from her income and other comprehensive income, attributable to parent entity. Excludes changes in equity resulting from investments by owners and distributions to owners.	+ us-gaap:OtherComprehensiveIncomeUnrealia + us-gaap:OtherComprehensiveIncomeLossRe - us-	eclassificationAdjustmentFromAOCIForSaleC	OfSecuritiesTax	
	gaap:OtherThanTemporaryImpairmentLossesIn	nvestmentsPortionInOtherComprehensiveInc	comeLossNetOfTaxIncludingPortionAttrib	utableToNoncontrollingInterest

## Statement - Consolidated Statements of Stockholders' Equity (Unaudited)

Statement - Consolidated Statements of Stockholders' Equity (Unaudited) (USD \$)

( us-gaap:StatementOfStockholdersEquityAbstract )

In Thousands, except Share Data ( us-gaap:StatementEquityComponentsAxis )	Common Stock	Treasury Stock	Additional Paid-In Capital	Retained Earnings	Accumulated Other Comprehensive Income (Loss) Net of Tax	<tota< th=""></tota<>
Information by component of equity.						
( us-gaap:EquityComponentDomain )						
Components of equity are the parts of the total Equity balance including that which is allocated to common, preferred, treasury stock, retained earnings, etc.						
From Jan. 1, 2015 to Jun. 30, 2015						
Beginning Balance, Shares issued	17,274					
( us-gaap:SharesIssued )  Number of shares of stock issued as of the balance sheet date, including shares that had been	17274					
issued and were previously outstanding but which are now held in the treasury.  Beginning Balance, Treasury stock shares (us-gaap:TreasuryStockShares)		(928) -928				
Number of common and preferred shares that were previously issued and that were repurchased by the issuing entity and held in treasury on the financial statement date. This stock has no voting rights and receives no dividends.		-920				
Beginning Balance, Amount	6,509	(8,188)	2,033	44,544	(198)	44,
(us-gaap:Stockholders'Equity) Total of all stockholders' equity (deficit) items, net of receivables from officers, directors, owners, and affiliates of the entity which are attributable to the parent. The amount of the economic entity's stockholders' equity attributable to the parent excludes the amount of stockholders' equity which is allocable to that ownership interest in subsidiary equity which is not attributable to the parent (noncontrolling interest, minority interest). This excludes temporary equity and is sometimes called permanent equity.	6509000	-8188000	2033000	44544000	-198000	44700
====>>>ELEMENT REQUIRED						
Other comprehensive income	_	_	_	_	58	
( us-gaap:OtherComprehensiveIncomeLossAvailableForSaleSecuritiesAdjustmentNetOfTax )  Amount after tax and reclassification adjustments, of appreciation (loss) in value of unsold available- for-sale securities. Excludes amounts related to other than temporary impairment (OTTI) loss.					58000	58
Treasury stock purchased, Shares (us-gaap:TreasuryStockSharesAcquired)  Number of shares that have been repurchased during the period and are being held in treasury.						
Treasury stock purchased, Amount (custom:TreasuryStockSharesAcquiredAmount [Extension] )						
Stock based compensation (us-gaap:ShareBasedCompensation )						
The aggregate amount of noncash, equity-based employee remuneration. This may include the value of stock or unit options, amortization of restricted stock or units, and adjustment for officers' compensation. As noncash, this element is an add back when calculating net cash generated by operating activities using the indirect method.						
Net income	_	_	_	753		
( us-gaap:NetIncomeLoss )  The portion of profit or loss for the period, net of income taxes, which is attributable to the parent.				753000		753
Fully Billion Changing of	17.274					
Ending Balance, Shares issued ( us-gaap:SharesIssued ) Number of shares of stock issued as of the balance sheet date, including shares that had been	17,274 1 <b>7274</b>					
issued and were previously outstanding but which are now held in the treasury.  Ending Balance, Treasury stock shares		(928)				
(us-gaap:TreasuryStockShares)  Number of common and preferred shares that were previously issued and that were repurchased by the issuing entity and held in treasury on the financial statement date. This stock has no voting rights and receives no dividends.		-928				
Ending Balance, Amount	6,509	(8,188)	2,033	45,297	(140)	45
( us-gaap:StockholdersEquity ) Total of all stockholders' equity (deficit) items, net of receivables from officers, directors, owners, and affiliates of the entity which are attributable to the parent. The amount of the economic entity's stockholders' equity attributable to the parent excludes the amount of stockholders' equity which is allocable to that ownership interest in subsidiary equity which is not attributable to the parent (noncontrolling interest, minority interest). This excludes temporary equity and is sometimes called	6509000	-8188000	2033000	45297000	-140000	45511
permanent equity.						

Beginning Balance, Shares issued	17,274					
( us-gaap:SharesIssued )	17274					
Number of shares of stock issued as of the balance sheet date, including shares that had been issued and were previously outstanding but which are now held in the treasury.						
Beginning Balance, Treasury stock shares		(1,064)				
( us-gaap:TreasuryStockShares )		-1064				
Number of common and preferred shares that were previously issued and that were repurchased by the issuing entity and held in treasury on the financial statement date. This stock has no voting rights and receives no dividends.						
Beginning Balance, Amount	6,509	(9,730)	2,033	46,516		71) 45,257
( us-gaap:StockholdersEquity )	6509000	-9730000	2033000	46516000	-710	00 45257000
Total of all stockholders' equity (deficit) items, net of receivables from officers, directors, owners, and affiliates of the entity which are attributable to the parent. The amount of the economic entity's stockholders' equity attributable to the parent excludes the amount of stockholders' equity which is allocable to that ownership interest in subsidiary equity which is not attributable to the parent (noncontrolling interest, minority interest). This excludes temporary equity and is sometimes called permanent equity.						
permanent equity.						
====>>>ELEMENT REQUIRED						
Other comprehensive income			_	_		73 73
( us-gaap:OtherComprehensiveIncomeLossAvailableForSaleSecuritiesAdjustmentNetOfTax )					730	00 73000
Amount after tax and reclassification adjustments, of appreciation (loss) in value of unsold available- for-sale securities. Excludes amounts related to other than temporary impairment (OTTI) loss.						
Treasury stock purchased, Shares		(69)				
( us-gaap:TreasuryStockSharesAcquired )		-69				
Number of shares that have been repurchased during the period and are being held in treasury.		(720)				(720)
Treasury stock purchased, Amount ( custom:TreasuryStockSharesAcquiredAmount [Extension] )		(738) - <b>73800</b> 0	_	_		— (738) - <b>738</b> 000
( custom, measury stock shares Acquire annount (Extension) )		-730000				-730000
Stock based compensation	_	_	42	_		— 42
( us-gaap:ShareBasedCompensation )			42000			42000
The aggregate amount of noncash, equity-based employee remuneration. This may include the value of stock or unit options, amortization of restricted stock or units, and adjustment for officers' compensation. As noncash, this element is an add back when calculating net cash generated by operating activities using the indirect method.						
Net income	_	_	_	3,062		<b>—</b> 3,062
( us-gaap:NetIncomeLoss )				3062000		3062000
The portion of profit or loss for the period, net of income taxes, which is attributable to the parent.						
Ending Balance, Shares issued	17,274					
( us-gaap:SharesIssued )	17274					
Number of shares of stock issued as of the balance sheet date, including shares that had been issued and were previously outstanding but which are now held in the treasury.						
Ending Balance, Treasury stock shares		(1,133)				
(us-gaap:TreasuryStockShares)		-1133				
Number of common and preferred shares that were previously issued and that were repurchased by the issuing entity and held in treasury on the financial statement date. This stock has no voting rights and receives no dividends.						
Ending Balance, Amount	6,509	(10,468)	2,075	49,578		2 47,696
( us-gaap:StockholdersEquity )	6509000	-10468000	2075000	49578000	20	00 47696000
Total of all stockholders' equity (deficit) items, net of receivables from officers, directors, owners, and affiliates of the entity which are attributable to the parent. The amount of the economic entity's stockholders' equity attributable to the parent excludes the amount of stockholders' equity which is allocable to that ownership interest in subsidiary equity which is not attributable to the parent (noncontrolling interest, minority interest). This excludes temporary equity and is sometimes called						
permanent equity.						
	(End Statemen	t - Consolidated Statem	ents of Stockholders' Equity (U	Jnaudited))		

Statement - Consolidated Statements of Cash Flows (Unaudited)						
Statement - Consolidated Statements of Cash Flows (Unaudited) (USD \$) ( custom:ConsolidatedStatementsOfCashFlowsAbstract [Extension] )	6 Months Ended					
In Thousands	Jun. 30, 2016	Jun. 30, 2015				
Cash flows from operating activities:						

( us-gaap:NetCashProvidedByUsedInOperatingActivitiesAbstract )		
Net income	3,062	753
(us-gaap:NetIncomeLoss)	3062000	753000
The portion of profit or loss for the period, net of income taxes, which is attributable to the parent.		
Adjustments to reconcile net income to operating cash flow:		
(us-		
gaap:AdjustmentsToReconcileNetIncomeLossToCashProvidedByUsedInOperatingActivitiesAbstract )		
Providence and constitution	1 (17	1.552
Depreciation and amortization	1,617 1617000	1,553 1553000
( us-gaap:DepreciationDepletionAndAmortization )  The aggregate expense recognized in the current period that allocates the cost of tangible assets,	1617000	1553000
The aggregate expense recognized in the current period that anotates the cost of tanguile assets, intangible assets, or depleting assets to periods that benefit from use of the assets.		
Loss on sale of investments, net	27	22
( us-gaap:GainLossOnInvestments )	-27000	-22000
This item represents the net total realized and unrealized gain (loss) included in earnings for the		
period as a result of selling or holding marketable securities categorized as trading, available-for-sale, or held-to-maturity, including the unrealized holding gain (loss) of held-to-maturity securities		
or neig-to-matunity, including the unrealized notining gain (loss) or neit-to-grainutify security category and the cumulative unrealized gain (loss) which was		
included in other comprehensive income (a separate component of shareholders' equity) for available-		
for-sale securities transferred to trading securities during the period. Additionally, this item would include any gains (losses) realized during the period from the sale of investments accounted for under		
include any gains (losses) relatized during the peoplical from the sale of investments about more than the cost method of accounting and losses recognized for other than temporary impairments (OTTI) of		
the subject investments.		
Impairment of investments	_	180
( us-gaap:ImpairmentOfInvestments )		180000
The amount by which the fair value of an investment is less than the amortized cost basis or carrying amount of that investment at the balance sheet date and the decline in fair value is deemed to be		
amount of that investment at the balance sheet date and the decline in tall value is element to be other than the polary, before considering whether or not such amount is recognized in earnings or		
other comprehensive income.		
Deferred income taxes	_	(352)
( us-gaap:DeferredIncomeTaxExpenseBenefit )		-352000
Amount of deferred income tax expense (benefit) pertaining to income (loss) from continuing		
operations.	42	
Stock based compensation ( us-gaap:ShareBasedCompensation )	42 <b>42</b> 000	_
( us-gaap:ShareBasedCompensation )  The aggregate amount of noncash, equity-based employee remuneration. This may include the value	42000	
The aggregate amount of nontastin, equipy-based employee reminierations. This may include the value of stock or unit options, amortization of restricted stock or units, and adjustment for officers'		
compensation. As noncash, this element is an add back when calculating net cash generated by		
operating activities using the indirect method.	151	(242)
Loss / (Gain) on sale of property and equipment	151 -151000	(243) 243000
( custom:GainOnSaleOfEquipment [Extension] )	-101000	243000
(Increase) decrease in operating assets:		
( us-gaap:IncreaseDecreaseInOperatingCapitalAbstract )		
(1.00)		
Accounts receivable	(532)	(167)
( us-gaap:IncreaseDecreaseInAccountsReceivable )	532000	167000
The increase (decrease) during the reporting period in amount due within one year (or one business		
cycle) from customers for the credit sale of goods and services.	(1.640)	(476)
Inventories	(1,649) 1649000	(476) 476000
( us-gaap:IncreaseDecreaseInInventories )  The increase (decrease) during the reporting period in the aggregate value of all inventory held by	1049000	470000
The inclease (ceclease) during the reporting period in the aggregate value of an inventory ned by the reporting entity, associated with underlying transactions that are classified as operating activities.		
Refundable income taxes	(70)	399
( us-gaap:IncreaseDecreaseInIncomeTaxesReceivable )	70000	-399000
The increase (decrease) during the reporting period in income taxes receivable, which represents the		
amount due from tax authorities for refunds of overpayments or recoveries of income taxes paid.		
Prepaid expenses and other current assets	(418)	244
( us-gaap:IncreaseDecreaseInPrepaidDeferredExpenseAndOtherAssets )	418000	-244000
Amount of increase (decrease) in prepaid expenses, and assets classified as other.		
Increase (decrease) in operating liabilities:		
( us-gaap:IncreaseDecreaseInOperatingLiabilitiesAbstract )		
Accounts payable	(1,710)	138
( us-gaap:IncreaseDecreaseInAccountsPayable )	-1710000	138000
The increase (decrease) during the reporting period in the aggregate amount of liabilities incurred		
(and for which invoices have typically been received) and payable to vendors for goods and services		
received that are used in an entity's business.		
Accrued expenses	765	2,637
( us-gaap:IncreaseDecreaseInAccruedLiabilities )	765000	2637000
The increase (decrease) during the reporting period in the aggregate amount of expenses incurred but not yet naid.		
but not yet paid.  Income taxes payable	576	15
	576 576000	15 15000
( us-gaap:IncreaseDecreaseInAccruedIncomeTaxesPayable ) The increase (decrease) during the period in the amount due for taxes based on the reporting entity's	070000	13000
earnings or attributable to the entity's income earning process (business presence) within a given		
jurisdiction.		

		1.061	,-	700
Net cash (used in) provided by operating activities  (us-gaap:NetCashProvidedByUsedInOperatingActivitiesContinuingOperations)		1,861 1861000	4,73	703 8000
	+ us-gaap:DeferredIncomeTaxExpenseBenefit + us-gaap:DepreciationDepletionAndAmortization + us-gaap:IncreaseDecreaseInAccountsPayable - us-gaap:IncreaseDecreaseInAccountsReceivable + us-gaap:IncreaseDecreaseInAccruedIncomeTaxesPayable + us-gaap:IncreaseDecreaseInAccruedLiabilities - us-gaap:IncreaseDecreaseInAccruedLiabilities - us-gaap:IncreaseDecreaseInPrepaidDeferredExpenseAndOtherAssets + us-gaap:IncreaseDecreaseInPrepaidDeferredExpenseAndOtherAssets + us-gaap:IncreaseDecreaseInIncomeTaxesReceivable - custom:GainOnSaleOfEquipment + us-gaap:ImpairmentOfInvestments + us-gaap:ShareBasedCompensation - us-gaap:GainLossOnInvestments			
Cash flows from investing activities: us-gaap:NetCashProvidedByUsedInInvestingActivitiesAbstract )				
Purchases of investments		(479)		287)
( us-gaap:PaymentsToAcquireInvestments ) The cash outflow associated with the purchase of all investments (debt, security, other) during the period.		479000	12870	000
Proceeds from sale of investments		1,024	•	134
( us-gaap:ProceedsFromSaleAndMaturityOfMarketableSecurities) The cash inflow associated with the aggregate amount received by the entity through sale or maturity of marketable securities (held-to-matunity or available-for-sale) during the period.		1024000	1134	000
Redemption of certificates of deposit		513		100
( us-gaap:PaymentsForProceedsFromShorTermInvestments ) The net amount paid (received) by the reporting entity through acquisition or sale and maturities of short-term investments with an original maturity that is three months or less which qualify for treatment as an investing activity based on management's intention and intended by management to be liquidated, if necessary, within the current operating cycle. Includes cash flows from securities classified as trading securities that were acquired for reasons other than sale in the short-term.		-513000	-100/	500
Investments in certificates of deposit (us-gaap:PaymentsToAcquireRestrictedCertificatesOfDeposit) The cash outflow from temporary investment with specific maturity and interest rate that are prohibited		_	(3 3850	385) 5000
or current use.  Purchases of property and equipment		(1,382)	(1.3	377)
( us-gaap:PaymentsToAcquirePropertyPlantAndEquipment ) The cash outflow associated with the acquisition of long-lived, physical assets that are used in the normal conduct of business to produce goods and services and not intended for resale; includes cash outflows to pay for construction of self-constructed assets.		1382000	1377(	
Proceeds from sale of equipment		39 39000	342	342
( us-gaap:ProceedsFromSaleOfMachineryAndEquipment ) The cash inflow from sale of machinery and equipment.		33000	3421	000
Net cash used in investing activities		(285)		473)
instruments and property, plant, and equipment and other productive assets.	- us-gaap:PaymentsToAcquireInvestments + us-gaap:ProceedsFromSaleAndMaturityOfMarketableSecurities - us-gaap:PaymentsForProceedsFromShortTermInvestments - us-gaap:PaymentsToAcquireRestrictedCertificatesOfDeposit - us-gaap:PaymentsToAcquirePropertyPlantAndEquipment + us-gaap:ProceedsFromSaleOfMachineryAndEquipment	-285000	-1473(	000
ash flows from financing activities: us-gaap:NetCashProvidedByUsedInFinancingActivitiesAbstract )				
Purchase of treasury stock		(738)		_
( us-gaap:PaymentsForRepurchaseOfConvertiblePreferredStock ) The construction of the control of		738000		
Repayment of notes payable		(420)		617)
( us-gaap:RepaymentsOfNotesPayable ) The cash outflow for a borrowing supported by a written promise to pay an obligation.		420000	6170	JUU
Net cash used in financing activities		(1,158)		617)
activity cash flows include obtaining resources from owners and providing them with a return on, and a return of, their investment; borrowing money and repaying amounts borrowed, or settling the bibligation; and obtaining and paying for other resources obtained from creditors on long-term credit.	- us-gaap:RepaymentsOfNotesPayable - us-gaap:PaymentsForRepurchaseOfConvertiblePreferredStock	-1158000	-617/	
et increase in cash and cash equivalentsus-gaap:CashAndCashEquivalentsPeriodIncreaseDecrease)		418 418000	2,6	613
Amount of increase (decrease) in cash and cash equivalents. Cash and cash equivalents are the	+ us-gaap:NetCashProvidedByUsedInFinancingActivitiesContinuingOperations + us-gaap:NetCashProvidedByUsedInInvestingActivitiesContinuingOperations + us-gaap:NetCashProvidedByUsedInOperatingActivitiesContinuingOperations	410000	26136	UUU
ash and cash equivalents at the beginning of the period us-gaap:CashAndCashEquivalentsAtCarryingValue ) Amount of currency on hand as well as demand deposits with banks or financial institutions. Includes		5,646 5646000	3,2 3260	260 0000

other kinds of accounts that have the general characteristics of demand deposits. Also includes short-term, highly liquid investments that are both readily convertible to known amounts of cash and so near their maturity that they present insignificant risk of changes in value because of changes in interest rates. Excludes cash and cash equivalents within disposal group and discontinued operation.		
Cash and cash equivalents at the end of the period (us-gaap:CashAndCashEquivalentsAtCarryingValue)  Amount of currency on hand as well as demand deposits with banks or financial institutions. Includes other kinds of accounts that have the general characteristics of demand deposits. Also includes short-term, highly liquid investments that are both readily convertible to known amounts of cash and so near their maturity that they present insignificant risk of changes in value because of changes in interest rates. Excludes cash and cash equivalents within disposal group and discontinued operation.	6,064 6064000	5,873 <b>5873000</b>
Supplemental cash flow information:		
( us-gaap:SupplementalCashFlowInformationAbstract )		
Cash paid for income taxes, net of refunds ( us-gaap:IncomeTaxesPaid ) The amount of cash paid during the current period to foreign, federal, state, and local authorities as taxes on income.	886 886000	883 883000
Cash paid for interest	105	124 124000
( us-gaap:InterestPaid ) The amount of cash paid for interest during the period.	105000	124000
(Er	nd Statement - Consolidated Statements of Cash Flows (Unaudited))	

Disclosure - Basis of Presentation							
Disclosure - Basis of Presentation (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended						
	Jun. 30, 2016						
Note 1 - Basis of Presentation	Basis of presentation						
	The accompanying unaudited consolidated financial statements have been prepared in accordance with U.S. generally accepted accounting principles ("U.S. GAAP") for interim financial information, and do not include all of the information and disclosures required for complete, audited financial statements. In the opinion of management, all adjustments, consisting only of normal recurring adjustments, considered necessary for a fair presentation, have been included. For further information, refer to the consolidated financial statements and disclosures included in the consolidated financial statements included in the Company's Annual Report on Form 10-K as of and for the year ended December 31, 2015. Certain amounts in prior-year financial statements were reclassified to conform to the current-year presentation. The results for the period are not necessarily indicative of the results to be expected for other interim periods or the full year.  *New presentation format.* In prior periods, the Company presented gross sales, discounts and promotional allowances and net sales as distinct financial statement captions in our statements of income and comprehensive income. During the second quarter of 2016, the Company concluded that it was appropriate to simply present net sales. All prior periods have been conformed to the new presentation.  *Principles of consolidation*						
	Our Consolidated Financial Statements include the accounts of Lifeway Foods, Inc. and all of its wholly owned subsidiaries (collectively "Lifeway" or the "Company"). All significant intercompany accounts and transactions have been eliminated.						
( us-gaap:NatureOfOperations )							
The entire disclosure for the nature of an entity's business, major products or services, principal markets including location, and the relative importance of its operations in each business and the basis for the determination, including but not limited to, assets, revenues, or earnings. For an entity that has not commenced principal operations, disclosures about the risks and uncertainties related to the activities in which the entity is currently engaged and an understanding of what those activities are being directed toward.							
	(End Disclosure - Basis of Presentation)						

Disclosure - Significant Accounting Policies (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )

Note 2 - Significant Accounting Policies

Use of estimates

The preparation of consolidated financial statements in conformity with U.S. GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the consolidated financial statements and reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. Significant estimates made in preparing the consolidated financial statements include the reserve for promotional allowances, the fair value of investment securities, the valuation of goodwill and intangible assets, and deferred income taxes.

### Revenue Recognition

The Company records sales when the following four criteria have been met: (i) The product has been shipped and the Company has no significant remaining obligations; (ii) Persuasive evidence of an agreement exists; (iii) The price to the buyer is fixed or determinable; and (iv) Collection is probable. In addition, shipping costs invoiced to the customers are included in net sales and the related costs are included in cost of sales.

The Company routinely offers sales allowances and discounts to our customers and consumers. These programs include rebates, in-store display and demo allowances, allowances for non-salable product, coupons and other trade promotional activities. These allowances are considered reductions in the price of our products and thus are recorded as reductions to gross sales. Some of these incentives are recorded by estimating incentive costs based on our historical experience and expected levels of performance of the trade promotion. We maintain a reserve for the estimated allowances incurred but unpaid. Differences between estimated and actual allowances are normally insignificant and are recognized in income in the period such differences are determined. Product returns have historically not been material.

Bulk cream is a by-product of the Company's fluid milk manufacturing process. The Company does not use bulk cream in any of its end products, but rather disposes of it through sales to other companies. Bulk cream by-product sales are included in net sales.

### Advertising and promotional costs

The Company expenses advertising costs as incurred. For the six months ended June 30, 2016 and 2015 total advertising expenses were \$2,753 and \$2,821 respectively. For the three months ended June 30, 2016 and 2015 total advertising expenses were \$1,811 and \$910 respectively.

