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Document Description 9	XBRL Schema File					
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Notifications						
Notify via Website only	No					
E-mail 1	rakheen@lifeway.net					
(End Notifications)						

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 10-Q

(Mark One)	X	QUARTERLY REPORT UN	IDER SECTION 13 OR 15(d) C	F THE SECURI	ITIES EXCHANGE ACT OF 1934
			For the quarterly period ended		
					TIES EXCHANGE ACT OF 1934
		For th	e transition period from	to	
			Commission File Number:	000-17363	
		(Ex	LIFEWAY FOODS, act Name of Registrant as Speci		er)
		Illinois (State or Other Jurisdiction of Incorporation or Organization			36-3442829 (I.R.S. Employer Identification No.)
			6431 West Oakton, Morton G <i>Address of Principal Executive C</i>)
		(Res	(847) 967-1010 sistrant's Telephone Number, In	cluding Area Co	de)
Securities reg	gistere	d pursuant to Section 12(b) of the	ne Act:		
Title of each			Trading Symbol(s)		Name of each exchange on which registered
Common S	tock, r	no par value	LWAY		Nasdaq Global Market
1934 during	the pre		shorter period that the registrant		n 13 or 15(d) of the Securities Exchange Act of file such reports), and (2) has been subject to
of Regulation	n S-T				file required to be submitted pursuant to Rule 405 period that the registrant was required to submit
an emerging	growt		s of "large accelerated filer," '		n-accelerated filer, smaller reporting company, or ", "smaller reporting company", and "emerging
	Non	ge accelerated filer -accelerated filer rging growth company		Accelerated fill Smaller report	ler □ ing company ⊠
_	~ ~		k mark if the registrant has electrory provided pursuant to Section 13		he extended transition period for complying with \Box
Indicate by c	heck n	nark whether the registrant is a	shell company (as defined in Ru	le 12b-2 of the E	exchange Act). Yes □ No ⊠
Number of sl	hares o	of Common Stock, no par value,	outstanding as of August 03, 20	020: 15,604,480	

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PART I – FINANCIAL INFORMATION

ITEM 1. FINANCIAL STATEMENTS.

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Balance Sheets June 30, 2020 and December 31, 2019 (In thousands)

		une 30, 2020 naudited)	Dec	eember 31, 2019
Current assets				
Cash and cash equivalents	\$	4,619	\$	3,836
Accounts receivable, net of allowance for doubtful accounts and discounts and allowances of		7 727		((02
\$1,300 and \$1,100 at June 30, 2020 and December 31, 2019 respectively		7,737		6,692 6,392
Inventories, net Prepaid expenses and other current assets		6,653 1,086		1,598
Refundable income taxes		615		681
Total current assets		20,710		19,199
Total cultent assets		20,710		19,199
Property, plant and equipment, net		21,394		22,274
Operating lease right-of-use asset		431		738
Intangible assets				4
Goodwill and indefinite-lived intangibles		12,824		12,824
Other intangible assets, net		74		152
Total intangible assets		12,898		12,976
Other assets		1,800		1,800
Total assets	\$	57,233	\$	56,987
	<u> </u>	37,200	Ψ	30,707
Current liabilities				
Accounts payable	\$	5,108	\$	5,282
Accrued expenses		3,066		4,087
Line of credit – current		2,757		_
Accrued income taxes		92		154
Total current liabilities		11,023		9,523
Line of credit		_		2,745
Operating lease liabilities		239		488
Deferred income taxes, net		1,292		922
Other long-term liabilities		42		58
Total liabilities		12,596		13,736
Commitments and contingencies				
Stockholders' equity				
Preferred stock, no par value; 2,500 shares authorized; no shares issued or outstanding at June 30, 2020 and December 31, 2019		_		_
Common stock, no par value; 40,000 shares authorized; 17,274 shares issued; 15,592 and				
15,710 outstanding at June 30, 2020 and December 31, 2019, respectively		6,509		6,509
Paid-in capital		2,587		2,380
Treasury stock, at cost		(12,548)		(12,601)
Retained earnings		48,089		46,963
Total stockholders' equity		44,637		43,251
70 (112 1922 1 (11 11 1 2	_		_	
Total liabilities and stockholders' equity	\$	57,233	\$	56,987

See accompanying notes to consolidated financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Operations For the three and six months ended June 30, 2020 and 2019

(Unaudited)

(In thousands, except per share data)

	Three Mon June	nded		Six Mont June	ed	
	 2020	2019		2020		2019
Net sales	\$ 25,014	\$ 23,153	\$	50,402	\$	47,768
Cost of goods sold	17,279	16,843		35,903		34,410
Depreciation expense	807	747		1,574		1,492
Total cost of goods sold	18,086	17,590		37,477		35,902
Gross profit	 6,928	 5,563		12,925		11,866
Selling expenses	2,720	2,691		5,295		5,830
General and administrative	2,731	2,898		5,876		6,390
Amortization expense	39	40		78		113
Total operating expenses	5,490	5,629		11,249		12,333
Income (loss) from operations	 1,438	 (66)	_	1,676		(467)
Other income (expense):						
Interest expense	(30)	(68)		(69)		(137)
Gain on investments	4	_		4		_
(Loss) gain on sale of property and equipment	(33)	4		(28)		29
Other income, net	 5	 2		2		5
Total other income (expense)	 (54)	 (62)		(91)		(103)
Income (loss) before provision for income taxes	1,384	(128)		1,585		(570)
Provision (benefit) for income taxes	 404	 13		459		(41)
Net income (loss)	\$ 980	\$ (141)	\$	1,126	\$	(529)
Earnings (loss) per common share:						
Basic	\$ 0.06	\$ (0.01)	\$	0.07	\$	(0.03)
Diluted	\$ 0.06	\$ (0.01)	\$	0.07	\$	(0.03)
Weighted average common shares:						
Basic	15,560	15,775		15,591		15,771
Diluted	15,586	15,775		15,607		15,771

See accompanying notes to consolidated financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Stockholders' Equity (Unaudited) (In thousands)

Common Stock

	Iss	ued		In tre	asur	<u>y</u>	Paid-In		R	etained	Total	
	Shares		\$	Shares	_	\$		apital	E	arnings	I	Equity
Balance, January 1, 2019	17,274	\$	6,509	(1,460)	\$	(12,970)	\$	2,303	\$	46,563	\$	42,405
Cumulative impact of change in accounting principles, net of tax	_		-	-		_		-		(53)		(53)
Issuance of common stock in connection with stock-based compensation	_		_	41		351		142		_		493
Treasury stock purchased	-		-	(82)		(205)		-		-		(205)
Stock-based compensation	-		-	-		-		218		-		218
Net loss			<u> </u>		_	_		<u> </u>		(388)		(388)
Balance, March 31, 2019	<u>17,274</u>	<u>\$</u>	6,509	(1,501)	<u>\$</u>	(12,824)	<u>\$</u>	2,663	<u>\$</u>	46,122	<u>\$</u>	42,470
Issuance of common stock in connection with stock-based compensation				62		527		(548)				(21)
Treasury stock purchased	_		_	(74)		(180)		(346)		_		(180)
Stock-based compensation	-		-	-		-		115		-		115
Net loss		_			_					(141)	_	(141)
Balance, June 30, 2019	<u>17,274</u>	\$	6,509	(1,513)	<u>\$</u>	(12,477)	\$	2,230	\$	45,981	\$	42,243

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Stockholders' Equity (continued) (Unaudited)

(In thousands)

Common Stock

	Iss	ued		In tre	asur	<u>y</u>	Paid-In Capital		R	etained		Total
	Shares		\$	Shares	_	\$			Capital Earn		egs Equity	
Balance, January 1, 2020	17,274	\$	6,509	(1,564)	\$	(12,601)	\$	2,380	\$	46,963	\$	43,251
Issuance of common stock in connection with stock-based compensation	-		_	27		210		306		-		516
Treasury stock purchased	-		_	(179)		(405)		_		_		(405)
Stock-based compensation	-		-	-		-		62		-		62
Net income			_							146		146
Balance, March 31, 2020	17,274	<u>\$</u>	6,509	(1,716)	<u>\$</u>	(12,796)	\$	2,748	<u>\$</u>	47,109	\$	43,570
Issuance of common stock in connection with stock-based compensation	-		-	34		248		(270)		-		(22)
Stock-based compensation	-		-	-		-		109		-		109
Net income			<u> </u>			<u> </u>		<u> </u>		980		980
Balance, June 30, 2020	17,274	\$	6,509	(1,682)	<u>\$</u>	(12,548)	\$	2,587	\$	48,089	\$	44,637

