



## **Lifeway Foods® to Report Fourth Quarter and Full Year 2023 Results on March 20, 2024**

Morton Grove, IL — March xx, 2024 — Lifeway Foods, Inc. (Nasdaq: LWAY) (“Lifeway” or “the Company”), a leading U.S. supplier of kefir and fermented probiotic products to support the microbiome, today announced it will report financial results for the fourth quarter and full year ended December 31, 2023 on March 20, 2024 before market hours.

A pre-recorded conference call and webcast with Julie Smolyanky, Lifeway's President and Chief Executive Officer, discussing these results with additional comments and details will be made available through the “Investor Relations” section of the Company’s website at <https://lifewaykefir.com/webinars-reports/> upon dissemination of the fourth quarter and full year results on March 20, 2024 before market hours.

### **About Lifeway Foods, Inc.**

Lifeway Foods, Inc., which has been recognized as one of Forbes' Best Small Companies, is America's leading supplier of the probiotic, fermented beverage known as kefir. In addition to its line of drinkable kefir, the company also produces a variety of cheeses and a ProBugs line for kids. Lifeway's tart and tangy fermented dairy products are now sold across the United States, Mexico, Ireland and France. Learn how Lifeway is good for more than just you at [lifewayfoods.com](http://lifewayfoods.com).

#### Media:

Derek Miller

Vice President of Communications, Lifeway Foods

Email: [derekm@lifeway.net](mailto:derekm@lifeway.net)

#### General inquiries:

Lifeway Foods, Inc.

Phone: 847-967-1010

Email: [info@lifeway.net](mailto:info@lifeway.net)