### Recent Accounting Pronouncements

In March 2016, the Financial Accounting Standards Board ("FASB") issued new guidance regarding certain aspects of the accounting for employee share-based payment transactions including the accounting for income taxes, forfeitures, and statutory tax withholding requirements, as well as classification in the statement of cash flows. The new guidance will be effective for fiscal years beginning on or after December 15, 2016 and interim periods within those years. Early adoption of the guidance is permitted. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In February 2016, the FASB issued new guidance regarding leases. The guidance requires lessees to recognize the assets and liabilities that arise from leases on the balance sheet. A lessee should recognize on the balance sheet a liability to make lease payments (the lease liability) and a right-of-use asset representing its right to use the underlying asset for the lease term. The new guidance is effective for financial statements issued for fiscal years beginning after December 15, 2018, and interim periods within those years. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In January, 2016, the FASB issued new guidance regarding the recognition and measurement of financial assets and liabilities. The new guidance modifies how entities measure equity investments and present changes in the fair value of certain financial liabilities. Under the new guidance, entities will have to measure equity investments that do not result in consolidation and are not accounted under the equity method at fair value and recognize any changes in fair value in net income unless certain conditions exist. The new guidance will be effective for fiscal years beginning on or after December 15, 2017 and interim periods within those years. Other than for recognition and measurement, early adoption of the guidance is permitted. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In November 2015, the FASB issued new guidance regarding the balance sheet classification of deferred income taxes. This new guidance requires that all deferred tax assets and liabilities, along with any related valuation allowance, be classified as noncurrent on the balance sheet. Previous guidance required deferred tax assets and liabilities to be separated into current and noncurrent amounts on the balance sheet. The guidance is effective for fiscal years beginning on or after December 15, 2016, and interim periods within those years. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In July 2015, the FASB issued new accounting guidance for measuring inventory. The core principal of the guidance is that an entity should measure inventory at the lower of cost and net realizable value. Net realizable value is the estimated selling prices in the ordinary course of business, less reasonably predictable costs of completion, disposal, and transportation. This guidance does not apply to inventory that is being measured using the Last-In, First-Out (LIFO) or the retail inventory method. The guidance is effective for financial statements issued for annual and interim periods beginning after December 15, 2016 on a prospective basis. Early adoption is permitted. Management is currently evaluating the impact this will have on the consolidated financial statements.

In May 2014, the FASB issued new guidance regarding revenue recognition. Additional revenue recognition guidance clarifications have been issued subsequent to May 2014. Collectively the new revenue recognition guidance supersedes the revenue recognition requirements in Topic 605, Revenue Recognition, including most industry-specific requirements. The new guidance establishes a five-step revenue recognition process in which an entity will recognize revenue when it transfers promised goods or services to customers in an amount that reflects the consideration to which the company expects to be entitled in exchange for those goods or services. The new guidance also requires enhanced disclosures regarding the nature, amount, timing and uncertainty of revenues and cash flows from contracts with customers. The Company is required to adopt the new guidance not later than January 1, 2018. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements and the method of retrospective application, either full or modified.

( us-gaap:SignificantAccountingPoliciesTextBlock )

The entire disclosure for all significant accounting policies of the reporting entity.

(End Disclosure - Significant Accounting Policies)

	Disclosure - Intangible Assets		
Disclosure - Intangible Assets (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended		
	Jun. 30, 20	016	
Note 3 - Intangible Assets	Goodwill & indefinite-lived intangible assets consists of the following:		
		June 30, 2016	December 31, 2015
	Goodwill	\$ 10,368	\$ 10,368
	Brand names	3,700	3,700
	Goodwill & indefinite lived intangible assets	\$ 14,068	\$ 14,068
	Other intangible assets, net consists of the following:		
		June 30, 2016	December 31, 2015
	Recipes	\$ 44	\$ 44
	Customer lists and other customer related intangibles	4,529	4,529
	Customer relationship	985	985
	Trade names	2,248	2,248
	Formula	438	438
		8,244	8,244
	Accumulated amortization	(6,253)	(5,900)
	Intangible assets, net	\$ 1,991	\$ 2,344
( us-gaap:IntangibleAssetsDisclosureTextBlock )			
The entire disclosure for all or part of the information related to intangible assets.			
	(End Disclosure - Intangible Assets)	·	·

	Disclos	sure - Investmen	ts					
Disclosure - Investments (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended							
				Jun. 30, 2016				
Note 4 - Investments	The cost and fair value of investme	ents classified as ava	ilable for sale are	e as follows:				
	June 30, 2016		Cost	Unreal Gair		alized	Fa Va	
	Common stocks & ETF's Mutual Funds	\$	654 18	\$	59 1	\$ (66) —	\$	647 19

Preferred Securities	97	9	_	106
Corporate Bonds	 991	 39	 (39)	 991
Total	\$ 1,760	\$ 108	\$ (105)	\$ 1,763

December 31, 2015	 Cost		Unrealized Gains		realized osses	Fair Value		
Common stocks & ETF's	\$ 690	\$	17	\$	(94)	\$	613	
Mutual Funds	27		_		(1)		26	
Preferred Securities	98		6		_		104	
Corporate Bonds	 1,518		43		(88)		1,473	
Total	\$ 2,333	\$	66	\$	(183)	\$	2,216	

Gross gains of \$65 and \$50 and gross losses of \$92 and \$72 were realized on these sales during the six months ended June 30, 2016 and 2015, respectively. Gross gains of \$63 and \$44 and gross losses of \$78 and \$61 were realized on these sales during the three months ended June 30, 2016 and 2015 respectively.

The following table shows the gross unrealized losses and fair value of the Company's investments with unrealized losses that are not deemed to be other-than-temporarily impaired, aggregated by investment category and length of time that individual securities have been in a continuous unrealized loss position, at June 30, 2016 and December 31, 2015:

		Less Than 12 Months				12 Months or Greater				Total			
June 30, 2016	Fair	Value		ealized osses	Fair	Value		ealized osses	Fair	Value		nrealized Losses	
Common stocks & ETF's Mutual Funds	\$	51 —	\$	(6) —	\$	274 —	\$	(60)	\$	325	\$	(66) —	
Preferred Securities		_		_		_		_		_		_	
Corporate Bonds		249		(1)		380		(38)		629		(39)	
-	\$	300	\$	(7)	\$	654	\$	(98)	\$	954	\$	(105)	

		Less Than 12 Months				12 Months or Greater				Total			
December 31, 2015	Fair	Value		realized osses	Fair	Value		ealized osses	Fair	Value		realized osses	
Common stocks & ETF's Mutual Funds	\$	225 26	\$	(72) (1)	\$	152	\$	(22)	\$	377 26	\$	(94) (1)	
Preferred Securities Corporate Bonds		370		(32)		— 479		— (56)		— 849		(88)	
•	\$	621	\$	(105)	\$	631	\$	(78)	\$	1,252	\$	(183)	

The Company's investments in equity securities, mutual funds, preferred securities, and corporate bonds consist of investments in common stock, preferred stock, structured notes and other debt securities of companies in various industries. The Company recorded other-than-temporary impairment losses related to certain structured notes of \$0 and \$180 during the six months ended June 30, 2016 and 2015 respectively. The structured notes allow the issuer to settle at an amount less than par in certain circumstances. In reaching a conclusion to record these other-than-temporary impairment losses, the Company evaluated the near-term prospects of the issuers and determined it was probable the issuers would have the ability to settle the bonds for an amount less than par value at maturity.

us-gaap:InvestmentsAndOtherNoncurrentAssetsTextBlock)

The entire disclosure for investments and other noncurrent assets.

(End Disclosure - Investments)

**Disclosure - Inventories** 

Disclosure - Inventories (USD \$)

( custom:NotesToFinancialStatementsAbstract [Extension] )

Note 5 - Inventories Inventories consist of the following: June 30, December 31, 2016 2015 Finished goods 3,204 2,946 Production supplies 3,007 2,636 Raw materials 3,101 2,082 Total inventories 9,312 7,664 ( us-gaap:InventoryDisclosureTextBlock ) The entire disclosure for inventory. Includes, but is not limited to, the basis of stating inventory, the method of determining inventory cost, the classes of inventory, and the nature of the cost elements included in inventory.

(End Disclosure - Inventories)

	Disclosure - Property And Equipment			
Disclosure - Property And Equipment (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended			
	Jun.	30, 2016		
Note 6 - Property And Equipment	Property and equipment consist of the following:			
		June 20	,	December 31, 2015
	Land	\$	1,807 \$	1,807
	Buildings and improvements		16,581	16,387
	Machinery and equipment		22,496	22,907
	Vehicles		1,203	1,298
	Office equipment		716	709
	Construction in process		902	311
			43,705	43,419
	Accumulated depreciation		(22,404)	(22,044
	Total property and equipment	\$	21,301 \$	21,375
( us-gaap:PropertyPlantAndEquipmentDisclosureTextBlock )		·		
The entire disclosure for long-lived, physical assets used in the normal conduct of business and not intended for resale. Includes, but is not limited to, accounting policies and methodology, roll forward depreciation, depletion and amortization expense, including composite depreciation, accumulated depreciation, depletion and amortization expense, useful lives and method used, income statement disclosures, assets held for sale and public utility disclosures.	5,			
	(End Disclosure - Property And Equipment)			

Disclosure - Accrued Expenses								
Disclosure - Accrued Expenses (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended							
		un. 30, 2016						
Note 7 - Accrued Expenses	Accrued expenses consist of the following:							
		June 30, 2016	December 31, 2015					

	Accrued payroll and payroll taxes Accrued property tax Other	\$	1,724 340 238	\$	859 377 302			
		\$	2,302	\$	1,538			
( us-gaap:AccountsPayableAndAccruedLiabilitiesDisclosureTextBlock )								
The entire disclosure for accounts payable and accrued liabilities at the end of the reporting period.								
(End Disclosure - Accrued Expenses)								

	(Litu Disciosate - Accided Expenses)				
	Disclosure - Notes Payable				
Disclosure - Notes Payable (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended				
	Jun. 30, 2016				
Note 8 - Notes Payable		March 31,		Decemb	non 21
		2016		201	,
	Variable rate bank notes due May 31, 2018. Principal and interest payable monthly with a balloon payment due at maturity.	\$	3,592	\$	3,846
	Variable rate bank notes due May 31, 2019. Principal and interest payable monthly with a balloon payment due at maturity.		3,947		4,113
	Total notes payable Less current maturities		7,539 840		7,959 840
	Total long-term portion	\$	6,699	\$	7,119
	The variable rate bank notes are subject to interest at the prime rate or at the LIBOR rate plus 2.5% and Company. In addition, under the terms of the related agreements, the Company is subject to minimum fixed among other things may limit the Company's ability to pay dividends or repurchase shares of its common stoc covenants at June 30, 2016. Further, under the agreements the Company is required to deliver its annual a within specified timeframes. At the time of filing this Form 10Q the Company was in compliance with these r	I charged ratio and ta ck. The Company wa nd quarterly financia	tangible no as in comp	et worth thresh pliance with the	holds, which nese financial
(us-gaap:DebtDisclosureTextBlock)  The entire disclosure for information about short-term and long-term debt arrangements, which includes amounts of borrowings under each line of credit, note payable, commercial paper issue, bonds indenture, debenture issue, own-share lending arrangements and any other contractual agreement to repay funds, and about the underlying arrangements, rationale for a classification as long-term, including repayment terms, interest rates, collateral provided, restrictions on use of assets and activities whether one of the compliance with both companies and other interests.					
includes amounts of borrowings under each line of credit, note payable, commercial paper issue, bonds indenture, debenture issue, own-share lending arrangements and any other contractual agreement to repay funds, and about the underlying arrangements, rationale for a classification as					

	(End Disclosure - Notes Payable)
	Disclosure - Commitments And Contingencies
Disclosure - Commitments And Contingencies (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )	6 Months Ended
	Jun. 30, 2016
Note 9 - Commitments And Contingencies	Lease obligations -The Company leases three stores for its Lifeway Kefir Shop subsidiary. Total rent expense for these leases was \$65 and \$60 for the six more ended June 30, 2016 and 2015, respectively. The Company is also responsible for additional rent equal to real estate taxes and other operating expenses.
	Litigation - The Company is a party to lawsuits in the normal course of business. In the opinion of management, the resolution of these lawsuits will not be material adverse effect on the Company's consolidated financial position or results of operations.

The entire disclosure for significant arrangements with third parties, which includes operating lease arrangements and arrangements in which the entity has agreed to expend funds to procure goods or services, or has agreed to commit resources to supply goods or services, and operating lease arrangements. Descriptions may include identification of the specific goods and services, period of time covered, minimum quantities and amounts, and cancellation rights.

(End Disclosure - Commitments And Contingencies)

# **Disclosure - Income Taxes** 6 Months Ended Disclosure - Income Taxes (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] ) Jun. 30, 2016 Note 10 - Income taxes For each interim period, the Company estimates the effective tax rate (ETR) expected to be applicable for the full year and applies that rate to income before provision for income taxes for the period. Additionally, the Company records discrete income tax items such as enacted tax rate changes and completed tax audits in the period in which they occur. The effective tax rate for the three months ended June 30, 2016 was 27.2% compared to 54.7% for the three months ended June 30, 2015. The effective tax rate for the six months ended June 30, 2016 was 31.3% compared to 50.6% for the six months ended June 30, 2015. The decrease in the effective tax rates for the three and six month periods ended June 30, 2016 was due to the following items: ? During the three and six months ended June 30, 2016 we recorded an income tax benefit of \$273 as a result of the favorable settlement of uncertain tax positions. which reduced the ETR for such periods by 9.2% and 6.0% respectively. ? During the three and six months ended June 30, 2015 we incurred certain operating expenses that were not fully deductible for federal income tax purposes, which increased the ETR for such periods by 12.7% and 8.6% respectively. ( us-gaap:IncomeTaxDisclosureTextBlock ) The entire disclosure for income taxes. Disclosures may include net deferred tax liability or asset recognized in an enterprise's statement of financial position, net change during the year in the total valuation allowance, approximate tax effect of each type of temporary difference and carryforward that gives rise to a significant portion of deferred tax liabilities and deferred tax assets, utilization of a tax carryback, and tax uncertainties information. (End Disclosure - Income Taxes)

6 Months Ended  Jun. 30, 2016
Jun. 30, 2016
FASB Accounting Standards Codification ("ASC") 820, Fair Value Measurements and Disclosures, provides the framework for measuring fair value. That framework provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (level 1 measurement) and the lowest priority to unobservable inputs (level 3 measurements). The three levels of the fair value hierarchy under FASB ASC 820 are described as follows:
Level 1. Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Company has the ability taccess.
Level 2. Inputs to the valuation methodology include the following:
? Quoted prices for similar assets or liabilities in active markets;
? Quoted prices for identical or similar assets or liabilities in inactive markets;
? Inputs other than quoted prices that are observable for the asset or liability;

? Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the level 2 input must be observable for substantially the full term of the asset or liability.

Level 3. Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset or liability's fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

The following is a description of the valuation methodologies used for assets measured at fair value on a recurring basis. There have been no changes in the methodologies used as of June 30, 2016 and December 31, 2015.

The majority of the Company's fair value measurements for investments are classified within Level 1 or Level 2 of the fair value hierarchy. The Company's Level 1 fair value measurements, which include mutual funds and common stock, is based on quoted market prices in active markets for identical securities. The Company's Level 2 fair value measurements, which include corporate bonds and preferred securities, is based on quoted prices in inactive markets for identical or similar assets. The company's level 3 fair value measurements which include other than temporarily impaired bonds are based on the present value of the estimated proceeds expected to be received at maturity of the bond. Those bonds were reclassified to level 3 from level 2 during 2015.

The preceding methods described may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, although the Company believes the valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

The following table sets forth by level, within the fair value hierarchy, the Company's financial assets measured at fair value on a recurring basis as of June 30, 2016 and December 31, 2015. Assets and liabilities are classified in their entirety based on the lowest level of input that is significant to the fair value measurement:

				Assets at Fair Value	as of June 30	, 2016			
	Lev	Level 1		Level 1		Level 2	L	evel 3	Total
Mutual Funds	\$	19	\$	_	\$	_	\$ 19		
Common Stocks & ETF's		647		_		_	647		
Preferred Securities		_		106		_	106		
Corporate Bonds		_		808		183	991		

			Assets at Fair Value as	of Dece	mber 31, 2015	
	Le	evel 1	 Level 2		Level 3	Total
Mutual Funds	\$	26	\$ _	\$	_	\$ 26
Common Stocks & ETF's		613	_		_	613
Preferred Securities		_	104		_	104
Corporate Bonds		_	1,149		324	1,473

The Company's financial assets and liabilities which are not carried at fair value on a recurring basis include cash and cash equivalents, certificates of deposit, accounts receivable, other receivables, accounts payable and notes payable for which carrying value approximates fair value.

### (us-gaap:FairValueDisclosuresTextBlock)

The entire disclosure for the fair value of financial instruments (as defined), including financial assets and financial liabilities (collectively, as defined), and the measurements of those instruments as well as disclosures related to the fair value of non-financial assets and liabilities. Such disclosures about the financial instruments, assets, and liabilities would include: (1) the fair value of the required items together with their carrying amounts (as appropriate); (2) for items for which it is not practicable to estimate fair value, disclosure would include: (a) information pertinent to estimating fair value (including, carrying amount, effective interest rate, and maturity, and (b) the reasons why it is not practicable to estimate fair value; (3) significant concentrations of credit risk including; (a) information about the activity, region, or economic characteristics identifying a concentration, (b) the maximum amount of loss the entity is exposed to based on the gross fair value of the related i

(End Disclosure - Fair Value Measurements)

### Disclosure - Stock-based Compensation

Disclosure - Stock-based Compensation (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )

Jun. 30, 2016

Note 12 - Stock-based Compensation

In December 2015, Lifeway shareholders approved the 2015 Omnibus Incentive Plan, which authorized the issuance of an aggregate of 3.5 million shares to satisfy awards of stock options, stock appreciation rights, unrestricted stock, restricted stock units, performance shares and performance units. The Company has not established a pace for the frequency of awards under the Omnibus Incentive Plan, and may choose to suspend the issuance of new awards in the future and may grant additional awards at any time including issuing special grants of restricted stock, restricted stock units and stock options to attract and retain new and existing executives.

Pursuant to the Omnibus Incentive Plan, Lifeway granted 26 stock options to certain key employees of the company effective January 1, 2016 and 24 stock options on July 1, 2016 (the "2016 options"). The 2016 options generally vest over a three-year period, on an accelerated basis. The accelerated vesting reflects the landmark nature of the awards and the relative tenure of individual participants.

For the three and six months ended June 30, 2016 total pre-tax stock-based compensation expense recognized in the consolidated statements of income and comprehensive income was \$21 and \$42 respectively. For the three and six months ended June 30, 2016 tax-related benefits of \$8 and \$16 were also recognized.

	Options	e	Weighted average xercise price	Weighted average remaining contractual life	Aggregate ntrinsic value	e
Outstanding at December 31,2015	_	\$				
Granted	26	\$	11.10			
Exercised	_	\$	_			
Terminated	_	\$	_			
Outstanding at June 30, 2016	26	\$	11.10	9.75	\$	_
Exercisable at June 30, 2016	_	\$	_			

We measure the fair value of stock options using the Black-Scholes option pricing model. The expected term of options granted was based on the weighted average time of vesting and the end of the contractual term. We utilized this simplified method as we do not have sufficient historical exercise data to provide a reasonable basis upon which to estimate the expected term.

The following assumptions were used for the grants in 2016:

	2016
Risk free interest rate	1.85%
Expected dividend yield	0.28%
Expected volatility	38.87%
Expected term	5.65

We expense stock options on a straight-line basis over the service period. As of June 30, 2016, the total remaining unearned compensation related to non-vested stock options was \$69, which will be amortized over the weighted-average remaining service period of 1.1 years.

In March 2016 Lifeway established an incentive-based compensation program for certain senior executives (the "participants"). The incentive compensation is based on the achievement of certain sales and EBITDA performance levels versus respective targets in 2016. Under the program, collectively the participants may earn cash and equity-based incentive compensation in amounts ranging from \$0 to \$4,000 during 2016 depending on the performance levels compared to the respective targets. The participants' achievement of equity-based compensation during the balance of 2016 is considered to be probable. At June 30, 2016 bonuses of \$1,040 had been earned under the program, including \$200 of equity-based awards.

The Company has a defined contribution plan which is available to substantially all full-time employees. Under the terms of the plan the Company matches employee contributions under a prescribed formula. For the six months ended June 30, 2016 and 2015 total contribution expense recognized in the consolidated statements of income and comprehensive income was \$129 and \$123 respectively. For the three months ended June 30, 2016 and 2015 total contribution expense recognized in the consolidated statements of income and comprehensive income was \$47 and \$62 respectively.

The entire disclosure for legal proceedings, legal contingencies, litigation, regulatory and environmental matters and other contingencies.

(End Disclosure - Stock-based Compensation)

### **Disclosure - Segments, Products and Customers**

Disclosure - Segments, Products and Customers (USD \$) (custom:NotesToFinancialStatementsAbstract [Extension])

6 Months Ended

Jun. 30, 2016

Note 13 - Segments, Products and Customers

The Company manufactures probiotic, cultured, functional dairy health food products. The Company's primary product is kefir, a dairy beverage similar to but distinct from yogurt, in several flavors and in several package configurations. In addition to the drinkable products, Lifeway manufactures "Lifeway Farmer Cheese," a line of various farmer cheeses.

The Company has determined that it has one reportable segment based on how the Company's chief operating decision maker manages the business and in a manner consistent with the internal reporting provided to the chief operating decision maker. The chief operating decision maker, who is responsible for allocating resources and assessing company performance, has been identified collectively as the Chief Financial Officer, the Chief Operating Officer, the Chief Executive Officer and Chairman of the board of directors. Substantially all of the consolidated revenues of the Company relate to the sale of fermented dairy products which are produced using the same processes and materials and are sold to consumers through a network of distributors and retailers in the United States.

Net sales of products by category were as follows:

	Six months ended June 30,					Three mor	d
		2016		2015		2016	2015
Drinkable Kefir other than ProBugs	\$	54,602	\$	50,821	\$	26,535	\$ 25,234
Pro Bugs		3,357		4,297		1,716	2,291
Lifeway Farmer Cheese		5,099		3,464		2,462	1,742
Frozen Kefir		643		861		418	 554
Net Sales	\$	63,701	\$	59,443	\$	31,131	\$ 29,821

Significant Customers --Sales are predominately to companies in the retail food industry, located within the United States. Two major customers accounted for approximately 27% and 29% of net sales for the six months ended June 30, 2016 and 2015, respectively and 27% and 31% of net sales for the three months ended June 30, 2016 and 2015 respectively.

( custom:Note15SegmentsAndProducts [Extension] )

(End Disclosure - Segments, Products and Customers)

## Disclosure - Related party transactions

Disclosure - Related party transactions (USD \$) ( custom:NotesToFinancialStatementsAbstract [Extension] )

6 Months Ended

Jun. 30, 2016

Note 14 - Related Party Transactions

The Company obtains consulting services from the Chairman of its board of directors. Fees earned by the Chairman are included in general and administrative expense in the accompanying consolidated statements of income and comprehensive income and were \$539 and \$387 during the six months ended June 30, 2016 and 2015 respectively, and \$213 and \$246 during the three months ended June 30, 2016 and 2015 respectively.

Beginning in 2016 the Company is also a party to a royalty agreement with the Chairman of its board of directors under which the Company pays the Chairman a royalty based on the sale of certain Lifeway product, not to exceed \$50 in any fiscal month. Royalties of \$300 and \$150 were earned by the Chairman during the six months and three months ended June 30, 2016 respectively and were included in selling expenses in the accompanying consolidated statements of income and comprehensive income.

 $(\ us-gaap: Related Party Transactions Disclosure Text Block\ )$ 

The entire disclosure for related party transactions. Examples of related party transactions include transactions between (a) a parent company and its subsidiary; (b) subsidiaries of a common parent (c) and entity and its principal owners; and (d) affiliates.

(End Disclosure - Related party transactions)

### **Disclosure - Significant Accounting Policies (Policy)**

Disclosure - Significant Accounting Policies (Policy) (USD \$)

( custom:DisclosureSignificantAccountingPoliciesPolicyAbstract [Extension]

6 Months Ended

Jun. 30, 2016

Use Of Estimates

The preparation of consolidated financial statements in conformity with U.S. GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the consolidated financial statements and reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. Significant estimates made in preparing the consolidated financial statements include the reserve for promotional allowances, the fair value of investment securities, the valuation of goodwill and intangible assets, and deferred income taxes.