See accompanying notes to consolidated financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Cash Flows (Unaudited)

(In thousands)

Net income (loss) \$ 1,126 \$ (\$29) Alpitaments to reconcile net income (loss) to operating cash flow: 1,652 1,605 Depreciation and amortization 1,652 1,605 Non-cash interset expense (38) Bad debt expense (48) 3 Bad debt expense (48) 3 Deferred revenue (38) Stock-based compensation 28 (29) Loss (gain) on sale of property and equipment 28 (29) Reserve for inventory obsolescence 210 Concernation of inventory obsolescence (1041) (1,297) (1,297) Inventories (262) (1,235) (20) Refundable income taxes (262) (1,235) (20) Refundable income taxes (262) (38) (29) Accrued expenses and other current assets (262) (38) (29) Accrued expenses (44) (32)			Six Months E	nded Ju	ıne 30,
Net income (loss) to operating cash flow: 5 1,126 \$ (\$29) Adjustments to reconcile net income (loss) to operating cash flow: 1,652 1,605 Depreciation and amorization 1,652 1,605 Non-cash incress expense (38) - 18ad debt expense (48) (48) 18ad debt expenses (404) (128) Reserve for inventory all equipment (50) (123) Reserve for inventory all equipment assets (65) 1,470 Accounter expense (448) 1,720				2019	
Adjustments to reconcile net income (loss) to operating eash flow: Depreciation and amoritation 1,652 1,605 Non-eash interest expense 12 12 12 Bod debt expense (44) 3 3 Beffered revenue (48) (48) (48) Stock-based compensation 232 535 Deferred rome taxes 369 2 2 Deferred income taxes 369 2 2 Reserve for inventory obsolescence (1041) (1,297) Reserve for inventory obsolescence (1041) (1,297) Accounts receivable (1041) (1,297) Accounts payable (172) 888 Actrued expenses and other current assets (302 (308) Account sympable (172) (888) Actrued expenses (448) (744) Actrued income taxes (448)	Cash flows from operating activities:		_		
Depreciation and amortization 1,652 1,605 1,60		\$	1,126	\$	(529)
Non-cash interest expense					
Non-cash rent expense					
Bad debt expense					12
Deferred revenue					-
Stock-based compensation					
Deferred income taxes					
Loss (gain) on sale of property and equipment 28 29 Reserve for inventory obsolescence 210 (Increase) decrease in operating assets: (1,041) (1,297) Accounts receivable (1,041) (1,295) Refundable income taxes (262) (1,235) Refundable income taxes (365) (1,470) Prepaid expenses and other current assets (302) (308) Increase (decrease) in operating liabilities: (172) 888 Accrued expenses and other current assets (448) 774 Accounts payable (172) 888 Accrued expenses (448) 774 Accrued income taxes (62) (43) Accrued capenses (448) 774 Accrued income taxes (62) (43) Accrued operating activities (191) (200) Purchases of property and equipment (728) (290) Proceeds from sale of property and equipment (728) (290) Proceeds from sale of property and equipment (728) (269) Pruchase of investing activities (723) (269) Purchase of investing activities (365) (385) Repayment of line of credit (405) (385) Repayment of line of credit (405) (1,715) Net cash used in financing activities (405) (1,715) Net increase in cash and cash equivalents (405) (1,715) Net increase in cash and cash equivalents (405) (1,715) Net increase in cash and cash equivalents (405) (1,715) Net increase in cash and cash equivalents (405) (405) (405) (405) (405) Cash paid for income taxes, net of (refunds) (405) (535
Reserve for inventory obsolescence – 210 (Increase) decrease in operating assets: (1,041) (1,297) Accounts receivable (1,041) (1,297) Inventories (65 1,470 Refundable income taxes 65 1,470 Prepaid expenses and other current assets (308) Increase (decrease) in operating liabilities: (172) 888 Accounts payable (172) 888 Accounts payable (62) (43) Accrued expenses (62) (43) Net cash provided by operating activities (62) (43) Net cash provided by operating activities (728) (290) Purchase of property and equipment (728) (290) Purchase of property and equipment 5 36 Purchase of investments (728) (290) Cash flows from financing activities: (405) (385) Purchase of treasury stock (405) (385) Repayment of line of credit (405) (320) Vet cash used in financing activities:					
Increase			28		
Accounts receivable			_		210
Inventories					
Refundable income taxes 65 1,470 Prepaid expenses and other current assets 502 (308) Increase (decrease) in operating liabilities:					
Prepaid expenses and other current assets 502 (308) Increase (decrease) in operating liabilities:	Inventories		(262)		
Increase (decrease) in operating liabilities: Accounts payable					
Accounts payable (172) 888 Accrued expenses (448) 774 Accrued income taxes (62) (43) Net cash provided by operating activities 1,911 2,008 Cash flows from investing activities: *** *** Purchases of property and equipment 5 36 Purchase of investments - (15) Net cash used in investing activities (723) (269) Cash flows from financing activities (723) (269) Cash flows from financing activities (405) (385) Repayment of line of credit - (1,330) Net cash used in financing activities (405) (1,715) Net increase in cash and cash equivalents 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period 3,836 2,998 Cash paid for increase increase, net of (refunds) \$ 82 \$ (1,469) Cash paid for increase, net of (refunds) \$ 82 \$ (1,469) Cash paid for increase assets recogn			502		(308)
Accrued expenses (448) 774 Accrued income taxes (62) (43) Net cash provided by operating activities 1,911 2,008 Cash flows from investing activities: *** (728) (290) Purchases of property and equipment 5 36 (290) Proceeds from sale of property and equipment 5 36 (290) (269) Purchase of investments - (15) (269)					
Accrack income taxes (62) (43) Net cash provided by operating activities 1,911 2,008 Cash flows from investing activities: 8 2,909 Purchases of property and equipment (728) (290) Proceeds from sale of property and equipment 5 36 Purchase of investments - (15) Net cash used in investing activities - (15) Cash flows from financing activities: - (15) Purchase of treasury stock (405) (385) Repayment of line of credit - (1,330) Net cash used in financing activities - (1,330) Net cash used in financing activities 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period 3,836 2,998 Cash and cash equivalents at the end of the period 8 8 (1,469) Cash and cash flow information: 8 8 (1,469) Cash paid for interest \$ 8 \$ 1,49			(172)		888
Cash flows from investing activities: 1,911 2,008 Cash flows from investing activities: 728 (290) Purchases of property and equipment 5 36 Purchase of investments - (15) Net cash used in investing activities: - (15) Purchase of treasury stock (405) (385) Repayment of line of credit - (1,330) Net cash used in financing activities - (1,330) Net increase in cash and cash equivalents 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period \$ 4,619 3,022 Supplemental cash flow information: - \$ 149 Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for increst \$ 61 149 Non-cash investing activities<			(448)		774
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Purchases of property and equipment (728) (290) Proceeds from sale of property and equipment 5 36 Purchases of investments - (15) Net cash used in investing activities (723) (269) Cash flows from financing activities Purchase of treasury stock (405) (385) Repayment of line of credit - (1,330) Net cash used in financing activities (405) (1,715) Net increase in cash and cash equivalents 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period 3,836 2,998 Cash paid for income taxes, net of (refunds) \$ 8 4,619 \$ 3,022 Supplemental cash flow information: Cash paid for income taxes, net of (refunds) \$ 8 2 \$ (1,469) Cash paid for interest \$ 61 \$ 149 Non-cash investing activities \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 947 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ 5 \$ 82 \$ (88) Non-cash financing activities \$ 8 \$ 880 \$ (88)	Net cash provided by operating activities		1,911		2,008
Purchases of property and equipment (728) (290) Proceeds from sale of property and equipment 5 36 Purchases of investments - (15) Net cash used in investing activities (723) (269) Cash flows from financing activities Purchase of treasury stock (405) (385) Repayment of line of credit - (1,330) Net cash used in financing activities (405) (1,715) Net increase in cash and cash equivalents 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period 3,836 2,998 Cash paid for income taxes, net of (refunds) \$ 8 4,619 \$ 3,022 Supplemental cash flow information: Cash paid for income taxes, net of (refunds) \$ 8 2 \$ (1,469) Cash paid for interest \$ 61 \$ 149 Non-cash investing activities \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 947 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ 5 \$ 82 \$ (88) Non-cash financing activities \$ 8 \$ 880 \$ (88)	Cash flows from investing activities:				
Proceeds from sale of property and equipment 5 36 Purchase of investments - (15) Net cash used in investing activities (723) (269) Cash flows from financing activities: - (1,330) Purchase of treasury stock (405) (385) Repayment of line of credit - (1,330) Net cash used in financing activities (405) (1,715) Net increase in cash and cash equivalents 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period \$ 4,619 \$ 3,022 Supplemental cash flow information: - (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for interest \$ 61 \$ 149 Non-cash investing activities - \$ 944 Noperating lease liability recognized at ASU 2016-02 transition \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized			(728)		(290)
Purchase of investments — (15) Net cash used in investing activities (723) (269) Cash flows from financing activities: — (405) (385) Purchase of treasury stock (405) (1,330) Net cash used in financing activities (405) (1,715) Net cash used in financing activities 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period \$ 4,619 \$ 3,022 Supplemental cash flow information: Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82			` ,		
Net cash used in investing activities (723) (269) Cash flows from financing activities: (405) (385) Purchase of treasury stock (405) (1,330) Net cash used in financing activities (405) (1,715) Net increase in cash and cash equivalents 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period \$ 4,619 \$ 3,022 Supplemental cash flow information: S \$ 2 \$ (1,469) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for interest \$ 61 149 Non-cash investing activities \$ - \$ 944 Right-of-use assets recognized at ASU 2016-02 transition \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ (58) 280 Non-cash financing activities \$ (58) 280			_		(15)
Purchase of treasury stock (405) (385) Repayment of line of credit — (1,330) — (1,330) Net cash used in financing activities 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period \$ 4,619 \$ 3,022 Supplemental cash flow information: — (1,330) — (1,715) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for interest \$ 61 \$ 149 Non-cash investing activities — \$ 944 Right-of-use assets recognized at ASU 2016-02 transition \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ (58) \$ 280 Non-cash financing activities — \$ 997 \$	Net cash used in investing activities		(723)		
Purchase of treasury stock (405) (385) Repayment of line of credit — (1,330) — (1,330) Net cash used in financing activities 783 24 Cash and cash equivalents at the beginning of the period 3,836 2,998 Cash and cash equivalents at the end of the period \$ 4,619 \$ 3,022 Supplemental cash flow information: — (1,330) — (1,715) Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for interest \$ 61 \$ 149 Non-cash investing activities — \$ 944 Right-of-use assets recognized at ASU 2016-02 transition \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ (58) \$ 280 Non-cash financing activities — \$ 997 \$	Cash flows from financing activities:				
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Cash paid for income taxes, net of (refunds) \$ 82 \$ (1,469) Cash paid for interest \$ 61 \$ 149 Non-cash investing activities Right-of-use assets recognized at ASU 2016-02 transition \$ - \$ 944 Operating lease liability recognized at ASU 2016-02 transition \$ - \$ 997 Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ (58) \$ 280 Non-cash financing activities	Supplemental cash flow information:				
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Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ (58) \$ 280 Non-cash financing activities	Right-of-use assets recognized at ASU 2016-02 transition	\$	_	\$	944
Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU 2016-02 transition \$ (58) \$ 280 Non-cash financing activities			_	\$	997
2016-02 transition \$ (58) \$ 280 Non-cash financing activities					
		\$	(58)	\$	280
Issuance of common stock under equity incentive plans \$ 522 \$	Non-cash financing activities				
	Issuance of common stock under equity incentive plans	\$	522	\$	-