### ( us-gaap:UseOfEstimates )

Disclosure of accounting policy for the use of estimates in the preparation of financial statements in conformity with generally accepted accounting principles.

Revenue Recognition

The Company records sales when the following four criteria have been met: (i) The product has been shipped and the Company has no significant remaining obligations; (ii) Persuasive evidence of an agreement exists; (iii) The price to the buyer is fixed or determinable; and (iv) Collection is probable. In addition, shipping costs invoiced to the customers are included in net sales and the related costs are included in cost of sales.

The Company routinely offers sales allowances and discounts to our customers and consumers. These programs include rebates, in-store display and demo allowances, allowances for non-salable product, coupons and other trade promotional activities. These allowances are considered reductions in the price of our products and thus are recorded as reductions to gross sales. Some of these incentives are recorded by estimating incentive costs based on our historical experience and expected levels of performance of the trade promotion. We maintain a reserve for the estimated allowances incurred but unpaid. Differences between estimated and actual allowances are normally insignificant and are recognized in income in the period such differences are determined. Product returns have historically not been material.

Bulk cream is a by-product of the Company's fluid milk manufacturing process. The Company does not use bulk cream in any of its end products, but rather disposes of it through sales to other companies. Bulk cream by-product sales are included in net sales.

#### ( us-gaap:RevenueRecognitionPolicyTextBlock )

Disclosure of accounting policy for revenue recognition. If the entity has different policies for different types of revenue transactions, the policy for each material type of transaction is generally disclosed. If a sales transaction has multiple element arrangements (for example, delivery of multiple products, services or the rights to use assets) the disclosure may indicate the accounting policy for each unit of accounting as well as how units of accounting are determined and valued. The disclosure may encompass important judgment as to appropriateness of principles related to recognition of revenue. The disclosure also may indicate the entity's treatment of any unearmed or deferred revenue that arises from the transaction.

Advertising And Promotional Costs

The Company expenses advertising costs as incurred. For the six months ended June 30, 2016 and 2015 total advertising expenses were \$2,753 and \$2,825 respectively. For the three months ended June 30, 2016 and 2015 total advertising expenses were \$1,811 and \$910 respectively.

### ( us-gaap:AdvertisingCostsPolicyTextBlock )

Disclosure of accounting policy for advertising costs. For those costs that cannot be capitalized, discloses whether such costs are expensed as incurred or the first period in which the advertising takes place. For direct response advertising costs that are capitalized, describes those assets and the accounting policy used, including a description of the qualifying activity, the types of costs capitalized and the related amortization period. An entity also may disclose its accounting policy for cooperative advertising arrangements.

Recent Accounting Pronouncements

In March 2016, the Financial Accounting Standards Board ("FASB") issued new guidance regarding certain aspects of the accounting for employee share-based payment transactions including the accounting for income taxes, forfeitures, and statutory tax withholding requirements, as well as classification in the statement of cash flows. The new guidance will be effective for fiscal years beginning on or after December 15, 2016 and interim periods within those years. Early adoption of the guidance is permitted. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In February 2016, the FASB issued new guidance regarding leases. The guidance requires lessees to recognize the assets and liabilities that arise from leases on the balance sheet. A lessee should recognize on the balance sheet a liability to make lease payments (the lease liability) and a right-of-use asset representing its right to use the underlying asset for the lease term. The new guidance is effective for financial statements issued for fiscal years beginning after December 15, 2018, and interim periods within those years. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In January, 2016, the FASB issued new guidance regarding the recognition and measurement of financial assets and liabilities. The new guidance modifies how entities measure equity investments and present changes in the fair value of certain financial liabilities. Under the new guidance, entities will have to measure equity

investments that do not result in consolidation and are not accounted under the equity method at fair value and recognize any changes in fair value in net income unless certain conditions exist. The new guidance will be effective for fiscal years beginning on or after December 15, 2017 and interim periods within those years. Other than for recognition and measurement, early adoption of the guidance is permitted. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In November 2015, the FASB issued new guidance regarding the balance sheet classification of deferred income taxes. This new guidance requires that all deferred tax assets and liabilities, along with any related valuation allowance, be classified as noncurrent on the balance sheet. Previous guidance required deferred tax assets and liabilities to be separated into current and noncurrent amounts on the balance sheet. The guidance is effective for fiscal years beginning on or after December 15, 2016, and interim periods within those years. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In July 2015, the FASB issued new accounting guidance for measuring inventory. The core principal of the guidance is that an entity should measure inventory at the lower of cost and net realizable value. Net realizable value is the estimated selling prices in the ordinary course of business, less reasonably predictable costs of completion, disposal, and transportation. This guidance does not apply to inventory that is being measured using the Last-In, First-Out (LIFO) or the retail inventory method. The guidance is effective for financial statements issued for annual and interim periods beginning after December 15, 2016 on a prospective basis. Early adoption is permitted. Management is currently evaluating the impact this will have on the consolidated financial statements.

In May 2014, the FASB issued new guidance regarding revenue recognition. Additional revenue recognition guidance clarifications have been issued subsequent to May 2014. Collectively the new revenue recognition guidance supersedes the revenue recognition requirements in Topic 605, Revenue Recognition, including most industry-specific requirements. The new guidance establishes a five-step revenue recognition process in which an entity will recognize revenue when it transfers promised goods or services to customers in an amount that reflects the consideration to which the company expects to be entitled in exchange for those goods or services. The new guidance also requires enhanced disclosures regarding the nature, amount, timing and uncertainty of revenues and cash flows from contracts with customers. The Company is required to adopt the new guidance not later than January 1, 2018. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements and the method of retrospective application, either full or modified.

( us-gaap:NewAccountingPronouncementsPolicyPolicyTextBlock )

Disclosure of accounting policy pertaining to new accounting pronouncements that may impact the entity's financial reporting. Includes, but is not limited to, quantification of the expected or actual impact.

(End Disclosure - Significant Accounting Policies (Policy))

	Disclosure - Intangible Assets (Tables)			
Disclosure - Intangible Assets (Tables) (USD \$) ( custom:IntangibleAssetsTablesAbstract [Extension] )	6 Months Ended			
		Jun. 30, 2016		
Goodwill & indefinite-lived intangible assets		June	30, 2016	December 31, 2015
-	Goodwill	\$	10,368	\$ 10,3
	Brand names	Ψ	3,700	3,7
	Goodwill & indefinite lived intangible assets	\$	14,068	\$ 14,0
us-gaap:ScheduleOfIndefiniteLivedIntangibleAssetsTableTextBlock)	Goodwin & indefinite fived intaligible assets	φ	14,000	φ 14,0
us-gaap.Schedulecomidentime.Livedintariguierassets radio rexhibitor. Tabular disclosure of assets, excluding financial assets and goodwill, lacking physical substance exist in perpetuity, by either major class or business segment.	and			
Schedule Of Accumulated Amortization Of Intangible Assets		June	30, 2016	December 31, 2015
	Recipes	\$	44	\$
	Customer lists and other customer related intangibles	Ψ	4,529	4,5
	Customer relationship		985	9
	Trade names		2.248	2,2
	Formula		438	4
			8,244	8,2
	Accumulated amortization		(6,253)	(5,9
		<u></u>		
	Intangible assets, net	\$	1,991	\$ 2,3
us-gaap:ScheduleOfFiniteLivedIntangibleAssetsTableTextBlock )				
Tabular disclosure of assets, excluding financial assets and goodwill, lacking physical substance a finite life, by either major class or business segment.	with			
	(End Disclosure - Intangible Assets (Tables))			

### **Disclosure - Investments (Tables)**

Disclosure - Investments (Tables) (USD \$) ( custom:InvestmentsTablesAbstract [Extension] )

lun	20	201

Schedule Of Cost And Fair Value Of Available For Sale Investments	June 30, 2016		Cost			ealized Sains		Į	Inrealized Losses			Fair Value	
	Common stocks & ETF's Mutual Funds	\$		654 18	\$		59 1	\$		(66)	\$		647 19
	Preferred Securities			97			9			_			106
	Corporate Bonds	Φ.		991	•		39	Φ.		(39)	<u> </u>		991
	Total	\$		1,760	\$		108	\$		(105)	\$		1,763
						ealized		τ	Jnrealized			Fair	
	December 31, 2015		Cost			ains			Losses			Value	
	Common stocks & ETF's	\$		690	\$		17	\$		(94)	\$		613
	Mutual Funds			27			_			(1)			26
	Preferred Securities Corporate Bonds		1	98 ,518			6 43			(88)			104 1,473
	Total	\$		,333	\$		66	\$		(183)	\$		2,216
( us-gaap:ScheduleOfAvailableForSaleSecuritiesReconciliationTableTextBlock )  Tabular disclosure of the reconciliation of available-for-sale securities from cost basis to fair value.							<del></del>			<del></del>			
Schedule Of Gross Unrealized Loss On Investments			Less Th	an 12 M	onths		12 Months	s or Greate	er		To	otal	
	1 20 2016		F: W1	U	Inrealized	Б	7.1		alized	Б.,	7.1		alized
	June 30, 2016		Fair Value		Losses	Fair V	value	Lo	sses	Fair V	value	Los	sses
	Common stocks & ETF's	\$	51	\$	(6)	\$	274	\$	(60)	\$	325	\$	(66)
	Mutual Funds Preferred Securities		_		_		_		_		_		_
	Corporate Bonds		249		(1)		380		(38)		629		(39)
	•	\$	300	\$	(7)	\$	654	\$	(98)	\$	954	\$	(105)
			Less Th		Ionths Unrealized		12 Months		er alized		To	otal Unrea	alized
	December 31, 2015		Fair Value		Losses	Fair V	Value		sses	Fair V	Value	Los	
	Common stocks & ETF's	:	\$ 225		(72)	\$	152	\$	(22)	\$	377	\$	(94)
	Mutual Funds Preferred Securities		26		(1)		_		_		26		(1)
	Corporate Bonds		370		(32)		479		(56)		849		(88)
to a second check to College the second as a College to the College to Colleg		:	\$ 621	\$	(105)	\$	631	\$	(78)	\$	1,252	\$	(183)
( us-gaap:ScheduleOfUnrealizedLossOnInvestmentsTableTextBlock )  For all investments in an unrealized loss position, including those for which other-than-temporary impairments have not been recognized in earnings (including investments for which a portion of an other-than-temporary impairment has been recognized in other comprehensive income), a tabular disclosure of the aggregate related fair value of investments with unrealized losses and the aggregat amount of unrealized losses (that is, the amount by which amortized cost basis exceeds fair value).	е												
	(F. 1 Di-1-	ure - Investmen	- (T-1-1))										

Disclosure - Inventories (Tables)							
Disclosure - Inventories (Tables) (USD \$) ( custom:InventoriesTablesAbstract [Extension] )	6 Months Ended						
		Jun. 30, 2016					

Schedule Of Inventories			June 30, 2016	De	ecember 31, 2015
	Finished goods	\$	3,204	\$	2,946
	Production supplies		3,007		2,636
	Raw materials		3,101		2,082
	Total inventories	\$	9,312	\$	7,664
( us-gaap:ScheduleOfInventoryCurrentTableTextBlock )					·
Tabular disclosure of the carrying amount as of the balance sheet date of merchandise, goods, commodities, or supplies held for future sale or to be used in manufacturing, servicing or production process.	n				
	(End Disclosure - Invent	tories (Tables))			

	(End Disclosure - Inventories	s (Tables))									
Disclosure - Property And Equipment (Tables)											
Disclosure - Property And Equipment (Tables) (USD \$) (custom:PropertyAndEquipmentTablesAbstract [Extension] )	6 Months Ended										
		Jun. 30, 2016									
Schedule Of Property And Equipment			June 30,	December 31,							
			2016	2015							
	Land		\$ 1,807	\$ 1,807							
	Buildings and improvements		16,581	16,387							
	Machinery and equipment		22,496	22,907							
	Vehicles		1,203	1,298							
	Office equipment		716	709							

( us-gaap:PropertyPlantAndEquipmentTextBlock )

Tabular disclosure of physical assets used in the normal conduct of business and not intended for resale. Includes, but is not limited to, balances by class of assets, depreciation and depletion expense and method used, including composite depreciation, and accumulated deprecation.

(End Disclosure - Property And Equipment (Tables))

Construction in process

Accumulated depreciation

Total property and equipment

902

43,705

(22,404)

21,301

311

43,419

(22,044)

21,375

	Disclosure - Accrued Expenses (Tables)				
Disclosure - Accrued Expenses (Tables) (USD \$) ( custom:AccruedExpensesTablesAbstract [Extension] )	6 Months Ended				
		Jun. 30, 2016			
Schedule Of Accrued Expenses			June 30, 2016	December 201	
	Accrued payroll and payroll taxes	\$	1,724	\$	859
	Accrued property tax Other		340 238		377 302
	Office	\$	2,302	\$	1,538
		<del></del>			
us-gaap:ScheduleOfAccruedLiabilitiesTableTextBlock )					

	Disclosure - Notes Payable (Tables)
Disclosure - Notes Payable (Tables) (USD \$)	6 Months Ended

of the state of th					
( custom:NotesPayableTablesAbstract [Extension] )					
	Jun. 30, 2016				
Schedule Of Notes Payable					
		March 31, December 2016  t  \$ 3,592 \$			
			2016		2015
	Variable rate bank notes due May 31, 2018. Principal and interest payable monthly with a balloon payment				
	due at maturity.	\$	3,592	\$	3,846
	Variable rate bank notes due May 31, 2019. Principal and interest payable monthly with a balloon payment				
	due at maturity.		3,947		4,113
	Total notes payable	_	7,539		7,959
	Less current maturities		840		840
	Total long-term portion	\$	6,699	\$	7,119
( us-gaap:ScheduleOfLineOfCreditFacilitiesTextBlock )					
Tabular disclosure of short-term or long-term contractual arrangements with lenders, including letters of credit, standby letters of credit, and revolving credit arrangements, under which borrowings can be made up to maximum amount as of any point in time conditional on satisfaction of specified terms before, as of and after the date of drawdowns on the line.					
	(End Disclosure - Notes Payable (Tables))				

	Disclosure - Fair '	Value Measureme	nts (Tables)						
Disclosure - Fair Value Measurements (Tables) (USD \$) ( custom:FairValueMeasurementsTablesAbstract [Extension] )	6 Months Ended								
				Jun. 30, 20	16				
Schedule Of Fair Value Assets And Liabilities As Classified									
				As	sets at Fair Value	as of June 30,	2016		
		Level 1 Level 2		evel 2	Le	vel 3	Total		
	Mutual Funds	\$	19	\$	_	\$	_	\$	19
	Common Stocks & ETF's Preferred Securities		647		106		_		647
	Corporate Bonds		_		808		183		106 991
				Asset	s at Fair Value as	of December 3	31, 2015		
		Le	vel 1	Le	evel 2	Le	vel 3		Total
	Mutual Funds	\$	26	\$	_	\$	_	\$	26
	Common Stocks & ETF's		613		_		_		613
	Preferred Securities		_		104		_		104
	Corporate Bonds		_		1,149		324		1,473
( us-gaap:FairValueAssetsMeasuredOnNonrecurringBasisValuationTechniquesTextBlock )  Tabular disclosure of the inputs and valuation techniques used to measure fair value, and a									
discussion of changes in valuation techniques and related inputs, if any, used to measure similar assets in prior periods (non-recurring basis) by class of asset or liability.									

## Disclosure - Stock-based Compensation (Tables)

Disclosure - Stock-based Compensation (Tables) (USD \$) ( custom:DisclosureStockbasedCompensationTablesAbstract [Extension] )

		Jun. 30, 2016				
Summary of stock-based compensation expense recognized		Options	Weighted average exercise price	Weighted average remaining contractual life	Aggregate intrinsic valu	
	Outstanding at December 31,2015 Granted Exercised Terminated Outstanding at June 30, 2016 Exercisable at June 30, 2016	26 — — 26 —	\$ 11.10 \$ — \$ — \$ 11.10 \$ —	9.75	\$	
( us-gaap:ScheduleOfShareBasedCompensationStockOptionsActivityTableTextBlock )  Tabular disclosure of the number and weighted-average exercise prices (or conversion ratios) for share options (or share units) that were outstanding at the beginning and end of the year, vested and expected to vest, exercisable or convertible at the end of the year, and the number of share options or share units that were granted, exercised or converted, forfeited, and expired during the year.						
Following weighted-average assumptions	Risk free interest rate Expected dividend yield Expected volatility					1.85% 0.28% 88.87%

5.65

6 Months Ended

Jun. 30, 2015

Jun. 30, 2016

. gaap:ScheduleOfShareBasedCompensationSharesAuthorizedUnderStockOptionPlansByExercisePriceRangeTextBlock

Tabular disclosure of option exercise prices, by grouped ranges, including the upper and lower limits of the price range, the number of shares under option, weighted average exercise price and remaining contractual option

> (End Disclosure - Stock-based Compensation (Tables)) Disclosure - Segments, Products and Customers (Tables)

Expected term

#### Disclosure - Segments, Products and Customers (Tables) (USD \$) 6 Months Ended ( custom:DisclosureSegmentsProductsAndCustomersTablesAbstract [Extension] ) Jun. 30, 2016 Schedule of sales of products by category Six months ended Three months ended June 30, June 30, 2016 2015 2016 2015 54,602 50,821 \$ 26,535 25,234 Drinkable Kefir other than ProBugs Pro Bugs 3,357 4,297 1,716 2,291 Lifeway Farmer Cheese 5,099 3,464 2,462 1,742 418 643 861 Frozen Kefir 554 63,701 59,443 31,131 **Net Sales** 29.821 ( custom:ScheduleOfSalesOfProductsByCategoryTableTextBlock [Extension] ) Schedule of sales of products by category (End Disclosure - Segments, Products and Customers (Tables))

**Disclosure - Significant Accounting Policies (Details Narrative)** 

Jun. 30, 2015

3 Months Ended

Jun. 30, 2016

In Thousands

Disclosure - Significant Accounting Policies (Details Narrative) (USD \$)

( custom:DisclosureSignificantAccountingPoliciesDetailsNarrativeAbstract [Extension] )

Advertising expenses ( us-gaap:AdvertisingExpense ) Amount charged to advertising expense for the period, which are expenses incurred with the objective of increasing revenue for a specified brand, product or product line.	1,811	910	2,753	2,821
	1811000	910000	2753000	2821000
	(End Disclosure - Significant Accounting Policies (Det	ails Narrative))		

	Disclosure - Intangible Assets (Details)	
Disclosure - Intangible Assets (Details) (USD \$) ( custom:DisclosureIntangibleAssetsDetailsAbstract [Extension] )	6 Months Ended	12 Months Ended
In Thousands	Jun. 30, 2016	Dec. 31, 2015
Goodwill ( us-gaap:GoodwillAndIntangibleAssetImpairment )	10,368 10368000	10,368 10368000
Total loss recognized during the period from the impairment of goodwill plus the loss recognized in the period resulting from the impairment of the carrying amount of intangible assets, other than goodwill.	1000000	1000000
Brand names	3,700	3,700
( custom:BrandNames [Extension] )	3700000	3700000
Goodwill & indefinite lived intangible assets	14,068	14,068
( us-gaap:GoodwillImpairedAdjustmentToInitialEstimateAmount )	14068000	14068000
The amount of an adjustment to a previously reported goodwill impairment charge, which will be recognized in the subsequent reporting period.		
	(End Disclosure - Intangible Assets (Details))	

		Disclosure - Intangib	le Assets (Detail	ls 1)					
Disclosure - Intangible Assets (Details 1) (USD \$) ( custom:DisclosureIntangibleAssetsDetails1Abstract [Extension] )									
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, Jun. 30 2016 2016	, Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015
( us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis )									
Information by major type or class of finite-lived intangible assets.									
	Recipes [Member]	Customer Lists And Other Customer Related Intangibles [Member]	Customer Relationships [Member]	Trade Names [Member]	Formula [Member]	Recipes [Member]	Customer Lists And Other Customer Related Intangibles [Member]	Customer Relationships [Member]	Trade Names [Member]
( us-gaap:FiniteLivedIntangibleAssetsMajorClassNameDomain )									
The major class of finite-lived intangible asset (for example, patents, trademarks, copyrights, etc.) A major class is composed of intangible assets that can be grouped together because they are similar, either by their nature or by their use in the operations of a company.									
Cost	44	4,529	985	2,248	438 8,244	44	4,529	985	2,248
( us-gaap:FiniteLivedIntangibleAssetsGross )	44000	4529000	985000	2248000	438000 8244000	44000	4529000	985000	224800
Amount before amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.									
Accumulated Amortization					(6,253)	)			
( us-gaap:FiniteLivedIntangibleAssetsAccumulatedAmortization )					6253000				
Accumulated amount of amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.					0203000				
Intangible assets, net					1,991				
( us-gaap:FiniteLivedIntangibleAssetsNet )					1991000				
Amount after amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.									
		Table continued	d from above						
Disclosure - Intangible Assets (Details 1) (USD \$)									
( custom:DisclosureIntangibleAssetsDetails1Abstract [Extension] )									
In Thousands	Dec. 31, 2015	Dec. 31, 2015							
( us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis )			_						
Information by major type or class of finite-lived intangible assets.									