See accompanying notes to consolidated financial statements

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Notes to Consolidated Financial Statements (Unaudited)

(In thousands, except per share data)

Note 1 - Basis of Presentation

Basis of presentation

The accompanying unaudited consolidated financial statements have been prepared in accordance with accounting principles generally accepted in the U.S. ("U.S. GAAP") for interim financial information, and do not include all of the information and disclosures required for complete, audited financial statements. In the opinion of management, these statements include all adjustments necessary for a fair presentation of the results of all interim periods reported herein. The consolidated financial statements and related notes should be read in conjunction with the consolidated financial statements and related notes included in our Annual Report on Form 10-K for the fiscal year ended December 31, 2019. Results of operations for interim periods are not necessarily indicative of the results to be expected for other interim periods or the full year.

A detailed description of our significant accounting policies can be found in our Annual Report on Form 10-K for the fiscal year ended December 31, 2019.

Principles of consolidation

Our consolidated financial statements include the accounts of Lifeway Foods, Inc. and all its wholly owned subsidiaries (collectively "Lifeway" or the "Company"). All significant intercompany accounts and transactions have been eliminated.

Note 2 - Significant Accounting Policies

Use of estimates

The preparation of consolidated financial statements in conformity with U.S. GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the consolidated financial statements and reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. Significant estimates made in preparing the consolidated financial statements include the reserve for promotional allowances, the valuation of goodwill and intangible assets, stock-based and incentive compensation, and deferred income taxes.

Revenue recognition

We sell food and beverage products across select product categories to customers predominantly within the United States (see Note 12, Segments, Products and Customers). We also sell bulk cream, a byproduct of our fluid milk manufacturing process. In accordance with ASC 606, Revenue from Contracts with Customers, we recognize revenue when control over the products transfers to our customers, which generally occurs upon delivery to our customers or their common carriers. The Company adopted this standard at the beginning of fiscal year 2018, with no significant impact to its financial position or results of operations, using the modified retrospective method. The amount of revenue recognized reflects the consideration to which the Company expects to be entitled to receive in exchange for these goods or services, using the five-step method required by ASC 606.

For the Company, the contract is the approved sales order, which may also be supplemented by other agreements that formalize various terms and conditions with customers. The Company applies judgment in determining the customer's ability and intention to pay, which is based on a variety of factors including the customer's historical payment experience or, in the case of a new customer, published credit and financial information pertaining to the customer.

Performance obligations promised in a contract are identified based on the goods or services that will be transferred to the customer, which is the delivery of food products which provide immediate benefit to the customer.

We account for product shipping and handling as fulfillment activities with revenues for these activities recorded within net revenue and costs recorded within cost of goods sold. Any taxes collected on behalf of government authorities are excluded from net revenues.

Variable consideration, which typically includes volume-based rebates, known or expected pricing or revenue adjustments, such as trade discounts, allowances for non-saleable products, product returns, trade incentives and coupon redemption, is estimated utilizing the most likely amount method.

Key sales terms, such as pricing and quantities ordered, are established on a frequent basis such that most customer arrangements and related incentives have a one year or shorter duration. As such, we do not capitalize contract inception costs and we capitalize product fulfillment costs in accordance with U.S. GAAP and our inventory policies. We do not have any significant deferred revenue or unbilled receivables at the end of a period. We generally do not receive noncash consideration for the sale of goods, nor do we grant payment financing terms greater than one year.

Advertising and promotional costs

Lifeway expenses advertising costs as incurred. For the six months ended June 30, 2020 and 2019 total advertising expenses were \$1,320 and \$1,864, respectively. For the three months ended June 30, 2020 and 2019 total advertising expenses were \$784 and \$776, respectively.

Recent accounting pronouncements

Issued but not yet effective

In March 2020, the FASB issued ASU No. 2020-04, Reference Rate Reform (Topic 848): Facilitation of the Effects of Reference Rate Reform on Financial Reporting. The new guidance provides optional expedients and exceptions for applying generally accepted accounting principles (GAAP) to contracts, hedging relationships, and other transactions that reference LIBOR or another reference rate expected to be discontinued because of reference rate reform. The guidance is effective prospectively as of March 12, 2020 through December 31, 2022 and interim periods within those fiscal years. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In December 2019, the FASB issued ASU No. 2019-12, Income Taxes (Topic 740): Simplifying the Accounting for Income Taxes. The new guidance is intended to enhance and simplify various aspects of the accounting for income taxes. The new guidance eliminates certain exceptions to the general approach to the income tax accounting model, and adds new guidance to reduce the complexity in accounting for income taxes. The guidance will be effective for fiscal years beginning after December 15, 2020 and interim periods within those fiscal years. Early adoption of the amendments is permitted, including adoption in any interim period for public business entities for periods for which financial statements have not yet been issued. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

In June 2016, the FASB issued ASU No. 2016-13, Financial Instruments – Credit Losses (Topic 326): Measurement of Credit Losses on Financial Instruments, in November 2018 issued an amendment, ASU 2018-19, Codification Improvements to Topic 326, Financial Instruments – Credit Losses, and in November 2019 issued two amendments, ASU 2019-10, Financial Instruments—Credit Losses (Topic 326), Derivatives and Hedging (Topic 815), and Leases (Topic 842): Effective Dates, and ASU 2019-11, Codification Improvements to Topic 326, Financial Instruments—Credit Losses. The series of new guidance amends the impairment model by requiring entities to use a forward-looking approach based on expected losses rather than incurred losses to estimate credit losses on certain types of financial instruments, including trade receivables. This may result in the earlier recognition of allowances for losses. The guidance should be applied on either a prospective transition or modified-retrospective approach depending on the subtopic. The guidance will be effective for fiscal years beginning after December 15, 2022, including interim periods within those fiscal years, with early adoption permitted. Management is currently evaluating the impact that the new guidance will have on the consolidated financial statements.