Formula

[Member]	
( us-gaap:FiniteLivedIntangibleAssetsMajorClassNameDomain )	
The major class of finite-lived intangible asset (for example, patents, trademarks, copyrights, etc.) A major class is composed of intangible assets that can be grouped together because they are similar, either by their nature or by their use in the operations of a company.	
Cost 438	8,244
( us-gaap:FiniteLivedIntangibleAssetsGross ) 438000	8244000
Amount before amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.	
Accumulated Amortization	(5,900)
( us-gaap:FiniteLivedIntangibleAssetsAccumulatedAmortization )	-5900000
Accumulated amount of amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.	
Intangible assets, net	2,344
( us-gaap:FiniteLivedIntangibleAssetsNet )	2344000
Amount after amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.	
	(End Disclosure - Intangil

		Disclosure - 1	nvestments (De	tails)						
Disclosure - Investments (Details) (USD \$) ( custom:DisclosureInvestmentsDetailsAbstract [Extension] )										
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015
( us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis )										
Information by major type of debt and equity security.										
	Common stocks & ETF's [Member]	Mutual Funds [Member]	Preferred Securities [Member]	Corporate Bond [Member]		Common stocks & ETF's [Member]	Mutual Funds [Member]	Preferred Securities [Member]	Corporate Bond [Member]	
( us-gaap:MajorTypesOfDebtAndEquitySecuritiesDomain )										
Debt instrument issued by corporations, governments and governmental agencies, municipalities, and other institutions. Equity securities are ownership interests or the right to acquire or dispose of ownership interests in corporations and other legal entities for which ownership interest is represented by shares of common or preferred stock.										
Cost	654	18	97	991	1,760	690	27	98	1,518	2,333
( us-gaap:AvailableForSaleSecuritiesAmortizedCost )	654000	18000	97000	991000	1760000	690000	27000	98000	1518000	2333000
This item represents the cost of debt and equity securities, which are categorized neither as held-to- maturity nor trading, net of adjustments including accretion, amortization, collection of cash, previous other-than-temporary impairments recognized in earnings (less any cumulative-effect adjustments recognized, as defined), and fair value hedge accounting adjustments, if any.										
Unrealized Gains	59	1	9	39	108	17	_	6	43	66
( custom:AvailableForSaleSecuritieGrossUnrealizedGains [Extension] ) Available For Sale Securitie Gross Unrealized Gains.	59000	1000	9000	39000	108000	17000		6000	43000	66000
Unrealized Losses	66	_	_	(39)	(105)	(94)	(1)	_	(88)	(183)
( custom:AvailableForSaleSecuritieGrossUnrealizedLoss [Extension] ) Available For Sale Securitie Gross Unrealized Loss.	-66000			39000	105000	94000	1000		88000	183000
Fair Value	647	19	106	991	1.763	613	26	104	1.473	2,216
( us-gaap:AvailableForSaleSecurities )	647000	19000	106000	991000	1763000	613000	26000	104000	1473000	2216000
Amount of investment in debt and equity securities categorized neither as held-to-maturity nor trading.										
		(End Disclosur	e - Investments (Detai	(2))						

	I	Disclosure - I	nvestments (Deta	ails 1)						
Disclosure - Investments (Details 1) (USD \$) ( custom:DisclosureInvestmentsDetails1Abstract [Extension] )										
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015
( us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis )										
Information by major type of debt and equity security.										
	Common stocks & ETF's [Member]	Mutual Funds [Member]	Preferred Securities [Member]	Corporate Bond [Member]		Common stocks & ETF's [Member]	Mutual Funds [Member]	Preferred Securities [Member]	Corporate Bond [Member]	
( us-gaap:MajorTypesOfDebtAndEquitySecuritiesDomain )										
Debt instrument issued by corporations, governments and governmental agencies, municipalities, and other institutions. Equity securities are ownership interests or the right to acquire or dispose of ownership interests in corporations and other legal entities for which ownership interest is represented by shares of common or preferred stock.										
Less Than 12 Months, Fair Value	51	_	_	249	300	225	26	_	370	621
(us-gaap:AvailableForSaleSecuritiesContinuousUnrealizedLossPositionLessThanTwelveMonthsFairValue	51000			249000	300000	225000	26000		370000	621000
This item represents the aggregate fair value of investments in debt and equity securities categorized neither as held-to-maturity nor trading securities that have been in a continuous unrealized loss position for less than twelve months.										
Less Than 12 Months, Unrealized Losses	(6)	_	_	(1)	(7)	(72)	(1)	_	(32)	(105)
$(\\custom: Available For Sale Securitie Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the property of the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss Position Less Than 12 Months Aggregate Loss escape and the Continuous Unrealized Loss escape and the$	-6000			-1000	-7000	-72000	-1000		-32000	-105000

[Extension] )										
Available For Sale Securitie Continuous Unrealized Loss Position Less Than 12 Months Aggregate Losses.										
12 Months or Greater, Fair Value	274	_	_	380	654	152	_	_	479	631
( us-gaap:AvailableForSaleSecuritiesContinuousUnrealizedLossPositionTwelveMonthsOrLongerFairValue )	274000			380000	654000	152000			479000	631000
This item represents the aggregate fair value of investments in debt and equity securities categorized neither as held-to-maturity nor trading securities that have been in a continuous unrealized loss position for twelve months or longer.										
12 Months or Greater, Unrealized Losses	(60)	_	_	(38)	(98)	(22)	_	_	(56)	(78)
( custom:AvailableForSaleSecuritieContinuousUnrealizedLossPosition12MonthsOrLongerAggregateLosses [Extension] )	-60000			-38000	-98000	-22000			-56000	-78000
Available For Sale Securitie Continuous Unrealized Loss Position 12 Months Or Longer Aggregate Losses.										
Total, Fair Value	325	_	_	629	954	377	26	_	849	1,252
( us-gaap:AvailableForSaleSecuritiesContinuousUnrealizedLossPositionFairValue )	325000			629000	954000	377000	26000		849000	1252000
This item represents the aggregate fair value of investments in debt and equity securities in an unrealized loss position which are categorized neither as held-to-maturity nor trading securities.										
Total, Unrealized Losses	(66)	_	_	(39)	(105)	(94)	(1)	_	(88)	(183)
( custom:AvailableForSaleSecuritieContinuousUnrealizedLossPositionAggregateLosses [Extension] ) Available For Sale Securitie Continuous Unrealized Loss Position Aggregate Losses.	-66000			-39000	-105000	-94000	-1000		-88000	-183000
		End Disclosure - Invest	ments (Details 1))							

	Disclosure - Investments (	Details Narrative)		
Disclosure - Investments (Details Narrative) (USD \$) ( custom:DisclosureInvestmentsDetailsNarrativeAbstract [Extension] )	3 Months End	ed	6 Months Ended	3
In Thousands	Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 2016	Jun. 30, 2015
Gross realized gains	63	44	65	50
(us-gaap:AvailableForSaleSecuritiesGrossRealizedGains)  This item represents the gross profit realized on the sale of debt or equity securities categorized neither as held-to-maturity nor trading securities.	63000	44000	65000	50000
Gross realized losses (us-gaap:AvailableForSaleSecuritiesGrossRealizedLosses) This item represents the gross loss realized on the sale of debt or equity securities categorized neither as held-to-maturity nor trading securities.	78 78000	61 61000	92 92000	72 <b>7200</b> 0
Impairment losses ( us-gaap:ImpairmentOfInvestments )	_		_	180 180000
The amount by which the fair value of an investment is less than the amortized cost basis or carrying amount of that investment at the balance sheet date and the decline in fair value is deemed to be other than temporary, before considering whether or not such amount is recognized in earnings or other comprehensive income.				
	(End Disclosure - Investments	(Details Narrative))		

	Disclosure - Inventories (Details)	
Disclosure - Inventories (Details) (USD \$) ( custom:DisclosureInventoriesDetailsAbstract [Extension] )		
In Thousands	Jun. 30, 2016	Dec. 31, 2015
Finished goods	3,204	2,946
( us-gaap:InventoryFinishedGoods )  Amount before valuation and LIFO reserves of completed merchandise or goods expected to be sold within one year or operating cycle, if longer.	3204000	2946000
Production supplies (us-gaap:InventorySuppliesNetOfReserves)	3,007 3007000	2,636 2636000
Carrying amount, net of valuation reserves and adjustments, as of the balance sheet date of products used directly or indirectly in the manufacturing or production process, which may or may not become part of the final product. May also include items used in the storage, presentation or transportation of physical goods.		
Raw materials ( us-gaap:InventoryRawMaterials ) Amount before valuation and LIFO reserves of raw materials expected to be sold, or consumed within one year or operating cycle, if longer.	3,101 3101000	2,082 2082000
Total inventories (us-gaap:InventoryNet) Amount after valuation and LIFO reserves of inventory expected to be sold, or consumed within one	9,312 9312000	7,664 7664000

year or operating cycle, if longer.

(End Disclosure - Inventories (Details))

		Disclosure - Proj	perty And Equipm	ent (Det	ails)					
Disclosure - Property And Equipment (Details) (USD \$) ( custom:DisclosurePropertyAndEquipmentDetailsAbstract [Extension] )										
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015
( us-gaap:PropertyPlantAndEquipmentByTypeAxis ) Information by type of long-lived, physical assets used to produce goods and services and not intended for resale.										
	Land [Member]	Buildings And improvements [Member]	Machinery And Equipment [Member]	Vehicles [Member]	Office Equipment [Member]	Construction In Progress [Member]		Land [Member]	Buildings And improvements [Member]	Machinery And Equipment [Member]
( us-gaap:PropertyPlantAndEquipmentTypeDomain )										
Listing of long-lived, physical assets that are used in the normal conduct of business to produce goods and services and not intended for resale. Examples include land, buildings, machinery and equipment, and other types of furniture and equipment including, but not limited to, office equipment, furniture and fixtures, and computer equipment and software.										
Property and equipment, gross	1,807	16,581	22,496	1,203	716	902	2 43,705	1,807	16,387	22,907
( us-gaap:PropertyPlantAndEquipmentGross )  Amount before accumulated depreciation, depletion and amortization of physical assets used in the normal conduct of business and not intended for resale. Examples include, but are not limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.	1807000	16581000	22496000	1203000	716000	902000	43705000	1807000	16387000	22907000
Accumulated depreciation ( us-gaap:AccumulatedDepreciationDepletionAndAmortizationPropertyPlantAndEquipment ) Amount of accumulated depreciation, depletion and amortization for physical assets used in the							(22,404) <b>22404000</b>	)		
normal conduct of business to produce goods and services.  Total property and equipment							21,301			
( us-gaap:PropertyPlantAndEquipmentNet )							21301000			
Amount after accumulated depreciation, depletion and amortization of physical assets used in the normal conduct of business to produce goods and services and not intended for resale. Examples include, but are not limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.										
		Table	continued from above	re						
Disclosure - Property And Equipment (Details) (USD \$) ( custom:DisclosurePropertyAndEquipmentDetailsAbstract [Extension] )										
In Thousands	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015						
( us-gaap:PropertyPlantAndEquipmentByTypeAxis ) Information by type of long-lived, physical assets used to produce goods and services and not intended for resale.					<u>.</u>					
	Vehicles [Member]	Office Equipment [Member]	Construction In Progress [Member]							
( us-gaap:PropertyPlantAndEquipmentTypeDomain ) Listing of long-lived, physical assets that are used in the normal conduct of business to produce goods and services and not intended for resale. Examples include land, buildings, machinery and equipment, and other types of furniture and equipment including, but not limited to, office equipment, furniture and fixtures, and computer equipment and software.										
Property and equipment, gross	1,298	709	311	43,419						
( us-gaap:PropertyPlantAndEquipmentGross )  Amount before accumulated depreciation, depletion and amortization of physical assets used in the normal conduct of business and not intended for resale. Examples include, but are not limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.	1298000	709000	311000	43419000						
Accumulated depreciation (us-gaap:AccumulatedDepreciationDepletionAndAmortizationPropertyPlantAndEquipment)				(22,044) 22044000						
(us-gasp-accumulated depreciation) epietion and mortization for physical assets used in the Amount of accumulated depreciation, depletion and amortization for physical assets used in the normal conduct of business to produce goods and services.				22044000						
Total property and equipment (us-gaap:PropertyPlantAndEquipmentNet )				21,375 21375000						
(us-gasp-rroper-pre-interiore-quipmentnet)  Amount after accumulated depreciation, depletion and amortization of physical assets used in the normal conduct of business to produce goods and services and not intended for resale. Examples include, but are not limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.				21070000						
		(End Disclosure	- Property And Equipmen	(Details))						

	Disclosure - Accrued Expenses (Details)	
Disclosure - Accrued Expenses (Details) (USD \$) ( custom:DisclosureAccruedExpensesDetailsAbstract [Extension] )		
In Thousands	Jun. 30. 2016	Dec. 31, 2015

Accrued payroll and payroll taxes	1,724	859
( us-gaap:EmployeeRelatedLiabilitiesCurrent )	1724000	859000
Total of the carrying values as of the balance sheet date of obligations incurred through that date and		
payable for obligations related to services received from employees, such as accrued salaries and bonuses, payroll taxes and fringe benefits. Used to reflect the current portion of the liabilities (due		
within one year or within the normal operating cycle if longer).		
Accrued property tax	340	377
( us-gaap:AccrualForTaxesOtherThanIncomeTaxesCurrent )	340000	377000
Carrying value as of the balance sheet date of obligations incurred and payable for real and property		
taxes. Used to reflect the current portion of the liabilities (due within one year or within the normal		
operating cycle if longer).		
Other	238	302
( us-gaap:OtherAccruedLiabilitiesCurrent )	238000	302000
Amount of expenses incurred but not yet paid classified as other, due within one year or the normal		
operating cycle, if longer.		
Total accrued expenses	2,302	1,538
( us-gaap:AccruedLiabilitiesCurrent )	2302000	1538000
Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs		
that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for		
which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the		
normal operating cycle if longer).		
(End Di	isclosure - Accrued Expenses (Details))	
	-	

	Disclosure - No	tes Payable (Details)				
Disclosure - Notes Payable (Details) (USD \$) ( custom:DisclosureNotesPayableDetailsAbstract [Extension] )						
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015
( us-gaap:LongtermDebtTypeAxis )						
Information by type of long-term debt.						
	Variable rate bank notes due May 31, Va 2018 [Member]	ariable rate bank notes due May 31, 2019 [Member]	V	/ariable rate bank notes due May 31, 2018 [Member]	Variable rate bank notes due May 31, 2019 [Member]	
( us-gaap:LongtermDebtTypeDomain )	• •					
Type of long-term debt arrangement, such as notes, line of credit, commercial paper, asset-based financing, project financing, letter of credit financing. These are debt arrangements that originally required repayment more than twelve months after issuance or greater than the normal operating cycle of the company, if longer.						
Total notes payable	3,592	3,947	7,539	3,846	4,113	7,959
( us-gaap:LongTermDebt )	3592000	3947000	7539000	3846000	4113000	7959000
Amount, after unamortized (discount) premium and debt issuance costs, of long-term debt. Includes, but not limited to, notes payable, bonds payable, debentures, mortgage loans and commercial paper. Excludes capital lease obligations.						
Less current maturities			840			840
( us-gaap:LongTermDebtCurrent )			840000			840000
Amount, after unamortized (discount) premium and debt issuance costs, of long-term debt, classified as current. Includes, but not limited to, notes payable, bonds payable, debentures, mortgage loans and commercial paper. Excludes capital lease obligations.						
Total long-term portion			6,699			7,119
( us-gaap:LongTermDebtNoncurrent )			6699000			7119000
Amount after unamortized (discount) premium and debt issuance costs of long-term debt classified as noncurrent and excluding amounts to be repaid within one year or the normal operating cycle, if longer. Includes, but not limited to, notes payable, bonds payable, debentures, mortgage loans and commercial paper. Excludes capital lease obligations.						
	(End Disclosure -	Notes Payable (Details))				
	(Dia Discissare					

Disclo	Disclosure - Notes Payable (Details Narrative)							
Disclosure - Notes Payable (Details Narrative) (USD \$) ( custom:DisclosureNotesPayableDetailsNarrativeAbstract [Extension] )	6 Months Ended							
	Jun. 30, 2016							
	0.035							
Borrowings interest rate ( us-gaap:SubordinatedBorrowingInterestRate )	0.025 0.025							
Stated interest rate of the subordinated debt.								

Disclo	Disclosure - Commitments And Contingencies (Details Narrative)								
Disclosure - Commitments And Contingencies (Details Narrative) (USD \$) ( custom:DisclosureCommitmentsAndContingenciesDetailsNarrativeAbstract [Extension] )	6 Months Ended								
In Thousands	Jun. 30, 2016	Jun. 30, 2015							
Total expenses on leases	65		60						
( us-gaap:LeaseAndRentalExpense )  Amount of rent expense incurred for leased assets, including but not limited to, furniture and equipment, that is not directly or indirectly associated with the manufacture, sale or creation of a product or product line.	65000		60000						
	(End Disclosure - Commitments And Contingencies (Details Narrative))								

	Disclosure - Income Taxes	(Details Narrative)		
Disclosure - Income Taxes (Details Narrative) (USD \$) ( custom:DisclosureIncomeTaxesDetailsNarrativeAbstract [Extension] )	3 Months End	ed	6 Months Ended	
In Thousands, except Share Data	Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 2016	Jun. 30, 2015
Effective tax rate	0.272	0.547	0.313	0.506
( us-gaap:EffectiveIncomeTaxRateContinuingOperations )	0.272	0.547	0.313	0.506
Percentage of current income tax expense (benefit) and deferred income tax expense (benefit) pertaining to continuing operations.	0,2,2	0.0.1	3.0.0	0.000
Income tax benefit	273		273	
( custom:IncomeTaxBenefit [Extension] )	273000		273000	
Percentage of reduced tax positions	0.092		0.60	
( custom:PercentageOfReducedTaxPositions [Extension] )	0.092		0.60	
Percentage of increased federal income tax purposes		0.127		0.086
( custom:PercentageOfIncreasedFederalIncomeTaxPurposes [Extension] )		0.127		0.086
	(End Disclosure - Income Taxes	(Date ils Magnetics))		

	Disclosur	re - Fair Value Mo	easurements (De	tails)				
Disclosure - Fair Value Measurements (Details) (USD \$) ( custom:DisclosureFairValueMeasurementsDetailsAbstract [Extension] )								
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015	Dec. 31, 2015
( us-gaap:FairValueByFairValueHierarchyLevelAxis )								
Information by level within the fair value hierarchy.								
	Level 1 [Member]	Level2 [Member]	Level3 [Member]		Level 1 [Member]	Level2 [Member]	Level3 [Member]	
( us-gaap:FairValueMeasurementsFairValueHierarchyDomain )								
Categories used to prioritize the inputs to valuation techniques to measure fair value.								
Mutual Funds	19	_	_	10	26	_	_	26
( us-gaap:InvestmentsFairValueDisclosure )	19000			19000	26000			26000
Fair value portion of investment securities, including, but not limited to, marketable securities, derivative financial instruments, and investments accounted for under the equity method.								
Common Stocks & ETF's	647	_	_	647	613	_	_	613
( custom:StocksFairValuesDisclosure [Extension] )	647000			647000	613000			613000
Stocks.								
Preferred Securities	_	106	_	100	_	104	_	104
( custom:PreferredSecuritiesFairValueDisclosures [Extension] ) Preferred securities.		106000		106000		104000		104000
Corporate Bonds	_	808	183	991	_	1,149	324	1,473
( custom:CorporateBondsFairValueDisclosure [Extension] )		808000	183000	991000		1149000	324000	1473000
Corporate bonds.								
	(End	Disclosure - Fair Value N	Measurements (Details))					

## Disclosure - Stock-based and Other Compensation (Details)

Disclosure - Stock-based and Other Compensation (Details) (USD \$) ( custom:DisclosureStockbasedCompensationDetailsAbstract [Extension] )	6 Months Ended
_	Jun. 30, 2016
Number of Options	
( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingRollForward )  A roll forward is a reconciliation of a concept from the beginning of a period to the end of a period.  Outstanding, Beginning	
Outstanding, Degrinning (us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingNumber )  Number of options outstanding, including both vested and non-vested options.	
Granted ( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsGrantsInPeriod ) Net number of share options (or share units) granted during the period.	26 26
Exercised ( us-gaap:StocklssuedDuringPeriodSharesStockOptionsExercised ) Number of share options (or share units) exercised during the current period. Terminated	
(us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsForfeituresAndExpirationsInPeriod)  For presentations that combine terminations, the number of shares under options that were cancelled during the reporting period as a result of occurrence of a terminating event specified in contractual agreements pertaining to the stock option plan or that expired.	
Outstanding, Ending ( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingNumber ) Number of options outstanding, including both vested and non-vested options.	26 26
Exercisable, Ending ( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsExercisableNumber ) The number of shares into which fully or partially vested stock options outstanding as of the balance sheet date can be currently converted under the option plan.	
Weighted Average Exercise Price (us- gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsForfeituresAndExpirationsInPeriodWeightedAverageExercisePriceAbstract )  Outstanding, Beginning (us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingWeightedAverageExercisePrice)	
Weighted average price at which grantees can acquire the shares reserved for issuance under the stock option plan.  Granted  (us-gaap:ShareBasedCompensationArrangementsByShareBasedPaymentAwardOptionsGrantsInPeriodWeightedAverageExercisePrice)	11,10 11,10
Weighted average per share amount at which grantees can acquire shares of common stock by exercise of options.  Exercised  ( us-gaap:ShareBasedCompensationArrangementsByShareBasedPaymentAwardOptionsExercisesInPeriodWeightedAverageExercisePrice )	
Weighted average price at which option holders acquired shares when converting their stock options into shares.  Terminated  ( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsForfeituresAndExpirationsInPeriodWeightedAverageExercisePrice	_
) Weighted average price of options that were either forfeited or expired. Outstanding, Ending ( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingWeightedAverageExercisePrice )	11.10 11.10
Weighted average price at which grantees can acquire the shares reserved for issuance under the stock option plan.  Exercisable, Ending	——————————————————————————————————————
( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsExercisableWeightedAverageExercisePrice ) The weighted-average price as of the balance sheet date at which grantees can acquire the shares reserved for issuance on vested portions of options outstanding and currently exercisable under the stock option plan.	
Weighted average remaining contractual life	
( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsAdditionalDisclosuresAbstract )	
( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsAdditionalDisclosuresAbstract )	99Y9М

( custom:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsAdditionalDisclosuresOneAbstract [	Extension] )
Outstanding, Beginning	<del>-</del> -
( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingIntrinsicValue )	
Amount by which the current fair value of the underlying stock exceeds the exercise price of options outstanding.	
Outstanding, Ending	
( us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingIntrinsicValue )	
Amount by which the current fair value of the underlying stock exceeds the exercise price of options outstanding.	
	(End Disclosure - Stock-based and Other Compensation (Details))

Disclosure - Stock-based and Other Compensation (Details 1)				
Disclosure - Stock-based and Other Compensation (Details 1) (USD \$) ( custom:DisclosureStockbasedCompensationDetails1Abstract [Extension] )	6 Months Ended			
	Jun. 30, 2016			
Risk free interest rate	0.0185			
(us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardFairValueAssumptionsRiskFreeInterestRate)	0.0185			
The risk-free interest rate assumption that is used in valuing an option on its own shares.				
Expected dividend yield	0.0028 0.0028			
(us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardFairValueAssumptionsExpectedDividendRate				
The estimated dividend rate (a percentage of the share price) to be paid (expected dividends) to holders of the				
underlying shares over the option's term.  Expected volatility	0.3887			
(us-	0.3887			
gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardFairValueAssumptionsExpectedVolatilityRate				
The estimated measure of the percentage by which a share price is expected to fluctuate during a period. Volatility				
also may be defined as a probability-weighted measure of the dispersion of returns about the mean. The volatility				
of a share price is the standard deviation of the continuously compounded rates of return on the share over a specified period. That is the same as the standard deviation of the differences in the natural logarithms of the stock				
prices plus dividends, if any, over the period.				
Expected term ( us-gaap:SharebasedCompensationArrangementBySharebasedPaymentAwardFairValueAssumptionsExpectedTerm1 )	P5Y7M24D			
Expected term of share-based compensation awards, in 'PnYnMnDTnHnMnS' format, for example, 'P1Y5M13D'				
represents the reported fact of one year, five months, and thirteen days.				
	(End Disclosure - Stock-based and Other Compensation (Details 1))			

		ensation (Details Narrative)		
cclosure - Stock-based and Other Compensation (Details Narrative) (USD \$) ustom:DisclosureStockbasedCompensationDetailsNarrativeAbstract [Extension] )	6 Months Ended		3 Months Ended	
Thousands	Jun. 30, 2016 Jun. 30, 2015		Jun. 30, 2016	Jun. 30, 2015
ck based compensation	42	-	21	
s-gaap:ShareBasedCompensation )	42000		21000	
le aggregate amount of noncash, equity-based employee remuneration. This may include the value of stock or it options, amontization of restricted stock or units, and adjustment for officers' compensation. As noncash, this ement is an add back when calculating net cash generated by operating activities using the indirect method.				
s benefit related to stock based compensation -gaap:ExcessTaxBenefitFromShareBasedCompensationOperatingActivities )	16 16000		8 8000	
mount of cash outflow for realized tax benefit related to deductible compensation cost reported on the entity's x return for equity instruments in excess of the compensation cost for those instruments recognized for an				
mpensation related to non-vested stock options	69 69000			
1-gaap:AdjustmentsToAdditionalPaidInCapitalSharebasedCompensationAndExerciseOfStockOptions) ananges in additional paid in capital related to exercise of share-based payments awards (such as stock tions) and the amount of recognized equity-based compensation during the period (such as nonvested ares).	69000			
ighted-average remaining service P1Y1	1M6D			
;- p:ServicingAssetsAndServicingLiabilitiesAtFairValueAssumptionsUsedToEstimateFairValueWeightedAverageLife1				

1				
'P1Y5M13D' represents the reported fact of one year, five months, and thirteen days.				
Cash bonuses	1,040			
( custom:CashBonuses [Extension] )	1040000			
Contribution expense	129	123	47	62
( us-gaap:PensionExpense )	129000	123000	47000	62000
The amount of pension benefit costs recognized during the period for (1) defined benefit plans and (2) defined contribution plans. For defined benefit plans, pension expense includes the following components: service cost, interest cost, expected return on plan assets, gain (loss) on plan assets, prior service cost or credit, transition asset or obligation, and gain (loss) due to settlements or curtailments. For defined contribution plans, the pension expense generally equals the firm's contribution to employees' accounts (if the firm contributes) during the period.				
Equity-based awards	200			
( custom:EquitybasedAwards [Extension] )	200000			
	(End Disclosure - Stock-based and Other Compensation	ion (Details Narrative))		