Note 3 – Inventories, net

Inventories consisted of the following:

	June 30, 2020	December 31, 2019		
Ingredients	\$ 1,920	\$	1,942	
Packaging	2,523		2,230	
Finished goods	2,210		2,220	
Total inventories	\$ 6,653	\$	6,392	

Note 4 - Property, Plant and Equipment, net

Property, plant and equipment consisted of the following:

	June 30, 2020		
Land	\$ 1,565	\$	1,565
Buildings and improvements	17,584		17,332
Machinery and equipment	30,911		30,670
Vehicles	778		778
Office equipment	849		851
Construction in process	254		362
	 51,941		51,558
Less accumulated depreciation	 (30,547)		(29,284)
Total property, plant and equipment, net	\$ 21,394	\$	22,274

Note 5 – Goodwill and Intangible Assets

Goodwill and indefinite-lived intangible assets consisted of the following:

	June 30, 2020		
Gross goodwill	\$ 10,368	\$	10,368
Accumulated impairment losses	(1,244)		(1,244)
Goodwill	 9,124		9,124
Brand names	3,700		3,700
Goodwill and indefinite-lived intangible assets	\$ 12,824	\$	12,824

Finite-lived Intangible Assets

Other intangible assets, net consisted of the following:

	June 30, 2020	December 31, 2019		
Recipes	\$	44	\$	44
Customer lists and other customer related intangibles		4,529		4,529
Customer relationship		985		985
Trade names		2,248		2,248
Formula		438		438
		8,244		8,244
Accumulated amortization		8,170)		(8,092)
Other intangible assets, net	\$	74	\$	152

Note 6 – Accrued Expenses

Accrued expenses consisted of the following:

	J	December 31, 2019		
Payroll and incentive compensation	\$	2,221	\$	3,009
Current portion of operating lease liabilities		190		285
Real estate taxes		354		398
Other		301		395
Total accrued expenses	\$	3,066	\$	4,087

Note 7 – Debt

Line of Credit

On May 7, 2018, Lifeway entered into an Amended and Restated Loan and Security Agreement (the "Revolving Credit Facility") with its existing lender. On April 10, 2019, effective March 31, 2019, Lifeway entered into the First Modification to the Amended and Restated Loan and Security Agreement (the "Modified Revolving Credit Facility") with its existing lender. Under the amendment, the Modified Revolving Credit Facility provides for a revolving line of credit up to a maximum of \$9 million (the "Revolving Loan") with an incremental facility not to exceed \$5 million (the "Incremental Facility" and together with the Revolving Loan, the "Loans").

As of June 30, 2020, we had \$2,757 net of \$20 of unamortized deferred financing costs, outstanding under the Revolving Credit Facility. We had approximately \$6,223 available under the Borrowing Base for future borrowings as of June 30, 2020.

As amended, all outstanding amounts under the Loans bear interest, based on a level of the Senior Debt to EBITDA ratio, at Lifeway's election, at either the lender Base Rate (the greater of either the Federal Funds Rate plus 0.0% to 0.5%, or the Prime Rate) or the LIBOR plus 2.25% to 3.00%, payable monthly in arrears. Lifeway is also required to pay a quarterly unused line fee of 0.25% and, in conjunction with the issuance of any letters of credit, a letter of credit fee. Lifeway's interest rate on debt outstanding under our Revolving Credit Facility as of June 30, 2020 was 2.43%.

The commitment under the Revolving Credit Facility matures May 7, 2021. The Revolving Credit Facility is presented as a short-term debt obligation as of June 30, 2020. The Company intends to execute a new credit facility prior to the maturity date of its existing revolving credit facility. The Loans and all other amounts due and owed under the Revolving Credit Facility and related documents are secured by substantially all of our assets.

Amounts available for borrowing under the Revolving Credit Facility equal the lesser of (i) the Borrowing Base (as defined below), or (ii) \$9 million (plus the amount of any Incremental Facility requested by Lifeway and approved by lender), in each case, as the same is reduced by the aggregate principal amount outstanding under the Loans.

On December 10, 2019, Lifeway entered into the Second Modification to the Amended and Restated Loan and Security Agreement, as amended, (the "Second Modification") with its existing lender. The Second Modification amends the Amended and Restated Loan and Security Agreement, as amended, by redefining the "Borrowing Base" and further clarifying the definitions of "Eligible Accounts" and "Eligible Inventory." The "Borrowing Base" under this amendment means, generally, an amount equal to the sum of (a) 85% of the unpaid amount of all eligible accounts receivable, plus (b) 50% of the value of all eligible inventory. The Second Modification also addresses the calculation of interest after the potential discontinuance of LIBOR and its replacement with a replacement benchmark interest rate.

As amended, the Modified Revolving Credit Facility contains customary representations, warranties, and covenants on the part of Lifeway, including financial covenants requiring us to achieve a minimum EBITDA threshold for each of the fiscal quarters through December 31, 2019, and maintain a fixed charge coverage ratio of no less than 1.25 to 1.00 for each of the fiscal quarters ending through the expiration date. The Modified Revolving Credit Facility also provides for events of default, including failure to repay principal and interest when due and failure to perform or violation of the provisions or covenants of the agreement, as a result of which amounts due under the Modified Revolving Credit Facility may be accelerated.

We were in compliance with the fixed charge coverage ratio covenant at June 30, 2020.

Note 8 - Leases

Lifeway has operating leases for three retail stores for its Lifeway Kefir Shop subsidiary and office space which includes fixed base rent payments as well as variable rent payments to reimburse the landlord for operating expenses and taxes. The Company also leases certain machinery and equipment with fixed base rent payments and variable costs based on usage. Remaining lease terms for these leases range from less than 1 year to 5 years. Some of our leases include options to extend the leases for up to 5 years and have been included in our calculation of the right-of-use asset and lease liabilities. Lifeway includes only fixed payments for lease components in the measurement of the right-of-use asset and lease liability. Variable lease payments are those that vary because of changes in facts or circumstances occurring after the commencement date, other than the passage of time. There are no residual value guarantees. We do not currently have leases which meet the finance lease classification as defined under ASC 842.

We do not record leases with an initial term of 12 months or less on the balance sheet. Expense for these short-term leases is recorded on a straight-line basis over the lease term. Total lease expense was \$311 and \$365 (including short term leases) for the six months ended June 30, 2020 and 2019, respectively. Total lease expense was \$132 and \$194 (including short term leases) for the three months ended June 30, 2020 and 2019, respectively.

Lifeway treats contracts as a lease when the contract conveys the right to use a physically distinct asset for a period of time in exchange for consideration, we direct the use of the asset and obtain substantially all the economic benefits of the asset.

Right-of-use assets and lease liabilities are measured and recognized based on the present value of the future minimum lease payments over the lease term at the commencement date. We have elected the practical expedient to combine lease and non-lease components into a single component for all of our leases. For many of our leases such as real estate leases, we are unable to determine an implicit rate; therefore, we use our incremental borrowing rate based on the information available at the commencement date in determining the present value of future payments for those leases. We include options to extend or terminate the lease in the measurement of the right-of-use asset and lease liability when it is reasonably certain that we will exercise such options. Lease expense for minimum lease payments is recognized on a straight-line basis over the lease term.

Future maturities of lease liabilities were as follows

Year	Operatii Operatii		
Six months ended December 31, 2020	\$	109	
2021		189	
2022		145	
2023		16	
Thereafter		2	
Total lease payments		461	
Less: Interest		(32)	
Present value of lease liabilities	\$	429	

The weighted-average remaining lease term for our operating leases was 2.24 years as of June 30, 2020. The weighted average discount rate of our operating leases was 5.75% as of June 30, 2020. Cash paid for amounts included in the measurement of lease liabilities was \$272 and \$292 the six months ended June 30, 2020 and 2019, respectively. Cash paid for amounts included in the measurement of lease liabilities was \$130 and \$145 for the three months ended June 30, 2020 and 2019, respectively.

Note 9 – Commitments and contingencies

Litigation

Lifeway is engaged in various legal actions, claims, audits, and proceedings arising in the normal course of business, including commercial disputes, product liabilities, intellectual property matters and employment-related matters resulting from our business activities.