	Disclosure - Segn	nents, Products	s and Customer	rs (Details)					
Disclosure - Segments, Products and Customers (Details) (USD \$) ( custom:DisclosureSegmentsProductsAndCustomersDetailsAbstract [Extension] )	6 Months Ended								
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016 Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2015
( us-gaap:ProductOrServiceAxis ) Information by products and services or groups of similar products and services.	Drinkable Kefir Other Than ProBugs [Member]	ProBugs[Member]	Lifeway Farmer Cheese [Member]	Frozen Kefir [Member]	Drinkable Kefir Other Than ProBugs [Member]	ProBugs[Member]	Lifeway Farmer Cheese [Member]	Frozen Kefir [Member]	
( us-gaap:ProductsAndServicesDomain )							[Member]	[ivieilibei]	
Product or service, or a group of similar products or similar services.  Net sales ( us-gaap:SalesRevenueGoodsGross ) Aggregate revenue during the period from sale of goods in the normal course of business, before deducting returns, allowances and discounts.	54,602 54602000	3,357 3357000	5,099 5099000		50,821 50821000	4,297 4297000	3,464 <b>346</b> 4000		59,443 59443000
	Т	able continued f	rom above						
Disclosure - Segments, Products and Customers (Details) (USD \$) ( custom:DisclosureSegmentsProductsAndCustomersDetailsAbstract [Extension] )				3 Months Er	nded				
In Thousands	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016	Jun. 30, 2016 Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2015
( us-gaap:ProductOrServiceAxis ) Information by products and services or groups of similar products and services.				2010				2013	2013
	Drinkable Kefir Other Than ProBugs [Member]	ProBugs[Member]	Lifeway Farmer Cheese [Member]	Frozen Kefir [Member]	Drinkable Kefir Other Than ProBugs [Member]	ProBugs[Member]	Lifeway Farmer Cheese [Member]	Frozen Kefir [Member]	
( us-gaap:ProductsAndServicesDomain )							[Member]	[ivieilibei]	
Product or service, or a group of similar products or similar services.									
Net sales (us-gaap:SalesRevenueGoodsGross) Aggregate revenue during the period from sale of goods in the normal course of business, before deducting returns, allowances and discounts.	26,535 26535000	1,716 1716000	2,462 <b>2462000</b>		25,234 25234000	2,291 2291000	1,742 1 <b>742000</b>		1 29,821 29821000
	(End Disclosur	e - Segments, Produc	ets and Customers (De	etails))					

Disclosure - Segments, Products and Customers (Details Narrative)						
Disclosure - Segments, Products and Customers (Details Narrative) (USD \$) ( custom:DisclosureSegmentsProductsAndCustomersDetailsNarrativeAbstract [Extension] )	6 Months	Ended	3 Months Ended			
	Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 2015	Jun. 30, 2016		
Gross sales percentage	0.27	0.29	0.31	0.27		
( custom:GrossSalesPercentage [Extension] )	0.27	0.29	0.31	0.27		
	(End Disclosure - Segments, Product	s and Customers (Details Narrative))				

Disclosure - Related Party Transactions (Details Narrative) (USD \$) ( custom:DisclosureRelatedPartyTransactionsDetailsNarrativeAbstract [Extension] )		6 Months Ended	3 Months Ended		
In Thousands	Jun. 30, 2016	Jun. 30, 2015	Jun. 30, 201	6	Jun. 30, 2015
Fees paid		539	387	213	246
(us-gaap:PaymentForManagementFee)  Amount paid to managing member or general partner for management of the day-to-day busines functions of the limited liability company (LLC) or limited partnership (LP).	S	539000	387000	213000	246000
Royalties		300		150	0
( custom:Royalties [Extension] )		300000		150000	0
	(End Disclosure	- Related Party Transactions (Details Narrative))			
ID.	Davie d	Contexts		Dimensions	
ID From2016-01-01to2016-06-30	<b>Period</b> 2016-01-01 - 2016-06-30	CIK 0000814586		Dimensions	
AsOf2016-08-08	2016-08-08	0000814586			
AsOf2016-03-31	2016-03-31	0000814586			
AsOf2015-12-31	2015-12-31	0000814586			
AsOf2016-06-30_custom_MutualFundsMember	2016-06-30	0000814586	us-gaap:MajorTypesOfDebtAndEquity		
AsOf2016-06-30_custom_PreferredSecuritiesMember AsOf2016-06-30_us-gaap_CorporateBondSecuritiesMember	2016-06-30 2016-06-30	0000814586 0000814586	us-gaap:MajorTypesOfDebtAndEquity us-gaap:MajorTypesOfDebtAndEquity		narataBandSaguritiasMambar
AsOf2016-06-30_us-gaap_corporateBondsecuritiesMember	2016-06-30	0000814586	us-gaap:MajorTypesOfDebtAndEquity		
As_Of_12_31_2012	2012-12-31	0000814586	us gaapwajor rypesorbebu mazquity	occurrics/Mis. as gaap.Eq	arty occurring swellinger
Duration_1_1_2013_To_12_31_2013	2013-01-01 - 2013-12-31	0000814586			
AsOf2016-06-	2016-06-30	0000814586	us-gaap:FiniteLivedIntangibleAssetsB	yMajorClassAxis:	
30_custom_CustomerListsAndOtherCustomerRelatedIntangiblesMember	001/ 0/ 00	000004.4507	F: ::		
AsOf2016-06-30_custom_FormulaMember As_Of_12_31_2013_us-	2016-06-30 2013-12-31	0000814586 0000814586	us-gaap:FiniteLivedIntangibleAssetsE us-gaap:FiniteLivedIntangibleAssetsE		
gaap_FiniteLivedIntangibleAssetsByMajorClassAxis_lway_LeaseAcquisitionsMember	2013-12-31	0000814380	us-gaap.i iiiiteLiveuiiitaiigibieAssetsE	yiviajui Ciassaxis.	
AsOf2016-06-30_custom_RecipesMember	2016-06-30	0000814586	us-gaap:FiniteLivedIntangibleAssetsB	yMajorClassAxis:	
AsOf2016-06-30_us-gaap_CustomerRelationshipsMember	2016-06-30	0000814586	us-gaap:FiniteLivedIntangibleAssetsB	yMajorClassAxis: us-gaap:0	CustomerRelationshipsMember
AsOf2016-06-30_us-gaap_TradeNamesMember	2016-06-30	0000814586	us-gaap:FiniteLivedIntangibleAssetsB		
As_0f_12_31_2013_us-gaap_FairValueByFairValueHierarchyLevelAxis_us- gaap_FairValueInputsLevel1Member_us-gaap_FairValueByLiabilityClassAxis_us- gaap_NotesPayableOtherPayablesMember	2013-12-31	0000814586	us-gaap:FairValueByFairValueHierarc	hyLevelAxis: us-gaap:FairVa	alue Inputs Level 1 Member
As_0f_12_31_2013_us-gaap_FairValueByFairValueHierarchyLevelAxis_us- gaap_FairValueInputsLevel2Member_us-gaap_FairValueByLiabilityClassAxis_us- gaap_NotesPayableOtherPayablesMember	2013-12-31	0000814586	us-gaap:FairValueByFairValueHierarc	hyLevelAxis: us-gaap:FairVa	alue Inputs Level 2 Member
As_Of_12_31_2013_us-gaap_FairValueByFairValueHierarchyLevelAxis_us- gaap_FairValueInputsLevel3Member_us-gaap_FairValueByLiabilityClassAxis_us- gaap_NotesPayableOtherPayablesMember	2013-12-31	0000814586	us-gaap:FairValueByFairValueHierarc	hyLevelAxis: us-gaap:FairVa	alue InputsLevel 3 Member
AsOf2014-12-31_custom_NotePayableToFletcherJonesOfChicagoLtdLlcMember	2014-12-31	0000814586	us-gaap:LongtermDebtTypeAxis:		
AsOf2016-06-30_custom_NotePayableToPrivateBankliMember	2016-06-30	0000814586	us-gaap:LongtermDebtTypeAxis:		
AsOf2014-12-31_custom_NotesPayableToFordCreditCorpMember	2014-12-31	0000814586	us-gaap:LongtermDebtTypeAxis:	N-+D	Manakan
AsOf2016-06-30_us-gaap_NotesPayableToBanksMember AsOf2016-06-30_us-gaap_BuildingAndBuildingImprovementsMember	2016-06-30 2016-06-30	0000814586 0000814586	us-gaap:LongtermDebtTypeAxis: us- us-gaap:PropertyPlantAndEquipment gaap:BuildingAndBuildingImproveme	ByTypeAxis: us-	wember
AsOf2016-06-30_us-gaap_ConstructionInProgressMember	2016-06-30	0000814586	us-gaap:PropertyPlantAndEquipment	5 51	9
AsOf2016-06-30_us-gaap_LandMember	2016-06-30	0000814586	us-gaap:PropertyPlantAndEquipment		
AsOf2016-06-30_us-gaap_MachineryAndEquipmentMember	2016-06-30	0000814586	us-gaap:PropertyPlantAndEquipment		
AsOf2016-06-30_us-gaap_OfficeEquipmentMember AsOf2016-06-30_us-gaap_VehiclesMember	2016-06-30 2016-06-30	0000814586 0000814586	us-gaap:PropertyPlantAndEquipment us-gaap:PropertyPlantAndEquipment		
ASOf2013-03-30_us-gaap_verificeswerifiber AsOf2013-07-02_custom_GoldenGuernseyMember	2013-07-02	0000814586	us-gaap:PropertyPlantAndEquipment		CONTOTIBULE
From2015-04-01to2015-06-30	2015-04-01 - 2015-06-30	0000814586	g oporty. taribundequipment	, Jr	
AsOf2015-06-30	2015-06-30	0000814586			
AsOf2015-12-08	2015-12-08	0000814586			
AsOf2011-12-31	2011-12-31	0000814586	December 15 15 15 15	Du Tura - Auda	
From2015-01-01to2015-12-31_us- gaap_BuildingAndBuildingImprovementsMember_us-gaap_MinimumMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipment gaap:BuildingAndBuildingImproveme us-gaap:RangeAxis: us-gaap:Minimu	ntsMember mMember	
From2015-01-01to2015-12-31_us- gaap_BuildingAndBuildingImprovementsMember_us-gaap_MaximumMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipment gaap:BuildingAndBuildingImproveme us-gaap:RangeAxis: us-gaap:Maximu	ntsMember	
From2015-01-01to2015-12-31_us-gaap_MachineryAndEquipmentMember_us-gaap_MinimumMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipment us-gaap:RangeAxis: us-gaap:Minimu	ByTypeAxis: us-gaap:Machi mMember	
From2015-01-01to2015-12-31_us-gaap_MachineryAndEquipmentMember_us-gaap_MaximumMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipment us-gaap:RangeAxis: us-gaap:Maximu	ımMember	, , ,
From2015-01-01to2015-12-31_us-gaap_OfficeEquipmentMember_us-gaap_MinimumMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipment us-gaap:RangeAxis: us-gaap:Minimu		Equipmentiviember
From2015-01-01to2015-12-31_us-gaap_OfficeEquipmentMember_us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipment	ByTypeAxis: us-gaap:Office	EquipmentMember

root				
	gaap_MaximumMember			us-gaap:RangeAxis: us-gaap:MaximumMember
	From2015-01-01to2015-12-31 us-gaap VehiclesMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipmentByTypeAxis: us-gaap:VehiclesMember
	- 0 1-			us-gaap: Fright tyriant And Equipment by Type Axis: us-gaap: Venicles wern ber
	From2015-01-01to2015-12-31_custom_RecipesMember	2015-01-01 - 2015-12-31	0000814586	3.4
	From2014-01-01to2014-12-31_us-gaap_LeaseAgreementsMember	2014-01-01 - 2014-12-31	0000814586	$us-gaap: Finite Lived Intangible Assets By Major Class Axis: \ us-gaap: Lease Agreements Member$
	From2015-01-01to2015-12-31_us-gaap_TradeNamesMember_us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:TradeNamesMember
	gaap_MinimumMember			us-gaap:RangeAxis: us-gaap:MinimumMember
	From2015-01-01to2015-12-31 us-gaap TradeNamesMember us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:TradeNamesMember
	gaap_MaximumMember			us-gaap:RangeAxis: us-gaap:MaximumMémber
	From2015-01-01to2015-12-31 custom FormulaMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis:
	From 2015-01-01 to 2015-12-31_us-gaap_Customer Relationships Member_us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:CustomerRelationshipsMember
	gaap_MinimumMember	2013-01-01 - 2013-12-31	0000814300	us-gaap:RangeAxis: us-gaap:MinimumMember
	9 .	0045 04 04 0045 40 04	000004.4507	
	From2015-01-01to2015-12-31_us-gaap_CustomerRelationshipsMember_us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:CustomerRelationshipsMember
	gaap_MaximumMember			us-gaap:RangeAxis: us-gaap:MaximumMember
	AsOf2015-12-31_custom_RecipesMember	2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis:
	AsOf2015-12-	2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis:
	31_custom_CustomerListsAndOtherCustomerRelatedIntangiblesMember			
	AsOf2015-12-31 us-gaap CustomerRelationshipsMember	2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:CustomerRelationshipsMember
	AsOf2015-12-31_us-gaap_TradeNamesMember	2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:TradeNamesMember
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	AsOf2015-12-31_us-gaap_EquitySecuritiesMember	2015-12-31	0000814586	us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis: us-gaap:EquitySecuritiesMember
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	AsOf2015-12-31_custom_PreferredSecuritiesMember	2015-12-31	0000814586	us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis:
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	AsOf2015-12-31_us-gaap_LandMember	2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipmentByTypeAxis: us-gaap:LandMember
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				gaap:BuildingAndBuildingImprovementsMember
	AsOf2015-12-31_us-gaap_MachineryAndEquipmentMember	2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipmentByTypeAxis: us-gaap:MachineryAndEquipmentMember
	AsOf2015-12-31_us-gaap_VehiclesMember	2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipmentByTypeAxis: us-gaap:VehiclesMember
	AsOf2015-12-31_us-gaap_OfficeEquipmentMember	2015-12-31	0000814586	us-gaap:PropertyPlantAndEquipmentByTypeAxis: us-gaap:OfficeEquipmentMember
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	AsOf2015-12-31_custom_NotesPayableToFordCreditCorpMember	2015-12-31	0000814586	us-gaap:LongtermDebtTypeAxis:
	AsOf2015-12-31 custom NotePayableToFletcherJonesOfChicagoLtdLlcMember	2015-12-31	0000814586	us-gaap:LongtermDebtTypeAxis:
	AsOf2016-06-30_us-gaap_FairValueInputsLevel1Member	2016-06-30	0000814586	us-gaap:FairValueByFairValueHierarchyLevelAxis: us-gaap:FairValueInputsLevel1Member
	AsOf2016-06-30_us-gaap_FairValueInputsLevel2Member	2016-06-30	0000814586	us-gaap:FairValueByFairValueHierarchyLevelAxis: us-gaap:FairValueInputsLevel2Member
	AsOf2016-06-30_us-gaap_FairValueInputsLevel3Member	2016-06-30	0000814586	us-gaap:FairValueByFairValueHierarchyLevelAxis: us-gaap:FairValueInputsLevel3Member
	From 2016-01-01 to 2016-06-30_custom_Lifeway Farmer Cheese Member	2016-01-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From 2016-01-01 to 2016-06-30_custom_Drinkable Kefirother than ProBugs Member	2016-01-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From2016-01-01to2016-06-30_custom_ProBugsMember	2016-01-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From2016-01-01to2016-06-30_custom_FrozenKefirMember	2016-01-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From2013-01-01to2013-12-31_custom_LifewayFarmerCheeseMember	2013-01-01 - 2013-12-31	0000814586	us-gaap:ProductOrServiceAxis:
	From 2013-01-01 to 2013-12-31_custom_Drinkable Kefirother than ProBugs Member	2013-01-01 - 2013-12-31	0000814586	us-gaap:ProductOrServiceAxis:
	From2013-01-01to2013-12-31_custom_ProBugsMember	2013-01-01 - 2013-12-31	0000814586	us-gaap:ProductOrServiceAxis:
	From2013-01-01to2013-12-31_custom_FrozenKefirMember	2013-01-01 - 2013-12-31	0000814586	us-gaap:ProductOrServiceAxis:
	From2015-04-01to2015-06-30_custom_LifewayFarmerCheeseMember	2015-04-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From 2015-04-01 to 2015-06-30_custom_Drinkable Kefirother than ProBugs Member	2015-04-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From2015-04-01to2015-06-30 custom ProBugsMember	2015-04-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From2015-04-01to2015-06-30_custom_FrozenKefirMember	2015-04-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:
	From2012-01-01to2012-12-31_us-gaap_CommonStockMember	2012-01-01 - 2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	From2013-01-01to2013-12-31_us-gaap_CommonStockMember	2013-01-01 - 2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	From2014-01-01to2014-12-31_us-gaap_CommonStockMember	2014-01-01 - 2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	AsOf2011-12-31_us-gaap_CommonStockMember	2011-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	AsOf2012-12-31 us-gaap CommonStockMember	2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	AsOf2013-12-31_us-gaap_CommonStockMember	2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	AsOf2014-12-31_us-gaap_commonStockMember			
	- 5 1-	2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
	From 2012-01-01 to 2012-12-31_us-gaap_Additional Paid In Capital Member	2012-01-01 - 2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	From 2013-01-01 to 2013-12-31_us-gaap_Additional Paid In Capital Member	2013-01-01 - 2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	From2014-01-01to2014-12-31_us-gaap_AdditionalPaidInCapitalMember	2014-01-01 - 2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	AsOf2011-12-31_us-gaap_AdditionalPaidInCapitalMember	2011-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	AsOf2012-12-31_us-gaap_AdditionalPaidInCapitalMember	2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	AsOf2013-12-31_us-gaap_AdditionalPaidInCapitalMember	2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	AsOf2014-12-31_us-gaap_AdditionalPaidInCapitalMember	2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
	From2012-01-01to2012-12-31_us-gaap_TreasuryStockMember	2012-01-01 - 2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	From2013-01-01to2013-12-31_us-gaap_TreasuryStockMember	2013-01-01 - 2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	From2014-01-01to2014-12-31_us-gaap_TreasuryStockMember	2014-01-01 - 2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	AsOf2011-12-31_us-gaap_TreasuryStockMember	2011-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	AsOf2012-12-31_us-gaap_TreasuryStockMember	2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	AsOf2013-12-31_us-gaap_TreasuryStockMember	2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	AsOf2014-12-31_us-gaap_TreasuryStockMember	2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
	From 2012-01-01 to 2012-12-31_us-gaap_Retained Earnings Member	2012-01-01 - 2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
	From 2013-01-01 to 2013-12-31_us-gaap_Retained Earnings Member	2013-01-01 - 2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
1				

From 2014-01-01 to 2014-12-31_us-gaap_Retained Earnings Member	2014-01-01 - 2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2011-12-31_us-gaap_RetainedEarningsMember	2011-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2012-12-31_us-gaap_RetainedEarningsMember	2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2013-12-31_us-gaap_RetainedEarningsMember	2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2014-12-31_us-gaap_RetainedEarningsMember	2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
From2012-01-01to2012-12-31_us-gaap_ComprehensiveIncomeMember	2012-01-01 - 2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
From2013-01-01to2013-12-31_us-gaap_ComprehensiveIncomeMember	2013-01-01 - 2013-12-31	0000814586	us-qaap:StatementEquityComponentsAxis: us-qaap:ComprehensiveIncomeMember
From2014-01-01to2014-12-31_us-gaap_comprehensiveIncomeMember	2014-01-01 - 2014-12-31	0000814386	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2011-12-31_us-gaap_ComprehensiveIncomeMember	2011-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2012-12-31_us-gaap_ComprehensiveIncomeMember	2012-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2013-12-31_us-gaap_ComprehensiveIncomeMember	2013-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
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From2015-01-01to2015-12-31_us-gaap_CommonStockMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
AsOf2015-12-31_us-gaap_CommonStockMember	2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
From2015-01-01to2015-12-31_us-gaap_TreasuryStockMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
AsOf2015-12-31_us-gaap_TreasuryStockMember	2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
From2015-01-01to2015-12-31_us-gaap_AdditionalPaidInCapitalMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
AsOf2015-12-31_us-gaap_AdditionalPaidInCapitalMember	2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
From2015-01-01to2015-12-31_us-gaap_RetainedEarningsMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2015-12-31_us-gaap_RetainedEarningsMember	2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
From 2015-01-01 to 2015-12-31_us-gaap_ComprehensiveIncomeMember	2015-01-01 - 2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2015-12-31_us-gaap_ComprehensiveIncomeMember	2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2013-12-31	2013-12-31	0000814586	
From 2015-01-01 to 2015-12-31_us-gaap_Lease hold Improvements Member	2015-01-01 - 2015-12-31	0000814586	$us-gaap: Property Plant And Equipment By Type Axis: \ us-gaap: Lease hold Improvements Member$
From2015-01-01to2015-12-31_us-gaap_CustomerListsMember_us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:CustomerListsMember
gaap_MinimumMember			us-gaap:RangeAxis: us-gaap:MinimumMember
From2015-01-01to2015-12-31_us-gaap_CustomerListsMember_us-	2015-01-01 - 2015-12-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis: us-gaap:CustomerListsMember
gaap_MaximumMember			us-gaap:RangeAxis: us-gaap:MaximumMember
AsOf2013-12-31_custom_PreferredSecuritiesMember	2013-12-31	0000814586	us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis:
AsOf2013-12-31_custom_MutualFundsMember	2013-12-31	0000814586	us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis:
AsOf2015-12-31_us-gaap_FairValueInputsLevel1Member	2015-12-31	0000814586	us-gaap:FairValueByFairValueHierarchyLevelAxis: us-gaap:FairValueInputsLevel1Member
AsOf2015-12-31_us-gaap_FairValueInputsLevel2Member	2015-12-31	0000814586	us-gaap:FairValueByFairValueHierarchyLevelAxis: us-gaap:FairValueInputsLevel2Member
AsOf2015-12-31_us-gaap_FairValueInputsLevel3Member	2015-12-31	0000814586	us-gaap:FairValueByFairValueHierarchyLevelAxis: us-gaap:FairValueInputsLevel3Member
From2015-01-01to2015-03-31_us-gaap_CommonStockMember	2015-01-01 - 2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
From2016-01-01to2016-03-31_us-gaap_CommonStockMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
AsOf2015-03-31_us-gaap_CommonStockMember	2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
AsOf2016-03-31_us-gaap_CommonStockMember	2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
From2015-01-01to2015-03-31_us-gaap_TreasuryStockMember	2015-01-01 - 2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
From2016-01-01to2016-03-31_us-gaap_TreasuryStockMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
AsOf2015-03-31_us-gaap_TreasuryStockMember	2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
AsOf2016-03-31_us-gaap_TreasuryStockMember	2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
From 2015-01-01 to 2015-03-31_us-gaap_Additional Paid In Capital Member	2015-01-01 - 2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
From2016-01-01to2016-03-31_us-gaap_AdditionalPaidInCapitalMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
AsOf2015-03-31_us-gaap_AdditionalPaidInCapitalMember	2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
AsOf2016-03-31_us-gaap_AdditionalPaidInCapitalMember	2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember
From2015-01-01to2015-03-31_us-gaap_RetainedEarningsMember	2015-01-01 - 2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
From2016-01-01to2016-03-31_us-gaap_RetainedEarningsMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2015-03-31_us-gaap_RetainedEarningsMember	2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
AsOf2016-03-31_us-gaap_RetainedEarningsMember	2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember
From2015-01-01to2015-03-31_us-gaap_ComprehensiveIncomeMember	2015-01-01 - 2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
From 2016-01-01 to 2016-03-31_us-gaap_ComprehensiveIncomeMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2015-03-31_us-gaap_ComprehensiveIncomeMember	2015-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2016-03-31_us-gaap_ComprehensiveIncomeMember	2016-03-31	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:ComprehensiveIncomeMember
AsOf2014-12-31	2014-12-31	0000814586	
AsOf2015-03-31	2015-03-31	0000814586	
From2015-01-01to2015-03-31_custom_CustomerMember	2015-01-01 - 2015-03-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis:
From2016-01-01to2016-03-31_custom_CustomerMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis:
AsOf2016-03-31_us-gaap_RestatementAdjustmentMember	2016-03-31	0000814586	us-gaap:StatementScenarioAxis: us-gaap:RestatementAdjustmentMember
From2016-01-01to2016-03-31_us-gaap_RestatementAdjustmentMember	2016-01-01 - 2016-03-31	0000814586	us-gaap:StatementScenarioAxis: us-gaap:RestatementAdjustmentMember
AsOf2015-12-31_us-gaap_RestatementAdjustmentMember	2015-12-31	0000814586	us-gaap:StatementScenarioAxis: us-gaap:RestatementAdjustmentMember
AsOf2016-03-31_us-gaap_ScenarioPreviouslyReportedMember	2016-03-31	0000814586	US-
			gaap:ErrorCorrectionsAndPriorPeriodAdjustmentsRestatementByRestatementPeriodAndAmountAxis:
F201/ 01 014-201/ 02 21 0	2017 01 01 2017 22 21	0000011507	us-gaap:ScenarioPreviouslyReportedMember
From2016-01-01to2016-03-31_us-gaap_ScenarioPreviouslyReportedMember	2016-01-01 - 2016-03-31	0000814586	US-
			gaap:ErrorCorrectionsAndPriorPeriodAdjustmentsRestatementByRestatementPeriodAndAmountAxis:
A 07004/ 0/ 00	004/ 0/ 00	000000	us-gaap:ScenarioPreviouslyReportedMember
AsOf2016-06-30	2016-06-30	0000814586	
From2016-04-01to2016-06-30	2016-04-01 - 2016-06-30	0000814586	
From2015-01-01to2015-06-30	2015-01-01 - 2015-06-30	0000814586	
From2015-01-01to2015-06-30_us-gaap_CommonStockMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
From2016-01-01to2016-06-30_us-gaap_CommonStockMember	2016-01-01 - 2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
AsOf2015-06-30_us-gaap_CommonStockMember	2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
AsOf2016-06-30_us-gaap_CommonStockMember	2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:CommonStockMember
From2015-01-01to2015-06-30_us-gaap_TreasuryStockMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
From2016-01-01to2016-06-30_us-gaap_TreasuryStockMember	2016-01-01 - 2016-06-30	0000814386	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember
1101112010-01-01102010-00-30_us-yaap_11easui ysitutkivietiibei	2010-01-01 - 2010-00-30	0000014300	из-увар. этатентенте читуюнтринентэмлэг из-увар. Певзинуэтискийенные

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AsOf2015-06-30_us-gaap_TreasuryStockMember	2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember				
AsOf2016-06-30_us-gaap_TreasuryStockMember	2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:TreasuryStockMember				
From2015-01-01to2015-06-30_us-gaap_AdditionalPaidInCapitalMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember				
From2016-01-01to2016-06-30_us-gaap_AdditionalPaidInCapitalMember	2016-01-01 - 2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember				
AsOf2015-06-30_us-gaap_AdditionalPaidInCapitalMember	2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember				
AsOf2016-06-30_us-gaap_AdditionalPaidInCapitalMember	2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:AdditionalPaidInCapitalMember				
From2015-01-01to2015-06-30_us-	2015-01-01 - 2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-				
gaap_AccumulatedOtherComprehensiveIncomeMember			gaap:AccumulatedOtherComprehensiveIncomeMember				
From2016-01-01to2016-06-30_us-	2016-01-01 - 2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-				
gaap_AccumulatedOtherComprehensiveIncomeMember			gaap:AccumulatedOtherComprehensiveIncomeMember				
AsOf2014-12-31_us-gaap_AccumulatedOtherComprehensiveIncomeMember	2014-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us- gaap:AccumulatedOtherComprehensiveIncomeMember				
AsOf2015-06-30_us-gaap_AccumulatedOtherComprehensiveIncomeMember	2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us- gaap:AccumulatedOtherComprehensiveIncomeMember				
AsOf2015-12-31_us-gaap_AccumulatedOtherComprehensiveIncomeMember	2015-12-31	0000814586	us-gaap:StatementEquityComponentsAxis: us- gaap:AccumulatedOtherComprehensiveIncomeMember				
AsOf2016-06-30_us-gaap_AccumulatedOtherComprehensiveIncomeMember	2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us- gaap:AccumulatedOtherComprehensiveIncomeMember				
From2015-01-01to2015-06-30 us-gaap RetainedEarningsMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember				
From2016-01-01to2016-06-30_us-gaap_RetainedEarningsMember	2016-01-01 - 2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember				
AsOf2015-06-30_us-gaap_RetainedEarningsMember	2015-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember				
AsOf2016-06-30_us-gaap_RetainedEarningsMember	2016-06-30	0000814586	us-gaap:StatementEquityComponentsAxis: us-gaap:RetainedEarningsMember				
From2015-01-01to2015-12-31	2015-01-01 - 2015-12-31	0000814586					
From2015-01-01to2015-06-30_custom_DrinkableKefirotherthanProBugsMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2016-04-01to2016-06-30_custom_DrinkableKefirotherthanProBugsMember	2016-04-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2015-01-01to2015-06-30_custom_ProBugsMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2016-04-01to2016-06-30_custom_ProBugsMember	2016-04-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2015-01-01to2015-06-30_custom_LifewayFarmerCheeseMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2016-04-01to2016-06-30_custom_LifewayFarmerCheeseMember	2016-04-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2015-01-01to2015-06-30_custom_FrozenKefirMember	2015-01-01 - 2015-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
From2016-04-01to2016-06-30_custom_FrozenKefirMember	2016-04-01 - 2016-06-30	0000814586	us-gaap:ProductOrServiceAxis:				
(End Contexts)							

Elem	ents			
Element	Data Type	Period Type	Balance Type	Custom
custom:AccruedExpensesTablesAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:AvailableForSaleSecuritieContinuousUnrealizedLossPosition12MonthsOrLongerAggregateLosses Available For Sale Securitie Continuous Unrealized Loss Position 12 Months Or Longer Aggregate Losses.	xbrli:monetaryItemType	Instant	Debit	Yes
custom:AvailableForSaleSecuritieContinuousUnrealizedLossPositionAggregateLosses Available For Sale Securitie Continuous Unrealized Loss Position Aggregate Losses.	xbrli:monetaryItemType	Instant	Debit	Yes
custom:AvailableForSaleSecuritieContinuousUnrealizedLossPositionLessThan12MonthsAggregateLosses Available For Sale Securitie Continuous Unrealized Loss Position Less Than 12 Months Aggregate Losses.	xbrli:monetaryItemType	Instant	Debit	Yes
custom:AvailableForSaleSecuritieGrossUnrealizedGains Available For Sale Securitie Gross Unrealized Gains.	xbrli:monetaryItemType	Instant	Debit	Yes
custom:AvailableForSaleSecuritieGrossUnrealizedLoss Available For Sale Securitie Gross Unrealized Loss.	xbrli:monetaryItemType	Instant	Credit	Yes
custom:BrandNames	xbrli:monetaryItemType	Duration	Debit	Yes
custom:CashBonuses	xbrli:monetaryItemType	Duration	Debit	Yes
custom:ConsolidatedBalanceSheetsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:ConsolidatedBalanceSheetsParentheticalAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:ConsolidatedStatementsOfCashFlowsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:ConsolidatedStatementsOfIncomeAndComprehensiveIncomeUnauditedAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:CorporateBondsFairValueDisclosure Corporate bonds.	xbrli:monetaryItemType	Instant	Credit	Yes
custom:CustomerListsAndOtherCustomerRelatedIntangiblesMember Customer Lists And Other Customer Related Intangibles	nonnum:domainItemType	Duration	_	Yes
custom:CustomerMember	nonnum:domainItemType	Duration	-	Yes
custom:DisclosureAccruedExpensesDetailsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom: Disclosure Commitments And Contingencies Details Narrative Abstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom: Disclosure Fair Value Measurements Details Abstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DisclosureIncomeTaxesDetailsNarrativeAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom: Disclosure Intangible Assets Details 1 Abstract	xbrli:stringItemType	Duration	_	Yes (Auto)

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custom:DisclosureIntangibleAssetsDetailsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureInventoriesDetailsAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DisclosureInvestmentsDetails1Abstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureInvestmentsDetailsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureInvestmentsDetailsNarrativeAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureNotesPayableDetailsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureNotesPayableDetailsNarrativeAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosurePropertyAndEquipmentDetailsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureRelatedPartyTransactionsDetailsNarrativeAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DisclosureSegmentsProductsAndCustomersDetailsAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureSegmentsProductsAndCustomersDetailsNarrativeAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureSegmentsProductsAndCustomersTablesAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom: Disclosure Significant Accounting Policies Details Narrative Abstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DisclosureSignificantAccountingPoliciesPolicyAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DisclosureStockbasedCompensationDetails1Abstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:DisclosureStockbasedCompensationDetailsAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DisclosureStockbasedCompensationDetailsNarrativeAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom: DisclosureStockbasedCompensationTablesAbstract	xbrli:stringItemType	Duration	_	Yes (Auto)
custom:DocumentDocumentAndEntityInformationAbstract	xbrli:stringItemType	Duration	-	Yes (Auto)
custom: DrinkableKefirotherthanProBugsMember	nonnum:domainItemType	Duration	-	Yes
custom: Equitybased Awards	xbrli:monetaryItemType	Duration	Credit	Yes
custom:FairValueMeasurementsTablesAbstract vailable For Sale Securitie Continuous Unrealized Loss Position 12 Months Or Longer Aggregate Losses.	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:FormulaMember Formula	nonnum:domainItemType	Duration	-	Yes
custom:FrozenKefirMember	nonnum:domainItemType	Duration	-	Yes
custom:GainOnSaleOfEquipment	xbrli:monetaryItemType	Duration	Credit	Yes
custom:GoldenGuernseyMember Golden Guernsey [Member]	nonnum:domainItemType	Duration	-	Yes
custom:GrossSalesPercentage	num:percentItemType	Duration	-	Yes
custom:IncomeTaxBenefit	xbrli:monetaryItemType	Duration	Debit	Yes
custom: IntangibleAssetsTablesAbstract vailable For Sale Securitie Continuous Unrealized Loss Position 12 Months Or Longer Aggregate Losses.	xbrli:stringItemType	Duration	-	Yes (Auto)
custom: InventoriesTablesAbstract vailable For Sale Securitie Continuous Unrealized Loss Position 12 Months Or Longer Aggregate Losses.	xbrli:stringItemType	Duration	-	Yes (Auto)
custom: Investments Tables Abstract vailable For Sale Securitie Continuous Unrealized Loss Position 12 Months Or Longer Aggregate Losses.	xbrli:stringItemType	Duration	-	Yes (Auto)
custom:LeaseAcquisitionsMember Lease Acquisitions	nonnum:domainItemType	Duration	-	Yes
custom:LifewayFarmerCheeseMember	nonnum:domainItemType	Duration	-	Yes
custom:MutualFundsMember Mutual Funds	nonnum:domainItemType	Duration	-	Yes
custom:Note15SegmentsAndProducts	nonnum:textBlockItemType	Duration	_	Yes
custom:NotePayableToFletcherJonesOfChicagoLtdLlcMember Note Payable To Fletcher Jones Of Chicago, Ltd LLC	nonnum:domainItemType	Duration	-	Yes
custom:NotePayableToPrivateBankliMember	nonnum:domainItemType	Duration	-	Yes

xbrli:stringItemType nonnum:domainItemType xbrli:stringItemType num:percentItemType num:percentItemType xbrli:monetaryItemType nonnum:domainItemType	Duration Duration Duration Duration Duration Instant		Yes (Auto) Yes Yes (Auto) Yes Yes
nonnum:domainItemType xbrli:stringItemType num:percentItemType num:percentItemType xbrli:monetaryItemType nonnum:domainItemType	Duration Duration Duration Duration	-	Yes Yes (Auto) Yes
xbrli:stringItemType num:percentItemType num:percentItemType xbrli:monetaryItemType nonnum:domainItemType	Duration  Duration  Duration	-	Yes (Auto) Yes
num:percentItemType num:percentItemType xbrli:monetaryItemType nonnum:domainItemType	Duration  Duration	-	Yes
num:percentItemType  xbrli:monetaryItemType  nonnum:domainItemType	Duration	-	
xbrli:monetaryItemType nonnum:domainItemType		— Cradit	Yes
nonnum:domainItemType	Instant	Cradit	
		Credit	Yes
	Duration	-	Yes
nonnum:domainItemType	Duration	_	Yes
xbrli:stringItemType	Duration	_	Yes (Auto)
nonnum:domainItemType	Duration	-	Yes
xbrli:monetaryItemType	Duration	Debit	Yes
nonnum:textBlockItemType	Duration	-	Yes
xbrli:stringItemType	Duration	_	Yes
nonnum:domainItemType	Duration	_	Yes
xbrli:monetaryItemType	Instant	Debit	Yes
xbrli:monetaryItemType	Duration	Debit	Yes
xbrli:booleanItemType	Duration	_	
xbrli:gMonthDayItemType	Duration	-	
dei:fiscalPeriodItemType	Duration	-	
xbrli:gYearItemType	Duration	-	
xbrli:dateItemType t	Duration	_	
dei:submissionTypeItemType	Duration	-	
dei:centralIndexKeyItemType	Duration	_	
xbrli:sharesItemType	Instant	-	
	Duration	-	
dei:filerCategoryItemType	Duration	-	
xbrli:normalizedStringItemType	Duration	_	
dei:yesNoItemType	Duration	_	
dei:yesNoItemType	Duration	_	
nonnum:textBlockItemType	Duration	-	
xbrli:monetaryItemType	Instant	Credit	
xbrli:monetaryItemType that ain	Instant	Debit	
	xbrli:monetaryItemType nonnum:textBlockItemType xbrli:stringItemType nonnum:domainItemType xbrli:monetaryItemType xbrli:booleanItemType xbrli:gMonthDayItemType del:fiscalPeriodItemType xbrli:gYearItemType as xbrli:gYearItemType del:submissionTypeItemType del:centralIndexKeyItemType xbrli:sharesItemType xbrli:sharesItemType del:yesNoItemType del:yesNoItemType xbrli:normalizedStringItemType del:yesNoItemType xbrli:monetaryItemType xbrli:monetaryItemType xbrli:monetaryItemType xbrli:monetaryItemType	xbrli:monetaryItemType  nonnum:textBlockItemType  xbrli:stringItemType  puration  xbrli:stringItemType  puration  nonnum:domainItemType  puration  xbrli:monetaryItemType  puration  xbrli:booleanItemType  puration  xbrli:gMonthDayItemType  puration  del:fiscalPeriodItemType  puration  xbrli:gYearItemType  puration  del:submissionTypeItemType  del:submissionTypeItemType  del:centralIndexKeyItemType  puration  del:yesNoItemType  puration  puration  puration  puration  puration  puration  puration  puration  del:yesNoItemType  puration  puration	xbrli:monetaryItemType  nonnum:textBlockItemType  xbrli:stringItemType  puration  pura

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us-gaap:AccountsReceivableNetNoncurrent  Amount due from customers or clients, more than one year from the balance sheet date, for goods or services that have been delivered or sold in the normal course of business, reduced to the estimated net realizable fail value by an allowance established by the entity of the amount it deems uncertain of collection.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AccrualForTaxesOtherThanIncomeTaxesCurrent Carrying value as of the balance sheet date of obligations incurred and payable for real and property taxes. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).	xbrli:monetaryItemType	Instant	Credit
us-gaap:AccruedIncomeTaxes  Carrying amount as of the balance sheet date of the unpaid sum of the known and estimated amounts payable to satisfy all domestic and foreign income tax obligations due. This amount is the total of current and noncurrent accrued income taxes.	xbrli:monetaryItemType	Instant	Credit
us-gaap:AccruedLiabilitiesCurrent  Carrying value as of the balance sheet date of obligations incurred and payable, pertaining to costs that are statutory in nature, are incurred on contractual obligations, or accumulate over time and for which invoices have not yet been received or will not be rendered. Examples include taxes, interest, rent and utilities. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).	xbrli:monetaryItemType	Instant	Credit
us-gaap:AccumulatedDepreciationDepletionAndAmortizationPropertyPlantAndEquipment  Amount of accumulated depreciation, depletion and amortization for physical assets used in the normal conduct of business to produce goods and services.	xbrli:monetaryItemType	Instant	Credit
us-gaap:Accumulated depreciation, depletion and annotization for physical assets used in the hormal conduct of business to produce goods and services.  us-gaap:Accumulated Change in equity from transactions and other events and circumstances from non-owner sources, net of tax effect, at period end. Excludes Net Income (Loss), and accumulated change in equity from transactions resulting from investments by owners and distributions to owners. Includes foreign currency translation items, certain pension adjustments, unrealized gains and losses on certain investments in debt and equity securities, other than temporary impairment (OTTI) losses related to factors other than credit losses on available-forsale and held-to-maturity debt securities that an entity does not intend to sell and it is not more likely than not that the entity will be required to sell before recovery of the amortized cost basis, as well as changes in the fair value of derivatives related to the effective portion of a designated cash flow hedge.	xbrli:monetaryItemType	Instant	Credit
us-gaap:AccumulatedOtherComprehensiveIncomeMember  Accumulated increase (decrease) in equity from transactions and other events and circumstances from non-owner sources, attributable to the parent. Excludes net income (loss), and accumulated changes in equity from transactions resulting from investments by owners and distributions to owners.	nonnum:domainItemType	Duration	-
us-gaap:AdditionalPaidInCapital  Excess of issue price over par or stated value of the entity's capital stock and amounts received from other transactions involving the entity's stock or stockholders. Includes adjustments to additional paid in capital. Some examples of such adjustments include recording the issuance of debt with a beneficial conversion feature and certain tax consequences of equity instruments awarded to employees. Use this element for the aggregate amount of additional paid-in capital associated with only common stock, use the element additional paid in capital, common stock. For additional paid-in capital associated with only preferred stock, use the element additional paid in capital, efferred stock.	xbrli:monetaryItemType	Instant	Credit
us-gaap:AdditionalPaidInCapitalMember Excess of issue price over par or stated value of the entity's capital stock and amounts received from other transactions involving the entity's stock or stockholders.	nonnum:domainItemType	Duration	_
us-gaap:AdjustmentsToAdditionalPaidInCapitalSharebasedCompensationAndExerciseOfStockOptions  Changes in additional paid in capital related to exercise of share-based payments awards (such as stock options) and the amount of recognized equity-based compensation during the period (such as nonvested shares).	xbrli:monetaryItemType	Duration	Credit
us-gaap: Adjust ments To Reconcile Net Income Loss To Cash Provided By Used In Operating Activities Abstract	xbrli:stringItemType	Duration	_
us-gaap:AdvertisingCostsPolicyTextBlock  Disclosure of accounting policy for advertising costs. For those costs that cannot be capitalized, discloses whether such costs are expensed as incurred or the first period in which the advertising takes place. For direct response advertising costs that are capitalized, describes those assets and the accounting policy used, including a description of the qualifying activity, the types of costs capitalized and the related amortization period. An entity also may disclose is accounting policy for cooperative advertising arrangements.	nonnum:textBlockItemType	Duration	-
us-gaap:AdvertisingExpense  Amount charged to advertising expense for the period, which are expenses incurred with the objective of increasing revenue for a specified brand, product or product line.	xbrli:monetaryItemType	Duration	Debit
us-gaap:AllowanceForDoubtfulAccountsReceivable  For an unclassified balance sheet, a valuation allowance for receivables due a company that are expected to be uncollectible.	xbrli:monetaryItemType	Instant	Credit
us-gaap:AmortizationOfIntangibleAssets The aggregate expense charged against earnings to allocate the cost of intangible assets (nonphysical assets not used in production) in a systematic and rational manner to the periods expected to benefit from such assets. As a noncash expense, this element is added back to net income when calculating cash provided by or used in operations using the indirect method.	xbrli:monetaryItemType	Duration	Debit
us-gaap:Assets Sum of the carrying amounts as of the balance sheet date of all assets that are recognized. Assets are probable future economic benefits obtained or controlled by an entity as a result of past transactions or events.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AssetsAbstract	xbrli:stringItemType	Duration	_
us-gaap:AssetsCurrent Sum of the carrying amounts as of the balance sheet date of all assets that are expected to be realized in cash, sold, or consumed within one year (or the normal operating cycle, if longer). Assets are probable future economic benefits obtained or controlled by an entity as a result of past transactions or events.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AssetsCurrentAbstract	xbrli:stringItemType	Duration	_
us-gaap:AvailableForSaleSecurities Amount of investment in debt and equity securities categorized neither as held-to-maturity nor trading.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AvailableForSaleSecuritiesAmortizedCost  This item represents the cost of debt and equity securities, which are categorized neither as held-to-maturity nor trading, net of adjustments including accretion, amortization, collection of cash, previous other-than-temporary impairments recognized in earnings (less any cumulative-effect adjustments recognized, as defined), and fair value hedge accounting adjustments, if any.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AvailableForSaleSecuritiesContinuousUnrealizedLossPositionFairValue This item represents the aggregate fair value of investments in debt and equity securities in an unrealized loss position which are categorized neither as held-to-maturity nor trading securities.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AvailableForSaleSecuritiesContinuousUnrealizedLossPositionLessThanTwelveMonthsFairValue This item represents the aggregate fair value of investments in debt and equity securities categorized neither as held-to-maturity nor trading securities that have been in a continuous unrealized loss position for less than twelve months.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AvailableForSaleSecuritiesContinuousUnrealizedLossPositionTwelveMonthsOrLongerFairValue  This item represents the aggregate fair value of investments in debt and equity securities categorized neither as held-to-maturity nor trading securities that have been in a continuous unrealized loss position for twelve months or longer.	xbrli:monetaryItemType	Instant	Debit
us-gaap:AvailableForSaleSecuritiesGrossRealizedGains This item represents the gross profit realized on the sale of debt or equity securities categorized neither as held-to-maturity nor trading securities.	xbrli:monetaryItemType	Duration	Credit
us-gaap:AvailableForSaleSecuritiesGrossRealizedLosses This item represents the gross loss realized on the sale of debt or equity securities categorized neither as held-to-maturity nor trading securities.	xbrli:monetaryItemType	Duration	Debit
us-gaap:BuildingAndBuildingImprovementsMember  Facility held for productive use including, but not limited to, office, production, storage and distribution facilities and any addition, improvement, or renovation to the structure, for example, but not limited to, interior masonry, interior floring, electrical, and plumbing.	nonnum:domainItemType	Duration	_
us-gaap:CashAndCashEquivalentsAtCarryingValue	xbrli:monetaryItemType	Instant	Debit