We record accruals for outstanding legal matters when we believe it is probable that a loss will be incurred and the amount of such loss can be reasonably estimated. We evaluate, on a periodic basis, developments in legal matters that could affect the amount of any accrual and developments that would make a loss contingency both probable and reasonably estimable. If a loss contingency is not both probable and estimable, we do not establish an accrued liability. Currently, none of our accruals for outstanding legal matters are material individually or in the aggregate to our financial position and it is management's opinion that the ultimate resolution of these outstanding legal matters will not have a material adverse effect on our business, financial condition, results of operations or cash flows. However, if we ultimately are required to make payments in connection with an adverse outcome, it is possible that it could have a material adverse effect on our business, financial condition, results of operations or cash flows.

Lifeway's contingencies are subject to substantial uncertainties, including for each such contingency the following, among other factors: (i) the procedural status of the case; (ii) whether the case has or may be certified as a class action suit; (iii) the outcome of preliminary motions; (iv) the impact of discovery; (v) whether there are significant factual issues to be determined or resolved; (vi) whether the proceedings involve a large number of parties and/or parties and claims in multiple jurisdictions or jurisdictions in which the relevant laws are complex or unclear; (vii) the extent of potential damages, which are often unspecified or indeterminate; and (viii) the status of settlement discussions, if any, and the settlement posture of the parties. Consequently, Lifeway cannot predict with any reasonable certainty the timing or outcome of such contingencies, and we are unable to estimate a possible loss or range of loss.

Note 10 - Income taxes

For each interim period, Lifeway estimates the effective tax rate expected to be applicable for the full year and applies that rate to income before provision for income taxes for the period. The effective tax rate for the six months ended June 30, 2020 was 29.0% compared to (7.2%) for the six months ended June 30, 2019. The effective tax rate for the three months ended June 30, 2020 was 29.8% compared to 9.9% for the three months ended June 30, 2019. The change in the Company's effective tax rate for the three and six months ended June 30, 2020 compared to 2019 is primarily the result of a change in the amount of valuation allowance recorded against certain deferred tax assets and an increase in the amount of non-deductible executive compensation, partially offset by a benefit recognized in 2020 due to the enactment of the "Coronavirus Aid, Relief, and Economic Security Act" (the CARES Act). Our effective tax rate may change from period to period based on recurring and non-recurring factors including the relative mix of pre-tax earnings (or losses), the underlying income tax rates applicable to various state and local taxing jurisdictions, enacted tax legislation, settlement of tax audits, the impact of non-deductible items, changes in valuation allowances, and the expiration of the statute of limitations in relation to unrecognized tax benefits. We record discrete income tax items such as enacted tax rate changes and completed tax audits in the period in which they occur.

On March 27, 2020, the "Coronavirus Aid, Relief, and Economic Security Act" (the CARES Act) was enacted. The CARES act features several tax provisions and other measures that assist businesses impacted by the economic effects of the COVID-19 pandemic. The significant tax provisions include an increase in the limitation of the tax deduction for interest expense from 30% to 50% of adjusted earnings in 2019 and 2020, a five-year carryback allowance for net operating losses generated in tax years 2018-2020, increased charitable contribution limitations to 25% of taxable income in 2020, and a retroactive technical correction to the 2017 Tax Cuts and Jobs Act that makes qualified improvement property placed in service after December 31, 2017 eligible for bonus depreciation. The Company has recorded a \$245 income tax benefit related to the net operating loss carryback provisions of the CARES Act for the six months ended June 30, 2020.

Unrecognized tax benefits were \$92 and \$63 at June 30, 2020 and 2019, respectively. The Company believes that an adequate provision has been made for any adjustments that may result from tax examinations. However, the outcome of tax audits cannot be predicted with certainty. If a tax audit is resolved in a manner inconsistent with its expectations, the Company could be required to adjust its provision for income taxes in the period such resolution occurs. We do not expect material changes to our unrecognized tax benefits during the next twelve months.

Note 11 - Stock-based and Other Compensation

In December 2015, Lifeway stockholders approved the 2015 Omnibus Incentive Plan, which authorized the issuance of an aggregate of 3.5 million shares to satisfy awards of stock options, stock appreciation rights, unrestricted stock, restricted stock, restricted stock units, performance shares and performance units to qualifying employees. Under the Plan, the Board or its Audit and Corporate Governance Committee approves stock awards to executive officers and certain senior executives, generally in the form of restricted stock or performance shares. The number of performance shares that participants may earn depends on the extent to which the corresponding performance goals have been achieved. Stock awards generally vest over a three-year performance or service period. At June 30, 2020, 3.317 million shares remain available under the Omnibus Incentive Plan. While we plan to continue to issue awards pursuant to the Plan at least annually, we may choose to suspend the issuance of new awards in the future and may grant additional awards at any time including issuing special grants of restricted stock, restricted stock units, and stock options to attract and retain new and existing executives.

Stock Options

The following table summarizes stock option activity during the six months ended June 30, 2020:

	Options	Weighted average ercise price	Weighted average remaining contractual life	 Aggregate intrinsic value
Outstanding at December 31, 2019	41	\$ 10.42	6.22	\$ _
Granted		_	_	-
Exercised	_	_	_	_
Forfeited	_	_	_	-
Outstanding at June 30, 2020	41	\$ 10.42	5.72	\$ _
Exercisable at June 30, 2020	41	\$ 10.42	_	\$ -

As of December 31, 2019, all outstanding options were vested and there was no remaining unearned compensation expense. For the six months and three months ended June 30, 2019, total pre-tax stock-based compensation expense recognized in the consolidated statements of operations was \$0. For the six months and three months ended June 30, 2019, no tax-related benefits were recognized.

Restricted Stock Awards

A Restricted Stock Award ("RSA") represents the right to receive one share of common stock in the future. RSAs have no exercise price. The grant date fair value of the awards is equal to our closing stock price on the grant date. The following table summarizes RSA activity during the six months ended June 30, 2020.

	RSA's
Outstanding at December 31, 2019	47
Granted	- -
Shares issued upon vesting	_
Forfeited	(12)
Outstanding at June 30, 2020	35
Weighted average grant date fair value per share outstanding	\$ 4.34

We expense RSA's over the service period. For the six months ended June 30, 2020 and 2019 total pre-tax stock-based compensation expense recognized in the consolidated statements of operations was \$23 and \$52, respectively. For the six months ended June 30, 2020 and 2019 tax-related benefits of \$6 and \$14, respectively, were also recognized. For the three months ended June 30, 2020 and 2019 total pre-tax stock-based compensation expense recognized in the consolidated statements of operations was \$18 and \$27, respectively. For the three months ended June 30, 2020 and 2019 tax-related benefits of \$5 and \$7, respectively, were also recognized. As of June 30, 2020, the total remaining unearned compensation related to non-vested RSA's was \$44, which is expected to be amortized over the weighted-average remaining service period of 1.20 years.

Long-Term Incentive Plan Compensation

Lifeway established long-term incentive-based compensation programs for fiscal year 2017 (the "2017 Plan") and for fiscal year 2019 (the "2019 Plan") for certain senior executives and key employees (the "participants"). Under the 2017 Plan, long-term incentive compensation is based on Lifeway's achievement of certain sales and adjusted EBITDA performance levels versus respective targets established by the Board for the fiscal year. Under the 2019 Plan, long-term equity incentive compensation is based on Lifeway's achievement of four strategic milestones over a three-year period from Fiscal 2019 through Fiscal 2021.

2017 Plan

Under the 2017 Plan, collectively the participants had the opportunity to earn cash and equity-based incentive compensation in amounts ranging from \$0 to \$11,025 depending on Lifeway's performance levels compared to the respective targets and the participants performance compared to their individual objectives. The equity portion of the incentive compensation is payable in restricted stock that vests one-third in each of the three years from the 2017 grant dates. For the six months ended June 30, 2020 and 2019, \$49 and \$180 was expensed under the 2017 Plan as stock-based compensation expense in the consolidated statements of operations, respectively. For the three months ended June 30, 2020 and 2019, \$0 and \$53 was expensed under the 2017 Plan as stock-based compensation expense in the consolidated statements of operations, respectively. As of March 31, 2020, there was no remaining expense under the 2017 plan.

2019 Plan

Under the 2019 Plan, collectively the participants can earn equity-based incentive compensation in amounts ranging from \$0 to \$1,776 depending on Lifeway's performance levels compared to the respective targets. The equity-based incentive compensation is payable in restricted stock that vests 50% of unvested shares in year one, 50% of unvested shares in year two, and 100% of remaining unvested shares in year three from the 2019 grant date. For the six months ended June 30, 2020 and 2019, \$89 and \$68 was expensed under the 2019 Plan as stock-based compensation expense in the consolidated statements of operations, respectively. For the three months ended June 30, 2020 and 2019, \$76 and \$33 was expensed under the 2019 Retention Award as stock-based compensation expense in the consolidated statements of operations, respectively.