Amount of currency on hand as well as demand deposits with banks or financial institutions. Includes other kinds of accounts that have the general characteristics of demand deposits. Al includes short-term, highly liquid investments that are both readily convertible to known amounts of cash and so near their maturity that they present insignificant risk of changes in value because of changes in interest rates. Excludes cash and cash equivalents within disposal group and discontinued operation.	50		
us-gaap:CashAndCashEquivalentsPeriodIncreaseDecrease  Amount of increase (decrease) in cash and cash equivalents. Cash and cash equivalents are the amount of currency on hand as well as demand deposits with banks or financial institutions. Includes other kinds of accounts that have the general characteristics of demand deposits. Also includes short-term, highly liquid investments that are both readily convertible.		Duration	Debit
known amounts of cash and so near their maturity that they present insignificant risk of changes in value because of changes in interest rates. Includes effect from exchange rate change us-gaap:CertificatesOfDepositAtCarryingValue A savings certificate entitling the Entity (that is, bearer) to receive interest at an established maturity date, based upon a fixed interest rate. A certificate of deposit may be issued in any denomination. Certificates of deposit are generally issued by commercial banks and, therefore, insured by the FDIC (up to the prescribed limit). Certificates of deposit generally restrict holders from withdrawing funds on demand without the incurrence of penalties. Generally, only certificates of deposit with original maturity means original maturity to the entity holding the investment. As a related example, both a three-month US Treasury bill and a three-year Treasury note purchased three months from maturity qualify as cash equivalents. However, a Treasury note purchased three-years ago does not become a cash equivalent when its remaining maturity three months.	xbrli:monetaryItemType	Instant	Debit
us-gaap:CommitmentsDisclosureTextBlock  The entire disclosure for significant arrangements with third parties, which includes operating lease arrangements and arrangements in which the entity has agreed to expend funds to procure goods or services, or services, or services, or services, or services, or services, or services are supply goods or services, and operating lease arrangements. Descriptions may include identification of the specific goods and services, period of time covered, minimum quantities and amounts, and cancellation rights.	nonnum:textBlockItemType	Duration	_
us-gaap:CommonStockMember Stock that is subordinate to all other stock of the issuer.	nonnum:domainItemType	Duration	-
us-gaap:CommonStockNoParValue Face amount per share of no-par value common stock.	num:perShareItemType	Instant	_
us-gaap:CommonStockSharesAuthorized  The maximum number of common shares permitted to be issued by an entity's charter and bylaws.	xbrli:sharesItemType	Instant	-
us-gaap:CommonStockSharesIssued Total number of common shares of an entity that have been sold or granted to shareholders (includes common shares that were issued, repurchased and remain in the treasury). These shares represent capital invested by the firm's shareholders and owners, and may be all or only a portion of the number of shares authorized. Shares issued include shares outstanding and shares held in the treasury.	xbrli:sharesItemType	Instant	_
us-gaap:CommonStockSharesOutstanding  Number of shares of common stock outstanding. Common stock represent the ownership interest in a corporation.	xbrli:sharesItemType	Instant	_
us-gaap:CommonStockValue Aggregate par or stated value of issued nonredeemable common stock (or common stock redeemable solely at the option of the issuer). This item includes treasury stock repurchased by the entity. Note: elements for number of nonredeemable common shares, par value and other disclosure concepts are in another section within stockholders' equity.	xbrli:monetaryItemType	Instant	Credit
us-gaap:ComprehensiveIncomeMember  The change in equity (net assets) of a business enterprise during a period from transactions and other events and circumstances from non-owner sources. It includes all changes in equituring a period except those resulting from investments by owners and distributions to owners.	nonnum:domainItemType y	Duration	-
us-gaap:ComprehensiveIncomeNetOfTax  Amount after tax of increase (decrease) in equity from transactions and other events and circumstances from net income and other comprehensive income, attributable to parent entity.  Excludes changes in equity resulting from investments by owners and distributions to owners.	xbrli:monetaryItemType	Duration	Credit
us-gaap:ComprehensiveIncomeNetOfTaxAbstract	xbrli:stringItemType	Duration	_
us-gaap:ConstructionInProgressMember Structure or a modification to a structure under construction. Includes recently completed structures or modifications to structures that have not been placed into service.	nonnum:domainItemType	Duration	_
us-gaap:CorporateBondSecuritiesMember  This category includes information about long-term debt securities that are issued by either a domestic or foreign corporate business entity with a date certain promise of repayment and return to the holder for the time value of money (for example, variable or fixed interest, original issue discount).	nonnum:domainItemType	Duration	-
us-gaap:CostOfGoodsSold Total costs related to goods produced and sold during the reporting period.	xbrli:monetaryItemType	Duration	Debit
us-gaap:CostOfGoodsSoldDepreciation  The expense recognized in the current period that allocates the cost of a tangible asset over the asset's useful life. This element applies only to an asset used in the production of goods sold.	xbrli:monetaryItemType	Duration	Debit
us-gaap:CostOfGoodsSoldExcludingDepreciationDepletionAndAmortization The aggregate cost of goods produced and sold during the reporting period, excluding depreciation, depletion, and amortization.	xbrli:monetaryItemType	Duration	Debit
us-gaap:CounterpartyNameAxis Information by name of counterparty. A counterparty is the other party that participates in a financial transaction. Examples include, but not limited to, the name of the financial institution.	xbrli:stringItemType	Duration	-
us-gaap:CustomerListsMember Information about customers such as their name and contact information; it may also be an extensive database that includes other information about the customers such as their order history and demographic information.	nonnum:domainItemType	Duration	_
us-gaap:CustomerRelationshipsMember Customer relationship that exists between an entity and its customer, for example, but not limited to, tenant relationships.	nonnum:domainItemType	Duration	-
us-gaap:DebtDisclosureTextBlock  The entire disclosure for information about short-term and long-term debt arrangements, which includes amounts of borrowings under each line of credit, note payable, commercial paper issue, bonds indenture, debenture issue, own-share lending arrangements and any other contractual agreement to repay funds, and about the underlying arrangements, rationale for a classification as long-term, including repayment terms, interest rates, collateral provided, restrictions on use of assets and activities, whether or not in compliance with debt covenants, and other matters important to users of the financial statements, such as the effects of refinancing and noncompliance with debt covenants.	nonnum:textBlockItemType	Duration	-
us-gaap:DeferredIncomeTaxExpenseBenefit  Amount of deferred income tax expense (benefit) pertaining to income (loss) from continuing operations.	xbrli:monetaryItemType	Duration	Debit
us-gaap:DeferredTaxAssetsNetCurrent Amount after allocation of valuation allowances of deferred tax asset attributable to deductible temporary differences and carryforwards classified as current.	xbrli:monetaryItemType	Instant	Debit
us-gaap:DeferredTaxLiabilitiesNoncurrent Amount, after deferred tax asset, of deferred tax liability attributable to taxable differences, with jurisdictional netting and classified as noncurrent.	xbrli:monetaryItemType	Instant	Credit
us-gaap:DepreciationDepletionAndAmortization The aggregate expense recognized in the current period that allocates the cost of tangible assets, intangible assets, or depleting assets to periods that benefit from use of the assets.	xbrli:monetaryItemType	Duration	Debit
us-gaap:EarningsPerShareBasicAndDiluted The amount of net income or loss for the period per each share in instances when basic and diluted earnings per share are the same amount and reported as a single line item on the face of the financial statements. Basic earnings per share is the amount of net income or loss for the period per each share of common stock or unit outstanding during the reporting period. Diluted earnings per share includes the amount of net income or loss for the period available to each share of common stock or common unit outstanding during the reporting period and to each share or unit that would have been outstanding assuming the issuance of common shares or units for all dilutive potential common shares or units outstanding during the reporting period.	num:perShareItemType	Duration	-
	num:percentItemType	Duration	

us-gaap:EmployeeRelatedLiabilitiesCurrent  Total of the carrying values as of the balance sheet date of obligations incurred through that date and payable for obligations related to services received from employees, such as accrued salaries and bonuses, paryoil taxes and fringe benefits. Used to reflect the current portion of the liabilities (due within one year or within the normal operating cycle if longer).	xbrli:monetaryItemType	Instant	Credit
us-gaap:EquityComponentDomain  Components of equity are the parts of the total Equity balance including that which is allocated to common, preferred, treasury stock, retained earnings, etc.	nonnum:domainItemType	Duration	-
us-gaap:EquitySecuritiesMember  Ownership interest or right to acquire or dispose of ownership interest in corporations and other legal entities for which ownership interest is represented by shares of common or preferred stock, convertible securities, stock rights, or stock warrants.	nonnum:domainItemType	Duration	_
us-gaap:ErrorCorrectionsAndPriorPeriodAdjustmentsRestatementByRestatementPeriodAndAmountAxis Information by type of error correction.	xbrli:stringItemType	Duration	_
us-gaap:ExcessTaxBenefitFromShareBasedCompensationOperatingActivities  Amount of cash outflow for realized tax benefit related to deductible compensation cost reported on the entity's tax return for equity instruments in excess of the compensation cost for those instruments recognized for financial reporting purposes.	xbrli:monetaryItemType	Duration	Credit
us-gaap:FairValueAssetsMeasuredOnNonrecurringBasisValuationTechniquesTextBlock  Tabular disclosure of the inputs and valuation techniques used to measure fair value, and a discussion of changes in valuation techniques and related inputs, if any, used to measure similar assets in prior periods (non-recurring basis) by class of asset or liability.	nonnum:textBlockItemType	Duration	_
us-gaap:FairValueByFairValueHierarchyLevelAxis Information by level within the fair value hierarchy.	xbrli:stringItemType	Duration	-
us-gaap: FairValueDisclosuresTextBlock The entire disclosure for the fair value of financial instruments (as defined), including financial assets and financial liabilities (collectively, as defined), and the measurements of those instruments as well as disclosures related to the fair value of non-financial assets and liabilities. Such disclosures about the financial instruments, assets, and liabilities would include: (1) the fair value of the required items together with their carrying amounts (as appropriate); (2) for items for which it is not practicable to estimate fair value, disclosure would include: (a) information pertinent to estimating fair value (including, carrying amount, effective interest rate, and maturity, and (b) the reasons why it is not practicable to estimate fair value; (3) significant concentrations of credit risk including: (a) information about the activity, region, or economic characteristics identifying a concentration, (b) the maximum amount of loss the entity is exposed to based on the gross fair value of the related i		Duration	-
us-gaap:FairValueInputsLevel1Member Quoted prices in active markets for identical assets or liabilities that the reporting entity can access at the measurement date.	nonnum:domainItemType	Duration	_
us-gaap:FairValueInputsLevel2Member Inputs other than quoted prices included within level 1 that are observable for an asset or liability, either directly or indirectly, including, but not limited to, quoted prices for similar assets or liabilities in active markets. or guoted prices for identical or similar assets or liabilities in active markets.	nonnum:domainItemType r	Duration	_
us-gaap:FairValueInputsLevel3Member Unobservable inputs that reflect the entity's own assumption about the assumptions market participants would use in pricing.	nonnum:domainItemType	Duration	-
us-gaap:FairValueMeasurementsFairValueHierarchyDomain Categories used to prioritize the inputs to valuation techniques to measure fair value.	nonnum:domainItemType	Duration	_
us-gaap:FiniteLivedIntangibleAssetsAccumulatedAmortization Accumulated amount of amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.	xbrli:monetaryItemType	Instant	Credit
us-gaap:FiniteLivedIntangibleAssetsByMajorClassAxis Information by major type or class of finite-lived intangible assets.	xbrli:stringItemType	Duration	_
us-gaap:FiniteLivedIntangibleAssetsGross  Amount before amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.	xbrli:monetaryItemType	Instant	Debit
us-gaap:FiniteLivedIntangibleAssetSMajorClassNameDomain The major class of finite-lived intangible asset (for example, patents, trademarks, copyrights, etc.) A major class is composed of intangible assets that can be grouped together because they are similar, either by their nature or by their use in the operations of a company.	nonnum:domainItemType	Duration	_
us-gaap:FiniteLivedIntangibleAssetsNet Amount after amortization of assets, excluding financial assets and goodwill, lacking physical substance with a finite life.	xbrli:monetaryItemType	Instant	Debit
us-gaap:GainLossOnDispositionOfAssets Amount of gain (loss) on sale or disposal of property, plant and equipment assets, excluding oil and gas property and timber property.	xbrli:monetaryItemType	Duration	Credit
us-gaap:GainLossOnInvestments  This item represents the net total realized and unrealized gain (loss) included in earnings for the period as a result of selling or holding marketable securities categorized as trading, available-for-sale, or held-to-maturity, including the unrealized holding gain (loss) of held-to-maturity securities transferred to the trading security category and the cumulative unrealized gair (loss) which was included in other comprehensive income (a separate component of shareholders' equity) for available-for-sale securities transferred to trading securities during the period.  Additionally, this item would include any gains (losses) realized during the period from the sale of investments accounted for under the cost method of accounting and losses recognized for other than temporary impairments (OTTI) of the subject investments.		Duration	Credit
us-gaap:GainLossOnSaleOfInvestments  The net realized gain (loss) on investments sold during the period, not including gains (losses) on securities separately or otherwise categorized as trading, available-for-sale, or held-to-maturity, which, for cash flow reporting, is a component of proceeds from investing activities.	xbrli:monetaryItemType	Duration	Credit
us-gaap:GeneralAndAdministrativeExpense  The aggregate total of expenses of managing and administering the affairs of an entity, including affiliates of the reporting entity, which are not directly or indirectly associated with the manufacture, sale or creation of a product or product line.	xbrli:monetaryItemType	Duration	Debit
us-gaap:Goodwill  Amount after accumulated impairment loss of an asset representing future economic benefits arising from other assets acquired in a business combination that are not individually identified and separately recognized.	xbrli:monetaryItemType	Instant	Debit
us-gaap:GoodwillAndIntangibleAssetImpairment  Total loss recognized during the period from the impairment of goodwill plus the loss recognized in the period resulting from the impairment of the carrying amount of intangible assets, other than goodwill.	xbrli:monetaryItemType	Duration	Debit
us-gaap:GoodwillImpairedAdjustmentToInitialEstimateAmount The amount of an adjustment to a previously reported goodwill impairment charge, which will be recognized in the subsequent reporting period.	xbrli:monetaryItemType	Duration	Debit
us-gaap:GrossProfit Aggregate revenue less cost of goods and services sold or operating expenses directly attributable to the revenue generation activity.	xbrli:monetaryItemType	Duration	Credit
us-gaap:ImpairmentOfInvestments  The amount by which the fair value of an investment is less than the amortized cost basis or carrying amount of that investment at the balance sheet date and the decline in fair value is deemed to be other than temporary, before considering whether or not such amount is recognized in earnings or other comprehensive income.	xbrli:monetaryItemType	Duration	Debit
us-gaap:IncomeLossFromContinuingOperationsBeforeIncomeTaxesExtraordinaryItemsNoncontrollingInterest  Amount of income (loss) from continuing operations, including income (loss) from equity method investments, before deduction of income tax expense (benefit), and income (loss) attributable to noncontrolling interest.	xbrli:monetaryItemType	Duration	Credit
us-gaap:IncomeTaxDisclosureTextBlock The entire disclosure for income taxes. Disclosures may include net deferred tax liability or asset recognized in an enterprise's statement of financial position, net change during the year in the total valuation allowance, approximate tax effect of each type of temporary difference and carryforward that gives rise to a significant portion of deferred tax liabilities and deferred tax assets, utilization of a tax carryback, and tax uncertainties information.	nonnum:textBlockItemType	Duration	_
us-gaap:IncomeTaxExpenseBenefit	xbrli:monetaryItemType	Duration	Debit

Amount of current income tax expense (benefit) and deferred income tax expense (benefit) pertaining to continuing operations.			
us-gaap:IncomeTaxesPaid The amount of cash paid during the current period to foreign, federal, state, and local authorities as taxes on income.	xbrli:monetaryItemType	Duration	Credit
us-gaap:IncomeTaxesReceivable  Carrying amount due within one year of the balance sheet date (or one operating cycle, if longer) from tax authorities as of the balance sheet date representing refunds of overpayments or recoveries based on agreed-upon resolutions of disputes.	xbrli:monetaryItemType	Instant	Debit
us-gaap:IncreaseDecreaseInAccountsPayable  The increase (decrease) during the reporting period in the aggregate amount of liabilities incurred (and for which invoices have typically been received) and payable to vendors for goods and services received that are used in an entity's business.	xbrli:monetaryItemType	Duration	Debit
us-gaap:IncreaseDecreaseInAccountsReceivable The increase (decrease) during the reporting period in amount due within one year (or one business cycle) from customers for the credit sale of goods and services.	xbrli:monetaryItemType	Duration	Credit
us-gaap:IncreaseDecreaseInAccruedIncomeTaxesPayable The increase (decrease) during the period in the amount due for taxes based on the reporting entity's earnings or attributable to the entity's income earning process (business presence) within a given jurisdiction.	xbrli:monetaryItemType	Duration	Debit
us-gaap:IncreaseDecreaseInAccruedLiabilities The increase (decrease) during the reporting period in the aggregate amount of expenses incurred but not yet paid.	xbrli:monetaryItemType	Duration	Debit
us-gaap:IncreaseDecreaseInIncomeTaxesReceivable The increase (decrease) during the reporting period in income taxes receivable, which represents the amount due from tax authorities for refunds of overpayments or recoveries of income taxes paid.	xbrli:monetaryItemType	Duration	Credit
us-gaap:IncreaseDecreaseInInventories The increase (decrease) during the reporting period in the aggregate value of all inventory held by the reporting entity, associated with underlying transactions that are classified as operating activities.	xbrli:monetaryItemType	Duration	Credit
us-gaap:IncreaseDecreaseInOperatingCapitalAbstract	xbrli:stringItemType	Duration	_
us-gaap:IncreaseDecreaseInOperatingLiabilitiesAbstract	xbrli:stringItemType	Duration	_
us-gaap:IncreaseDecreaseInPrepaidDeferredExpenseAndOtherAssets Amount of increase (decrease) in prepaid expenses, and assets classified as other.	xbrli:monetaryItemType	Duration	Credit
us-gaap:IntangibleAssetsCurrent The current portion of nonphysical assets, excluding financial assets, if these assets are classified into the current and noncurrent portions.	xbrli:monetaryItemType	Instant	Debit
us-gaap:IntangibleAssetsDisclosureTextBlock The entire disclosure for all or part of the information related to intangible assets.	nonnum:textBlockItemType	Duration	-
us-gaap:IntangibleAssetsNetExcludingGoodwillAbstract	xbrli:stringItemType	Duration	-
us-gaap:InterestExpense Amount of the cost of borrowed funds accounted for as interest expense.	xbrli:monetaryItemType	Duration	Debit
S-gaap:InterestPaid  The amount of cash paid for interest during the period.	xbrli:monetaryItemType	Duration	Credit
us-gaap: Inventory Disclosure TextBlock  The entire disclosure for inventory. Includes, but is not limited to, the basis of stating inventory, the method of determining inventory cost, the classes of inventory, and the nature of the cost elements included in inventory.	nonnum:textBlockItemType	Duration	_
us-gaap:InventoryFinishedGoods  Amount before valuation and LIFO reserves of completed merchandise or goods expected to be sold within one year or operating cycle, if longer.	xbrli:monetaryItemType	Instant	Debit
us-gaap:InventoryNet  Amount after valuation and LIFO reserves of inventory expected to be sold, or consumed within one year or operating cycle, if longer.	xbrli:monetaryItemType	Instant	Debit
us-gaap:InventoryRawMaterials  Amount before valuation and LIFO reserves of raw materials expected to be sold, or consumed within one year or operating cycle, if longer.	xbrli:monetaryItemType	Instant	Debit
us-gaap:InventorySuppliesNetOfReserves Carrying amount, net of valuation reserves and adjustments, as of the balance sheet date of products used directly or indirectly in the manufacturing or production process, which may or may not become part of the final product. May also include items used in the storage, presentation or transportation of physical goods.	xbrli:monetaryItemType	Instant	Debit
us-gaap:InvestmentsAndOtherNoncurrentAssetsTextBlock The entire disclosure for investments and other noncurrent assets.	nonnum:textBlockItemType	Duration	-
us-gaap:InvestmentsFairValueDisclosure Fair value portion of investment securities, including, but not limited to, marketable securities, derivative financial instruments, and investments accounted for under the equity method.	xbrli:monetaryItemType	Instant	Debit
us-gaap:LandMember Real estate held.	nonnum:domainItemType	Duration	-
us-gaap:LeaseAgreementsMember Contractual agreement that stipulates the lessee pay the lessor for use of an asset.	nonnum:domainItemType	Duration	_
us-gaap:LeaseAndRentalExpense  Amount of rent expense incurred for leased assets, including but not limited to, furniture and equipment, that is not directly or indirectly associated with the manufacture, sale or creation of a product or product line.	xbrli:monetaryItemType	Duration	Debit
us-gaap:LeaseholdImprovementsMember Additions or improvements to assets held under a lease arrangement.	nonnum:domainItemType	Duration	-
us-gaap:LegalMattersAndContingenciesTextBlock The entire disclosure for legal proceedings, legal contingencies, litigation, regulatory and environmental matters and other contingencies.	nonnum:textBlockItemType	Duration	-
us-gaap:Liabilities Sum of the carrying amounts as of the balance sheet date of all liabilities that are recognized. Liabilities are probable future sacrifices of economic benefits arising from present obligations of an entity to transfer assets or provide services to other entities in the future.	xbrli:monetaryItemType	Instant	Credit
us-gaap:LiabilitiesAndStockholdersEquity  Amount of liabilities and equity items, including the portion of equity attributable to noncontrolling interests, if any.	xbrli:monetaryItemType	Instant	Credit
us-gaap:LiabilitiesAndStockholdersEquityAbstract	xbrli:stringItemType	Duration	-
us-gaap:LiabilitiesCurrent Total obligations incurred as part of normal operations that are expected to be paid during the following twelve months or within one business cycle, if longer.	xbrli:monetaryItemType	Instant	Credit
us-gaap:LiabilitiesCurrentAbstract	xbrli:stringItemType	Duration	-
us-gaap:LongTermDebt	xbrli:monetaryItemType	Instant	Credit