2019 Retention Award

During Q1 2019, we awarded a special retention grant (the "2019 Retention Award") of restricted stock to certain senior executives and key employees (the "participants"). The equity-based incentive compensation is payable in restricted stock that vests one-third in March 2019, one-third in March 2020 and one-third in March 2021. For the six months ended June 30, 2020 and 2019, \$58 and \$211 was expensed under the 2020 Retention Award as stock-based compensation expense in the consolidated statements of operations, respectively. For the three months ended June 30, 2020 and 2019, \$15 and \$54 was expensed under the 2019 Retention Award as stock-based compensation expense in the consolidated statements of operations, respectively.

As of June 30, 2020, the total remaining unearned compensation related to the 2019 Retention Award was \$44, of which \$30 and \$14 is expected to be recognized in 2020 and 2021, respectively, subject to vesting.

Retirement Benefits

Lifeway has a defined contribution plan which is available to substantially all full-time employees. Under the terms of the plan, we match employee contributions under a prescribed formula. For the six months ended June 30, 2020 and 2019 total contribution expense recognized in the consolidated statements of operations was \$214 and \$181, respectively. For the three months ended June 30, 2020 and 2019 total contribution expense recognized in the consolidated statements of operations was \$96 and \$85, respectively.

Note 12 - Segments, Products and Customers

Lifeway's primary product is drinkable kefir, a cultured dairy product. Lifeway Kefir is tart and tangy, high in protein, calcium and vitamin D. Thanks to our exclusive blend of kefir cultures, each cup of kefir contains 12 live and active cultures and 15 to 20 billion beneficial CFU (Colony Forming Units) at the time of manufacture.

We manufacture (directly or through co-packers) our products under our own brand, as well as under private labels on behalf of certain customers. In addition to our core drinkable kefir products, we offer several lines of products developed through our innovation and development efforts. These include Kefir Cups, a strained, cupped version of our kefir; and Organic Farmer Cheese Cups, a cupped version of our soft cheeses, both served in resealable 5 oz. containers. We also offer Skyr, a strained cupped Icelandic yogurt; Plantiful, a plant-based probiotic beverage made from organic and non-GMO pea protein with 10 yegan kefir cultures; a line of probiotic supplements for adults and children; and a soft serve kefir mix.

Our product categories are:

- Drinkable Kefir, sold in a variety of organic and non-organic sizes, flavors, and types, including low fat, non-fat, whole milk, protein, and BioKefir (a 3.5 oz. kefir with additional probiotic cultures).
- European-style soft cheeses, including farmer cheese in resealable cups.
- Cream and other, which consists primarily of cream, a byproduct of making our kefir.
- ProBugs, a line of kefir products designed for children.
- Other Dairy, which includes Cupped Kefir and Icelandic Skyr, a line of strained kefir and yogurt products in resealable cups.
- Frozen Kefir, available in soft serve and pint-size containers.

Lifeway has determined that it has one reportable segment based on how our chief operating decision maker manages the business and in a manner consistent with the internal reporting provided to the chief operating decision maker. The chief operating decision maker, who is responsible for allocating resources and assessing our performance, has been identified collectively as the Chief Executive Officer, the Chief Operating Officer, the Chief Financial Officer, and Chairperson of the board of directors. Substantially all of our consolidated revenues relate to the sale of cultured dairy products that we produce using the same processes and materials and are sold to consumers through a common network of distributors and retailers in the United States.

Net sales of products by category were as follows for the six months ended June 30:

	2020			2019			
	 \$	%		\$	%		
Drinkable Kefir other than ProBugs	\$ 40,003	79%	\$	36,613	77%		
Cheese	6,514	13%		5,557	11%		
Cream and other	1,432	3%		2,446	5%		
ProBugs Kefir	1,317	3%		1,460	3%		
Other dairy	808	1%		902	2%		
Frozen Kefir (a)	328	1%		790	2%		
Net Sales	\$ 50,402	100%	\$	47,768	100%		

(a) Includes Lifeway Kefir Shop sales

Net sales of products by category were as follows for the three months ended June 30:

	2020			2019			
	\$	%		\$	%		
Drinkable Kefir other than ProBugs	\$ 20,146	80%	\$	17,727	76%		
Cheese	3,254	13%		2,706	12%		
Cream and other	651	3%		1,145	5%		
ProBugs Kefir	457	2%		697	3%		
Other dairy	437	2%		423	2%		
Frozen Kefir (a)	 69	0%		455	2%		
Net Sales	\$ 25,014	100%	\$	23,153	100%		

(a) Includes Lifeway Kefir Shop sales

Significant Customers – Sales are predominately to companies in the retail food industry located within the United States. Two major customers accounted for approximately 21% and 22% of net sales for the six months ended June 30, 2020 and 2019, respectively. Two major customers accounted for approximately 21% and 22% of net sales for the three months ended June 30, 2020 and 2019, respectively.

Note 13 - Related Party Transactions

Lifeway obtains consulting services from the Chairperson of its board of directors. Fees earned by the Chairperson are included in general and administrative expenses in the accompanying consolidated statements of operations and were \$500 during each of the six months ended June 30, 2020 and 2019. Fees earned are included in general and administrative expenses in the accompanying consolidated statements of operations and were \$250 during each of the three months ended June 30, 2020 and 2019.

Lifeway is also a party to a royalty agreement with the Chairperson of its board of directors under which we pay the Chairperson a royalty based on the sale of certain Lifeway products, not to exceed \$50 in any fiscal month. Royalties earned by the Chairperson are included in selling expenses in the accompanying consolidated statements of operations and were \$300 and \$298 during the six months ended June 30, 2020 and 2019, respectively. Royalties earned are included in selling expenses in the accompanying consolidated statements of operations and were \$150 and \$148 during the three months ended June 30, 2020 and 2019.

ITEM 2. MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS.

Management's Discussion and Analysis of Financial Condition and Results of Operations ("MD&A") in this Form 10-Q is provided as a supplement to, and should be read in conjunction with, our audited consolidated financial statements, the accompanying notes, and the MD&A included in our Annual Report on Form 10-K for the fiscal year ended December 31, 2019 (the "Form 10-K"). Unless otherwise specified, any description of "our", "we", and "us" in this MD&A refer to Lifeway Foods, Inc. and our subsidiaries.

Cautionary Statement Regarding Forward-Looking Statements

In addition to historical information, this quarterly report contains "forward-looking" statements within the meaning of the "safe harbor" provisions of the Private Securities Litigation Reform Act of 1995. These statements may be identified by the use of words such as "anticipate," "from time to time," "intend," "plan," "ongoing," "realize," "should," "may," "could," "believe," "future," "depend," "expect," "will," "result," "can," "remain," "assurance," "subject to," "require," "limit," "impose," "guarantee," "restrict," "continue," "become," "predict," "likely," "opportunities," "effect," "change," "predict," and "estimate," and similar terms or terminology, or the negative of such terms or other comparable terminology. Examples of forward-looking statements include, among others, statements we make regarding:

- Expectations of the effect on our financial condition of claims, litigation, environmental costs, contingent liabilities and governmental and regulatory investigations and proceedings;
- Strategy for acquisitions, customer retention, growth, product development, market position, financial results and reserves; Estimates of the amounts of sales allowances and discounts to our customers and consumers;
- Our belief that we will maintain compliance with our loan agreements and have sufficient liquidity to fund our business operations.

Forward looking statements are based on management's beliefs, assumptions, estimates and observations of future events based on information available to our management at the time the statements are made and include any statements that do not relate to any historical or current fact. These statements are not guarantees of future performance and they involve certain risks, uncertainties and assumptions that are difficult to predict. Actual outcomes and results may differ materially from what is expressed, implied or forecast by our forward-looking statements due in part to the risks, uncertainties, and assumptions that include:

- The actions of our competitors and customers, including those related to price competition;
- The decisions of customers or consumers;
- Our ability to successfully implement our business strategy;
- Changes in the pricing of commodities
- The effects of government regulation;
- The impact of the COVID-19 outbreak on our business, suppliers, consumers, customers, and employees;
- Disruptions to our supply chain, or our manufacturing and distribution capabilities, including those due to cybersecurity threats and the COVD-19 outbreak; and
- Such other factors as discussed throughout Part I, Item 1 "Business"; Part I, Item 1A "Risk Factors"; and Part II, Item 7 "Management's Discussion and Analysis of Financial Condition and Results of Operations" of our Annual Report on Form 10-K for the year ended December 31, 2019 and that are described from time to time in our filings with the SEC.

These factors are not necessarily all of the important factors that could cause actual results to differ materially from those expressed in any of our forward-looking statements. Other unknown or unpredictable factors could also have material adverse effects on future results. We intend these forward-looking statements to speak only at the date made. Except as otherwise required to be disclosed in periodic reports required to be filed by public companies with the SEC pursuant to the SEC's rules, we have no duty to update these statements, and we undertake no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise.

Recent Developments

COVID-19 Pandemic Impact

In December 2019, a novel coronavirus disease ("COVID-19") was first reported and subsequently characterized by the World Health Organization ("WHO") as a pandemic in March 2020. In an effort to reduce the global transmission of COVID-19, various policies and initiatives have been implemented by governments around the world, including orders to close businesses not deemed "essential", shelter-in-place orders enacted by state and local governments, and the practice of social distancing measures when engaging in essential activities. Lifeway has seen increased orders from retail customers in response to increased consumer demand for food at home in response to government mandated social distancing and shelter in place orders in the United States and the immune boosting quality of our products.

Local, state, and national governments continue to emphasize the importance of food supply during this pandemic and asked that food manufacturers and retailers remain open to meet the needs of our communities. The health and safety of our employees throughout this pandemic is paramount, and we have taken numerous steps to keep our employees safe including enhanced sanitation protocols, implementation of social distancing measures at our manufacturing operations, masks and personal protective equipment for employees across our facilities, preventative temperature screenings across all manufacturing locations, the rollout of new benefits that help support our employees and their families, and remote work arrangements for administrative support functions to comply with shelter-in-place orders. In addition, a cross-functional task force has been established to monitor and coordinate the Company's response to COVID-19.

During the first quarter of 2020, Management, anticipating the spread of COVID-19 and its effects, implemented a plan to mitigate effects of COVID-19 on supply and transportation of materials used to make and package our products, staffing, and transportation of our products to customers. Management's proactive planning allowed the Company to avoid disruption to its manufacturing facilities and production, transportation, and sales and to meet the increased demand without delay. The Company has full production capacity available at all locations at this time and does not anticipate manufacturing or staffing disruptions in the near term.

Results of Operations

Three Months Ended June 30, 2020 Compared to Three Months Ended June 30, 2019

	Jun	e 30,			•	
	 2020		2019	<u> </u>	\$	%
Net sales	\$ 25,014	\$	23,153	\$	1,861	8.0%
Cost of goods sold	\$ 17,279	\$	16,843	\$	(436)	
Depreciation expense	807		747		(60)	
Total cost of goods sold	\$ 18,086	\$	17,590	\$	(496)	(2.8%)
Gross profit	\$ 6,928	\$	5,563	\$	1,365	24.5%
Gross Profit % to net sales	 27.7%		24.0%			
Selling expenses	\$ 2,720	\$	2,691	\$	(29)	(1.1%)
Selling expenses % to net sales	10.9%		11.6%			
General and administrative expenses	\$ 2,731	\$	2,898	\$	167	5.8%
General and administrative % to net sales	10.9%		12.5%			
Amortization expense	\$ 39	\$	40	\$	1	2.5%
Total operating expenses	\$ 5,490	\$	5,629	\$	139	2.5%
Total operating expense % to net sales	 21.9%		24.3%			
Income (loss) from operations	\$ 1,438	\$	(66)	\$	1,504	(2,278.8%)
Income (loss) from operations % to net sales	 5.7%		(0.3%)			

Net Sales

Net sales finished at \$25,014 for the three-month period ended June 30, 2020, an increase of \$1,861 or 8.0% versus prior year. The net sales increase was primarily driven by higher volumes of our branded drinkable kefir, partially offset by lower cream revenues associated with a decline in the market price of butter fat.

Gross Profit

Gross profit as a percentage of net sales was 27.7% during the three-month period ended June 30, 2020. Gross profit percentage was 24.0% in the prior year. The increase versus the prior year was primarily due to the impact of favorable milk pricing, partially offset by an increase in salaries associated with hourly commitment award wage premiums implemented during 2020 due to COVID-19. Additionally, depreciation expense increased reflecting our continued investment in manufacturing improvements.

Selling Expenses

Selling expenses increased by \$29 or 1.1% to \$2,720 during the three-month period ended June 30, 2020 from \$2,691 during the same period in 2019. Selling expenses as a percentage of net sales were 10.9% during the three-month period ended June 30, 2020 compared to 11.6% for the same period in 2019.

General and Administrative Expenses

General and administrative expenses decreased \$167 or 5.8% to \$2,731 during the three-month period ended June 30, 2020 from \$2,898 during the same period in 2019. The decrease is primarily a result of lower incentive compensation, partially offset by increased professional fees.

Provision for Income Taxes

The provision for income taxes includes federal, state and local income taxes. The provision for income taxes was \$404 during the three months ended June 30, 2020, compared \$13 during the same period in 2019.

Our effective income tax rate for the three months ended June 30, 2020 was 29.8% compared to 9.9% in the same period last year. The increase in effective tax rate is primarily due to the recognition of a valuation allowance recorded for the quarter ended June 30, 2019, which decreased the tax benefit associated with our pre-tax book loss for the quarter. The valuation allowance was previously released in 2019 and a valuation allowance was not required for the three months ended June 30, 2020. The Company consistently reflects non-deductible officer compensation expense, non-deductible compensation expense related to equity incentive awards and separate state tax rates from year to year. Although similar items were reflected in 2019, the percentage effect is different due to the difference in pre-tax income in 2020 compared to the pre-tax loss in 2019.

Our effective tax rate may change from period to period based on recurring and non-recurring factors including the relative mix of pre-tax earnings (or losses), the underlying income tax rates applicable to various state and local taxing jurisdictions, enacted tax legislation, settlement of tax audits, the impact of non-deductible items, changes in valuation allowances, and the expiration of the statute of limitations in relation to unrecognized tax benefits. We record discrete income tax items such as enacted tax rate changes and completed tax audits in the period in which they occur.

Section 162(m) of the Internal Revenue Code (the "Code") limits the deductibility of compensation paid to certain of our executives. Under the Tax Cuts and Jobs Act (the "Act") amendments to Section 162(m), no tax deduction in taxable years beginning after December 31, 2017 is allowed for compensation paid to any covered employee to the extent that the total compensation for that covered employee exceeds \$1,000,000 in any taxable year. Although the Act eliminated the prior tax deduction under Section 162(m) for performance-based executive compensation, it included a transition rule under which the changes to Section 162(m) will not apply to awards made to our covered employees who had the right to participate in our 2015 Omnibus Incentive Plan pursuant to written binding contracts in effect as of November 2, 2017, as long as those contracts have not subsequently been modified in any material respect. Accordingly, subject to further guidance from the Treasury Department and the Internal Revenue Service ("IRS"), the performance-based compensation paid to our executives under our Omnibus Plan remained eligible for the Section 162(m) exemption in 2019. Beginning in 2020, compensation exceeding the threshold for covered employees is non-deductible for income tax purposes.

Income taxes are discussed in Note 10 in the Notes to the Consolidated Financial Statements.

Six Months Ended June 30, 2020 Compared to Six Months Ended June 30, 2019

		Jun	e 30,			,	
		2020		2019		\$	%
Net sales	\$	50,402	\$	47,768	\$	2,634	5.5%
Cost of goods sold	\$	35,903	\$	34,410	\$	(1,493)	
Depreciation expense	Φ	1,574	Φ	1,492	Ф	(82)	
Total cost of goods sold	\$	37,477	\$	35,902	\$	(1,575)	(4.4%)
8	· ·	- ,	-)	-	() /	()
Gross profit	\$	12,925	\$	11,866	\$	1,058	8.9%
Gross Profit % to net sales		25.6%		24.8%			
Selling expenses	\$	5,295	\$	5,830	\$	535	9.2%
Selling expenses % to net sales	Ψ	10.5%	Ψ	12.2%	Ψ	300). - /0
General & administrative expenses	\$	5,876	\$	6,390	\$	514	8.0%
General & administrative % to net sales	J	11.7%	Þ	13.4%	Þ	314	0.0 /0
Amortization expense	\$	78	\$	113	\$	35	31.0%
Total operating expenses	\$	11,249	\$	12,333	\$	1,084	8.8%
Total operating expenses % to net sales	Ψ	22.3%	<u> </u>	25.8%	Φ	1,004	0.0 / 0
Income (loss) from operations	\$	1,676	\$	(467)	\$	2,143	(458.9%)
Income (loss) income from operations % to net sales		3.3%	<u>-</u>	(1.0%)	-		(200 / 2)

Net Sales

Net sales finished at \$50,402 for the six-month period ended June 30, 2020, an increase of \$2,634 or 5.5% versus prior year. The net sales increase was primarily driven by higher volumes of our branded drinkable kefir, partially offset by lower cream revenues associated with a decline in the market price of butter fat.