Amount, after unamortized (discount) premium and debt issuance costs, of long-term debt. Includes, but not limited to, notes payable, bonds payable, debentures, mortgage loans and commercial paper. Excludes capital lease obligations.			
us-gaap:LongTermDebtCurrent  Amount, after unamortized (discount) premium and debt issuance costs, of long-term debt, classified as current. Includes, but not limited to, notes payable, bonds payable, debentures, mortgage loans and commercial paper. Excludes capital lease obligations.	xbrli:monetaryItemType	Instant	Credit
us-gaap:LongTermDebtNoncurrent  Amount after unamortized (discount) premium and debt issuance costs of long-term debt classified as noncurrent and excluding amounts to be repaid within one year or the normal operating cycle, if longer, Includes, but not limited to, notes payable, bonds payable, debentures, mortgage loans and commercial paper. Excludes capital lease obligations.	xbrli:monetaryItemType	Instant	Credit
us-gaap:LongTermNotesPayable Carrying value as of the balance sheet date of notes payable (with maturities initially due after one year or beyond the operating cycle if longer), excluding current portion.	xbrli:monetaryItemType	Instant	Credit
us-gaap:LongtermDebtTypeAxis Information by type of long-term debt.	xbrli:stringItemType	Duration	_
us-gaap:LongtermDebtTypeDomain  Type of long-term debt arrangement, such as notes, line of credit, commercial paper, asset-based financing, project financing, letter of credit financing. These are debt arrangements that originally required repayment more than twelve months after issuance or greater than the normal operating cycle of the company, if longer.	nonnum:domainItemType	Duration	_
us-gaap:MachineryAndEquipmentMember Tangible personal property used to produce goods and services, including, but is not limited to, tools, dies and molds, computer and office equipment.	nonnum:domainItemType	Duration	-
us-gaap:MajorTypesOfDebtAndEquitySecuritiesAxis Information by major type of debt and equity security.	xbrli:stringItemType	Duration	_
us-gaap:MajorTypesOfDebtAndEquitySecuritiesDomain  Debt instrument issued by corporations, governments and governmental agencies, municipalities, and other institutions. Equity securities are ownership interests or the right to acquire or	nonnum:domainItemType	Duration	_
dispose of ownership interests in corporations and other legal entities for which ownership interest is represented by shares of common or preferred stock.  us-qaap:MaximumMember	nonnum:domainItemType	Duration	_
Upper limit of the provided range.	поппити. иотаптетт уре	Duration	_
us-gaap:MinimumMember Lower limit of the provided range.	nonnum:domainItemType	Duration	-
us-gaap:NatureOfOperations The entire disclosure for the nature of an entity's business, major products or services, principal markets including location, and the relative importance of its operations in each business and the basis for the determination, including but not limited to, assets, revenues, or earnings. For an entity that has not commenced principal operations, disclosures about the risks and uncertainties related to the activities in which the entity is currently engaged and an understanding of what those activities are being directed toward.	nonnum:textBlockItemType	Duration	_
us-gaap:NetCashProvidedByUsedInFinancingActivitiesAbstract	xbrli:stringItemType	Duration	-
us-gaap:NetCashProvidedByUsedInFinancingActivitiesContinuingOperations  Amount of cash inflow (outflow) of financing activities, excluding discontinued operations. Financing activity cash flows include obtaining resources from owners and providing them with a return on, and a return of, their investment; borrowing money and repaying amounts borrowed, or settling the obligation; and obtaining and paying for other resources obtained from creditors on long-term credit.	xbrli:monetaryItemType	Duration	Debit
us-gaap:NetCashProvidedByUsedInInvestingActivitiesAbstract	xbrli:stringItemType	Duration	-
us-gaap:NetCashProvidedByUsedInInvestingActivitiesContinuingOperations  Amount of cash inflow (outflow) of investing activities, excluding discontinued operations. Investing activity cash flows include making and collecting loans and acquiring and disposing of debt or equity instruments and property, plant, and equipment and other productive assets.	xbrli:monetaryItemType	Duration	Debit
us-gaap:NetCashProvidedByUsedInOperatingActivitiesAbstract	xbrli:stringItemType	Duration	_
us-gaap:NetCashProvidedByUsedInOperatingActivitiesContinuingOperations  Amount of cash inflow (outflow) from operating activities, excluding discontinued operations. Operating activity cash flows include transactions, adjustments, and changes in value not defined as investing or financing activities.	xbrli:monetaryItemType	Duration	-
us-gaap:NetIncomeLoss The portion of profit or loss for the period, net of income taxes, which is attributable to the parent.	xbrli:monetaryItemType	Duration	Credit
us-gaap:NewAccountingPronouncementsPolicyPolicyTextBlock Disclosure of accounting policy pertaining to new accounting pronouncements that may impact the entity's financial reporting. Includes, but is not limited to, quantification of the expected or actual impact.	nonnum:textBlockItemType	Duration	_
us-gaap:NonoperatingIncomeExpenseAbstract	xbrli:stringItemType	Duration	_
us-gaap:NotesPayableCurrent Sum of the carrying values as of the balance sheet date of the portions of long-term notes payable due within one year or the operating cycle if longer.	xbrli:monetaryItemType	Instant	Credit
us-gaap:NotesPayableToBanksMember A written promise to pay a note to a bank.	nonnum:domainItemType	Duration	_
us-gaap:OfficeEquipmentMember Tangible personal property used in an office setting. Examples include, but are not limited to, computers, copiers and fax machine.	nonnum:domainItemType	Duration	_
us-gaap:OperatingExpenses  Generally recurring costs associated with normal operations except for the portion of these expenses which can be clearly related to production and included in cost of sales or services.  Includes selling, general and administrative expense.	xbrli:monetaryItemType	Duration	Debit
us-gaap:OperatingIncomeLoss The net result for the period of deducting operating expenses from operating revenues.	xbrli:monetaryItemType	Duration	Credit
us-gaap:OtherAccruedLiabilitiesCurrent Amount of expenses incurred but not yet paid classified as other, due within one year or the normal operating cycle, if longer.	xbrli:monetaryItemType	Instant	Credit
us-gaap:OtherAssetsAbstract	xbrli:stringItemType	Duration	-
us-gaap: Other Comprehensive Income Loss Available For Sale Securities Adjust ment Before Reclassification Adjust ments And Tax Abstract	xbrli:stringItemType	Duration	-
us-gaap:OtherComprehensiveIncomeLossAvailableForSaleSecuritiesAdjustmentNetOfTax  Amount after tax and reclassification adjustments, of appreciation (loss) in value of unsold available-for-sale securities. Excludes amounts related to other than temporary impairment (OTTI) loss.	xbrli:monetaryItemType	Duration	Credit
us-gaap:OtherComprehensiveIncomeLossReclassificationAdjustmentFromAOCIForSaleOfSecuritiesTax  Amount of tax expense (benefit) of reclassification adjustment from accumulated other comprehensive income for unrealized gain (loss) realized upon the sale of available-for-sale securities	xbrli:monetaryItemType	Duration	Credit
us-gaap:OtherComprehensiveIncomeLossTaxAbstract	xbrli:stringItemType	Duration	_
us-gaap: Other Comprehensive Income Unrealized Holding Gain Loss On Securities Arising During Period Net Of Tax	xbrli:monetaryItemType	Duration	Credit

t			
Amount after tax, before reclassification adjustments, of unrealized holding gain (loss) on available-for-sale securities.			
us-gaap:OtherExpenses	xbrli:monetaryItemType	Duration	Debit
Amount of expense classified as other.  us-gaap:OtherNonoperatingIncomeExpense Amount of income (expense) related to nonoperating activities, classified as other.	xbrli:monetaryItemType	Duration	Credit
$us-\\gaap:OtherThanTemporaryImpairmentLossesInvestmentsPortionInOtherComprehensiveIncomeLossNetOfTaxIncludingPortionAttributableToNoncontrollingInterest$	xbrli:monetaryItemType	Duration	Debit
Amount after tax of other than temporary impairment (OTTI) loss on investments in available-for-sale and held-to-maturity debt securities, recognized in other comprehensive loss.  us-gaap:PaymentForManagementFee	xbrli:monetaryItemType	Duration	Credit
Amount paid to managing member or general partner for management of the day-to-day business functions of the limited liability company (LLC) or limited partnership (LP).  us-qaap:PaymentsForProceedsFromShortTermInvestments	xbrli:monetaryItemType	Duration	Credit
The net amount paid (received) by the reporting entity through acquisition or sale and maturities of short-term investments with an original maturity that is three months or less which qualify for treatment as an investing activity based on managements his nagagement to be liquidated, if necessary, within the current operating cycle. Includes cash flows from securities classified as trading securities that were acquired for reasons other than sale in the short-term.	, , , , , , , , , , , , , , , , , , ,		
us-gaap:PaymentsForRepurchaseOfConvertiblePreferredStock  The cash outflow to reacquire preferred stock originally issued and identified as a security that can be exchanged for another type of financial security. This repurchased stock is held in treasury.	xbrli:monetaryItemType	Duration	Credit
us-gaap:PaymentsToAcquireInvestments The cash outflow associated with the purchase of all investments (debt, security, other) during the period.	xbrli:monetaryItemType	Duration	Credit
us-gaap:PaymentsToAcquirePropertyPlantAndEquipment The cash outflow associated with the acquisition of long-lived, physical assets that are used in the normal conduct of business to produce goods and services and not intended for resale;	xbrli:monetaryItemType	Duration	Credit
includes cash outflows to pay for construction of self-constructed assets.			
us-gaap:PaymentsToAcquireRestrictedCertificatesOfDeposit  The cash outflow from temporary investment with specific maturity and interest rate that are prohibited for current use.	xbrli:monetaryItemType	Duration	Credit
us-gaap:PensionExpense The amount of pension benefit costs recognized during the period for (1) defined benefit plans and (2) defined contribution plans. For defined benefit plans, pension expense includes the	xbrli:monetaryItemType	Duration	Debit
following components: service cost, interest cost, expected return on plan assets, gain (loss) on plan assets, prior service cost or credit, transition asset or obligation, and gain (loss) due to settlements or curtailments. For defined contribution plans, the pension expense generally equals the firm's contribution to employees' accounts (if the firm contributes) during the period.			
us-gaap:PrepaidExpenseAndOtherAssetsCurrent  Amount of asset related to consideration paid in advance for costs that provide economic benefits in future periods, and amount of other assets that are expected to be realized or consumed within one year or the normal operating cycle, if longer.	xbrli:monetaryItemType	Instant	Debit
us-gaap:ProceedsFromSaleAndMaturityOfMarketableSecurities  The cash inflow associated with the aggregate amount received by the entity through sale or maturity of marketable securities (held-to-maturity or available-for-sale) during the period.	xbrli:monetaryItemType	Duration	Debit
us-gaap:ProceedsFromSaleOfMachineryAndEquipment The cash inflow from sale of machinery and equipment.	xbrli:monetaryItemType	Duration	Debit
us-gaap:ProductOrServiceAxis Information by products and services or groups of similar products and services.	xbrli:stringItemType	Duration	-
us-gaap:ProductsAndServicesDomain	nonnum:domainItemType	Duration	-
Product or service, or a group of similar products or similar services.  us-gaap:PropertyPlantAndEquipmentByTypeAxis	xbrli:stringItemType	Duration	-
Information by type of long-lived, physical assets used to produce goods and services and not intended for resale.	and the state of t	Donathan	
us-gaap:PropertyPlantAndEquipmentDisclosureTextBlock  The entire disclosure for long-lived, physical assets used in the normal conduct of business and not intended for resale. Includes, but is not limited to, accounting policies and methodology, roll forwards, depreciation, depletion and amortization expense, including composite depreciation, accumulated depreciation, depletion and amortization expense, useful lives and method used, income statement disclosures, assets held for sale and public utility disclosures.	nonnum:textBlockItemType	Duration	_
us-gaap:PropertyPlantAndEquipmentGross  Amount before accumulated depreciation, depletion and amortization of physical assets used in the normal conduct of business and not intended for resale. Examples include, but are not	xbrli:monetaryItemType	Instant	Debit
limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.			
us-gaap:PropertyPlantAndEquipmentNet  Amount after accumulated depreciation, depletion and amortization of physical assets used in the normal conduct of business to produce goods and services and not intended for resale.  Examples include, but are not limited to, land, buildings, machinery and equipment, office equipment, and furniture and fixtures.	xbrli:monetaryItemType	Instant	Debit
us-gaap:PropertyPlantAndEquipmentTextBlock Tabular disclosure of physical assets used in the normal conduct of business and not intended for resale. Includes, but is not limited to, balances by class of assets, depreciation and	nonnum:textBlockItemType	Duration	-
depletion expense and method used, including composite depreciation, and accumulated deprecation.			
us-gaap:PropertyPlantAndEquipmentTypeDomain Listing of long-lived, physical assets that are used in the normal conduct of business to produce goods and services and not intended for resale. Examples include land, buildings, machinery and equipment, and other types of furniture and equipment including, but not limited to, office equipment, furniture and fixtures, and computer equipment and software.	nonnum:domainItemType	Duration	_
us-gaap:RangeAxis Information by range, including, but not limited to, upper and lower bounds.	xbrli:stringItemType	Duration	_
us-gaap:RelatedPartyTransactionsDisclosureTextBlock The entire disclosure for related party transactions. Examples of related party transactions include transactions between (a) a parent company and its subsidiary; (b) subsidiaries of a common parent; (c) and entity and its principal owners; and (d) affiliates.	nonnum:textBlockItemType	Duration	_
us-gaap:RepaymentsOfNotesPayable The cash outflow for a borrowing supported by a written promise to pay an obligation.	xbrli:monetaryItemType	Duration	Credit
us-gaap:RestatementAdjustmentMember  Effect of a correction of an error, other prior year adjustment, or application of a new accounting pronouncement on a financial statement line item or any per share amounts. The cumulative effect of the change on retained earnings or net assets in the statement of financial position would also be represented under this domain member.	nonnum:domainItemType	Duration	_
us-gaap:RetainedEarningsAccumulatedDeficit  The cumulative amount of the reporting entity's undistributed earnings or deficit.	xbrli:monetaryItemType	Instant	Credit
us-gaap:RetainedEarningsMember The cumulative amount of the reporting entity's undistributed earnings or deficit.	nonnum:domainItemType	Duration	_
us-gaap:RevenueRecognitionPolicyTextBlock	nonnum:textBlockItemType	Duration	-
Disclosure of accounting policy for revenue recognition. If the entity has different policies for different types of revenue transactions, the policy for each material type of transaction is generally disclosed. If a sales transaction has multiple element arrangements (for example, delivery of multiple products, services or the rights to use assets) the disclosure may indicate the accounting policy for each unit of accounting as well as how units of accounting are determined and valued. The disclosure may encompass important judgment as to appropriateness of principles related to recognition of revenue. The disclosure also may indicate the entity's treatment of any unearmed or deferred revenue that arises from the transaction.			
us-gaap:SalesRevenueGoodsGross Aggregate revenue during the period from sale of goods in the normal course of business, before deducting returns, allowances and discounts.	xbrli:monetaryItemType	Duration	Credit
us-gaap:SalesRevenueGoodsNet	xbrli:monetaryItemType	Duration	Credit

Aggregate revenue during the period from the sale of goods in the normal course of business, after deducting returns, allowances and discounts.		5 .:	
us-gaap:ScenarioPreviouslyReportedMember Represents the amount as previously reported before the correction of an error or other adjustment.	nonnum:domainItemType	Duration	_
us-gaap:ScheduleOfAccruedLiabilitiesTableTextBlock Tabular disclosure of the components of accrued liabilities.	nonnum:textBlockItemType	Duration	-
us-gaap:ScheduleOfAvailableForSaleSecuritiesReconciliationTableTextBlock Tabular disclosure of the reconciliation of available-for-sale securities from cost basis to fair value.	nonnum:textBlockItemType	Duration	-
us-gaap:ScheduleOfFiniteLivedIntangibleAssetsTableTextBlock	nonnum:textBlockItemType	Duration	_
Tabular disclosure of assets, excluding financial assets and goodwill, lacking physical substance with a finite life, by either major class or business segment.	n annum taut Diagid tam Tuna	Duration	
us-gaap:ScheduleOfIndefiniteLivedIntangibleAssetsTableTextBlock Tabular disclosure of assets, excluding financial assets and goodwill, lacking physical substance and exist in perpetuity, by either major class or business segment.	nonnum:textBlockItemType	Duration	_
us-gaap:ScheduleOfInventoryCurrentTableTextBlock Tabular disclosure of the carrying amount as of the balance sheet date of merchandise, goods, commodities, or supplies held for future sale or to be used in manufacturing, servicing or production process.	nonnum:textBlockItemType	Duration	-
us-gaap:ScheduleOfLineOfCreditFacilitiesTextBlock Tabular disclosure of short-term or long-term contractual arrangements with lenders, including letters of credit, standby letters of credit, and revolving credit arrangements, under which borrowings can be made up to maximum amount as of any point in time conditional on satisfaction of specified terms before, as of and after the date of drawdowns on the line.	nonnum:textBlockItemType	Duration	_
us-gaap:ScheduleOfShareBasedCompensationShareSAuthorizedUnderStockOptionPlansByExercisePriceRangeTextBlock Tabular disclosure of option exercise prices, by grouped ranges, including the upper and lower limits of the price range, the number of shares under option, weighted average exercise price.	nonnum:textBlockItemType	Duration	-
and remaining contractual option terms.  us-gaap:ScheduleOfShareBasedCompensationStockOptionsActivityTableTextBlock	nonnum:textBlockItemType	Duration	
Tabular disclosure of the number and weighted-average exercise prices (or conversion ratios) for share options (or share units) that were outstanding at the beginning and end of the year vested and expected to vest, exercisable or convertible at the end of the year, and the number of share options or share units that were granted, exercised or converted, forfeited, and expired during the year.	поппит:техтьюсктеттуре	Duration	_
us-gaap:ScheduleOfUnrealizedLossOnInvestmentsTableTextBlock	nonnum:textBlockItemType	Duration	-
For all investments in an unrealized loss position, including those for which other-than-temporary impairments have not been recognized in earnings (including investments for which a portion of an other-than-temporary impairment has been recognized in other comprehensive income), a tabular disclosure of the aggregate related fair value of investments with unrealized losses and the aggregate amount of unrealized losses (that is, the amount by which amontized cost basis exceeds fair value).			
us-gaap:SellingExpense Expenses recognized in the period that are directly related to the selling and distribution of products or services.	xbrli:monetaryItemType	Duration	Debit
us-gaap:ServicingAssetsAndServicingLiabilitiesAtFairValueAssumptionsUsedToEstimateFairValueWeightedAverageLife1 Weighted average life of financial assets and financial liabilities, in 'PnYnMnDTnHnMnS' format, for example, 'P1Y5M13D' represents the reported fact of one year, five months, and thirtee days.	xbrli:durationItemType	Duration	_
us-gaap:ShareBasedCompensation	xbrli:monetaryItemType	Duration	Debit
The aggregate amount of noncash, equity-based employee remuneration. This may include the value of stock or unit options, amortization of restricted stock or units, and adjustment for officers' compensation. As noncash, this element is an add back when calculating net cash generated by operating activities using the indirect method.			
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardFairValueAssumptionsExpectedDividendRate The estimated dividend rate (a percentage of the share price) to be paid (expected dividends) to holders of the underlying shares over the option's term.	num:percentItemType	Duration	_
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardFairValueAssumptionsExpectedVolatilityRate The estimated measure of the percentage by which a share price is expected to fluctuate during a period. Volatility also may be defined as a probability-weighted measure of the dispersion of returns about the mean. The volatility of a share price is the standard deviation of the continuously compounded rates of return on the share over a specified period. That is the same as the standard deviation of the differences in the natural logarithms of the stock prices plus dividends, if any, over the period.	num:percentItemType	Duration	_
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardFairValueAssumptionsRiskFreeInterestRate	num:percentItemType	Duration	_
The risk-free interest rate assumption that is used in valuing an option on its own shares.  us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsAdditionalDisclosuresAbstract	xbrli:stringItemType	Duration	_
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsExercisableNumber	xbrli:sharesItemType	Instant	_
The number of shares into which fully or partially vested stock options outstanding as of the balance sheet date can be currently converted under the option plan.  us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsExercisableWeightedAverageExercisePrice	num:perShareItemType	Instant	_
The weighted-average price as of the balance sheet date at which grantees can acquire the shares reserved for issuance on vested portions of options outstanding and currently exercisable under the stock option plan.			
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsForfeituresAndExpirationsInPeriod For presentations that combine terminations, the number of shares under options that were cancelled during the reporting period as a result of occurrence of a terminating event specified in contractual agreements pertaining to the stock option plan or that expired.	xbrli:sharesItemType	Duration	-
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsForfeituresAndExpirationsInPeriodWeightedAverageExercisePrice Weighted average price of options that were either forfeited or expired.	num:perShareItemType	Duration	_
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsForfeituresAndExpirationsInPeriodWeightedAverageExercisePriceAbstract	xbrli:stringItemType	Duration	-
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsGrantsInPeriod Net number of share options (or share units) granted during the period.	xbrli:sharesItemType	Duration	_
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingIntrinsicValue Amount by which the current fair value of the underlying stock exceeds the exercise price of options outstanding.	xbrli:monetaryItemType	Instant	Debit
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingNumber Number of options outstanding, including both vested and non-vested options.	xbrli:sharesItemType	Instant	-
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingRollForward  A roll forward is a reconciliation of a concept from the beginning of a period to the end of a period.	xbrli:stringItemType	Duration	-
us-gaap:ShareBasedCompensationArrangementByShareBasedPaymentAwardOptionsOutstandingWeightedAverageExercisePrice Weighted average price at which grantees can acquire the shares reserved for issuance under the stock option plan.	num:perShareItemType	Instant	-
us-gaap:ShareBasedCompensationArrangementsByShareBasedPaymentAwardOptionsExercisesInPeriodWeightedAverageExercisePrice Weighted average price at which option holders acquired shares when converting their stock options into shares.	num:perShareItemType	Duration	-
us-gaap:ShareBasedCompensationArrangementsByShareBasedPaymentAwardOptionsGrantsInPeriodWeightedAverageExercisePrice Weighted average per share amount at which grantees can acquire shares of common stock by exercise of options.	num:perShareItemType	Duration	-
us-gaap:SharebasedCompensationArrangementBySharebasedPaymentAwardFairValueAssumptionsExpectedTerm1 Expected term of share-based compensation awards, in 'Pn'nMnDTnHnMnS' format, for example, 'P1YSM13D' represents the reported fact of one year, five months, and thirteen days.	xbrli:durationItemType	Duration	-
us-gaap:SharebasedCompensationArrangementBySharebasedPaymentAwardOptionsOutstandingWeightedAverageRemainingContractualTerm2 Weighted average remaining contractual term for option awards outstanding, in 'PnYnMnDTnHnMnS' format, for example, 'P1Y5M13D' represents the reported fact of one year, five months and thirdeen days.	xbrli:durationItemType ;,	Duration	_
us-gaap:SharesIssued	xbrli:sharesItemType	Instant	-

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Number of shares of stock issued as of the balance sheet date, including shares that had been issued and were previously outstanding but which are now held in the treasury.				
us-gaap:ShortTermInvestments	xbrli:monetaryItemType	Instant	Debit	
Amount of investments including trading securities, available-for-sale securities, held-to-maturity securities, and short-term investments classified as other and current.				
us-gaap:SignificantAccountingPoliciesTextBlock	nonnum:textBlockItemType	Duration	_	
The entire disclosure for all significant accounting policies of the reporting entity.				
us-gaap:StatementEquityComponentsAxis	xbrli:stringItemType	Duration	_	
Information by component of equity.		D		
us-gaap:StatementOfStockholdersEquityAbstract	xbrli:stringItemType	Duration	_	
us-gaap:StatementScenarioAxis	xbrli:stringItemType	Duration	_	
Information by scenario to be reported. Scenarios distinguish among different kinds of business reporting facts, as for example actual versus budgeted figures.	xbiii.stiiiigiteiiii ype	Buration		
us-gaap:Stock ssuedDuringPeriodSharesStockOptionsExercised	xbrli:sharesItemType	Duration	_	
Number of share options (or share units) exercised during the current period.	, , , , , , , , , , , , , , , , , , ,			
us-gaap:StockholdersEquity	xbrli:monetaryItemType	Instant	Credit	
Total of all stockholders' equity (deficit) items, net of receivables from officers, directors, owners, and affiliates of the entity which are attributable to the parent. The amount of the economic				
entity's stockholders' equity attributable to the parent excludes the amount of stockholders' equity which is allocable to that ownership interest in subsidiary equity which is not attributable the parent (noncontrolling interest, minority interest). This excludes temporary equity and is sometimes called permanent equity.	to			
us-gaap:StockholdersEquityAbstract	xbrli:stringItemType	Duration	_	
	, , , , , , , , , , , , , , , , , , ,			
us-gaap:SubordinatedBorrowingInterestRate	num:percentItemType	Duration	_	
Stated interest rate of the subordinated debt.				
us-gaap:SupplementalCashFlowInformationAbstract	xbrli:stringItemType	Duration	_	
us-gaap:TradeNamesMember	nonnum:domainItemType	Duration	_	
Rights acquired through registration of a business name to gain or protect exclusive use thereof.	nonnum domain Itam Tuna	Duration		
us-gaap:TreasuryStockMember Shares of an entity that have been repurchased by the entity. This stock has no voting rights and receives no dividends. Note that treasury stock may be recorded at its total cost or	nonnum:domainItemType	Duration	_	
separately as par (or stated) value and additional paid in capital. Classified within stockholders' equity if nonredeemable or redeemable solely at the option of the issuer. Classified within				
temporary equity if redemption is outside the control of the issuer.				
us-gaap:TreasuryStockShares	xbrli:sharesItemType	Instant	_	
Number of common and preferred shares that were previously issued and that were repurchased by the issuing entity and held in treasury on the financial statement date. This stock has no voting rights and receives no dividends.	5			
us-gaap:TreasuryStockSharesAcquired	xbrli:sharesItemType	Duration	_	
Number of shares that have been repurchased during the period and are being held in treasury.	3,			
us-gaap:TreasuryStockValue	xbrli:monetaryItemType	Instant	Debit	
The amount allocated to treasury stock. Treasury stock is common and preferred shares of an entity that were issued, repurchased by the entity, and are held in its treasury.				
us-gaap:UseOfEstimates	nonnum:textBlockItemType	Duration	_	
Disclosure of accounting policy for the use of estimates in the preparation of financial statements in conformity with generally accepted accounting principles.		D		
us-gaap:VehiclesMember Equipment used primarily for road transportation.	nonnum:domainItemType	Duration	_	
us-gaap:WeightedAverageNumberOfShareOutstandingBasicAndDiluted	xbrli:sharesItemType	Duration	_	
us-gapt, weightednyer agentumer or interest and in calculating basic and diluted earnings per share (EPS).  Average number of shares or units issued and outstanding that are used in calculating basic and diluted earnings per share (EPS).	ADIII. SHALESITEIIII YPE	Duration	_	
			Total Elements	319
		Total Non-Abstract Elements 215 Total Extension Elements 73		
		F	ercent Extended	22%
		Percent Extended (exc		16%
			Total Facts	603
(End Elements)	·			