Gross Profit

Gross profit as a percentage of net sales increased to 25.6% during the six-month period ended June 30, 2020 from 24.8% during the same period in 2019. The increase versus the prior year was primarily due to the impact of favorable milk pricing, and to a lesser extent favorable freight costs, partially offset by an increase in salaries associated with hourly commitment award wage premiums implemented during 2020 due to COVID-19. Additionally, depreciation expense increased reflecting our continued investment in manufacturing improvements.

Selling Expenses

Selling expenses decreased by \$535 or 9.2% to \$5,295 during the six-month period ended June 30, 2020 from \$5,830 during the same period in 2019. The decrease versus prior year primarily reflects a reduction in advertising and marketing expense, such as trade shows and other marketing events which were postponed due to COVID-19 and the lower planned spending on in-store demonstrations in 2020 compared to 2019. Selling expenses as a percentage of net sales were 10.5% during the six-month period ended June 30, 2020 compared to 12.2% for the same period in 2019.

General and Administrative Expenses

General and administrative expenses decreased \$514 or 8.0% to \$5,876 during the six-month period ended June 30, 2020 from \$6,390 during the same period in 2019. The decrease is primarily a result of lower compensation expense due to organizational changes made in 2019 and lower incentive compensation, partially offset by increased professional fee expense.

Provision for Income Taxes

The provision for income taxes includes federal, state and local income taxes. The provision for income taxes was \$459 during the six months ended June 30, 2020, compared to a benefit for income taxes of \$41 during the same period in 2019.

Our effective income tax rate for the six months ended June 30, 2020 was 29.0% compared to (7.2%) in the same period last year. The increase in effective tax rate is primarily the result of a change in the amount of valuation allowance recorded against certain deferred tax assets and an increase in the amount of non-deductible executive compensation, partially offset by a benefit recognized in 2020 due to the enactment of the "Coronavirus Aid, Relief, and Economic Security Act" (the CARES Act). The Company consistently reflects non-deductible officer compensation expense, non-deductible compensation expense related to equity incentive awards and separate state tax rates from year to year. Although similar items were reflected in 2019, the percentage effect is substantially different due to the difference in pre-tax income in 2020 compared to the pre-tax loss in 2019.

Our effective tax rate may change from period to period based on recurring and non-recurring factors including the relative mix of pre-tax earnings (or losses), the underlying income tax rates applicable to various state and local taxing jurisdictions, enacted tax legislation, settlement of tax audits, the impact of non-deductible items, changes in valuation allowances, and the expiration of the statute of limitations in relation to unrecognized tax benefits. We record discrete income tax items such as enacted tax rate changes and completed tax audits in the period in which they occur.

Section 162(m) of the Internal Revenue Code (the "Code") limits the deductibility of compensation paid to certain of our executives. Under the Tax Cuts and Jobs Act (the "Act") amendments to Section 162(m), no tax deduction in taxable years beginning after December 31, 2017 is allowed for compensation paid to any covered employee to the extent that the total compensation for that covered employee exceeds \$1,000,000 in any taxable year. Although the Act eliminated the prior tax deduction under Section 162(m) for performance-based executive compensation, it included a transition rule under which the changes to Section 162(m) will not apply to awards made to our covered employees who had the right to participate in our 2015 Omnibus Incentive Plan pursuant to written binding contracts in effect as of November 2, 2017, as long as those contracts have not subsequently been modified in any material respect. Accordingly, subject to further guidance from the Treasury Department and the Internal Revenue Service ("IRS"), the performance-based compensation paid to our executives under our Omnibus Plan remained eligible for the Section 162(m) exemption in 2019. Beginning in 2020, compensation exceeding the threshold for covered employees is non-deductible for income tax purposes.

Income taxes are discussed in Note 10 in the Notes to the Consolidated Financial Statements.

Liquidity and Capital Resources

Cash Flow

At this time, the COVID-19 pandemic has not materially impacted on our operations. We expect to meet our foreseeable liquidity and capital resource requirements through anticipated cash flows from operations; our revolving credit facility; and cash and cash equivalents to ensure the continuation of the Company as a going concern. The success of our business and financing strategies will continue to provide us with the financial flexibility to take advantage of various opportunities as they arise. Given the dynamic nature of COVID-19, we will continue to assess our liquidity needs while continuing to manage our discretionary spending and investment strategies.

Sources and Uses of Cash

Lifeway had a net increase in cash and cash equivalents of \$783 during the six-month period ended June 30, 2020 compared to a net increase in cash and cash equivalents of \$24 in the same period in 2019. The drivers of the year over year change are as follows:

Net cash provided by operating activities was \$1,911 during the six-month period ended June 30, 2020 compared to net cash provided by operating activities of \$2,008 in the same period in 2019. The decrease in cash provided by operating activities is primarily due to \$1,470 of income tax refunds received in 2019, offset by the increase in cash generated through higher revenues and reduced expenses in 2020.

Net cash used in investing activities was \$723 during the six-month period ended June 30, 2020 compared to net cash used in investing activities of \$269 in the same period in 2019. The higher level of net cash used in investing activities in 2020 reflects higher capital spending. Capital spending was \$728 during the six-month period ended June 30, 2020 compared to \$290 in 2019. Our capital spending is focused in three core areas: growth, cost reduction, and facility improvements. Growth capital spending supports new product innovation and enhancements. Cost reduction and facility improvements support manufacturing efficiency, safety and productivity.

Net cash used in financing activities was \$405 during the six-month period ended June 30, 2020 compared to net cash used in financing activities of \$1,715 in the same period in 2019. We utilized proceeds from our federal and state income tax refunds to repay \$1,330 on our revolving line of credit during the first quarter of 2019. There have been no borrowings or repayments on our revolving line of credit during 2020.

On November 1, 2017, Lifeway's Board approved an increase in the aggregate amount under our previously announced 2015 stock repurchase program (the "2017 Repurchase Plan Amendment"), by adding to (i.e., exclusive of the shares previously authorized under the 2015 stock repurchase program) the authorization the lesser of \$5,185 or 625 shares. We repurchased 178 shares of common stock at a cost of \$405 during the six-month period ended June 30, 2020 under the 2017 Repurchase Plan Amendment. We repurchased 156 shares of common stock at a cost of \$385 during the six-month period ended June 30, 2019 under the 2017 Repurchase Plan Amendment. As of June 30, 2020, there were no shares of common stock that remained available to be purchased under the 2017 Repurchase Plan Amendment. We intend to hold repurchased shares in treasury for general corporate purposes, including issuances under our 2015 Omnibus Incentive Plan. Treasury shares are accounted for using the cost method.

Debt Obligations

On April 10, 2019, effective March 31, 2019, Lifeway entered into the First Modification to the Amended and Restated Loan and Security Agreement (the "Modified Revolving Credit Facility") with its existing lender. Under the amendment, the Modified Revolving Credit Facility provides for a revolving line of credit up to a maximum of \$9 million (the "Revolving Loan") with an incremental facility not to exceed \$5 million (the "Incremental Facility" and together with the Revolving Loan, the "Loans").

As of June 30, 2020, we had \$2,757 net of \$20 of unamortized deferred financing costs, outstanding under the Revolving Credit Facility. We had approximately \$6,223 available under the Borrowing Base for future borrowings as of June 30, 2020. The commitment under the Revolving Credit Facility matures May 7, 2021. The Revolving Credit Facility is presented as a short-term debt obligation as of June 30, 2020. The Company intends to execute a new credit facility prior to the maturity date of its existing revolving credit facility.

We are in compliance with all applicable financial debt covenants as of June 30, 2020. See Note 7 to our Consolidated Financial Statements for additional information regarding our indebtedness and related agreements.

Critical Accounting Policies and Estimates

The preparation of financial statements and related disclosures in conformity with U.S. generally accepted accounting principles and the Company's discussion and analysis of its financial condition and operating results require the Company's management to make judgments, assumptions and estimates that affect the amounts reported. Management bases its estimates on historical experience and on various other assumptions it believes to be reasonable under the circumstances, the results of which form the basis for making judgments about the carrying values of assets and liabilities. Actual results may differ from these estimates, and such differences may be material.

Note 2, "Summary of Significant Accounting Policies" in Part I, Item 1 of this Form 10-Q and in the Notes to Consolidated Financial Statements in Part II, Item 8 of the 2019 Form 10-K, and "Critical Accounting Policies and Estimates" in Part II, Item 7 of the 2019 Form 10-K describe the significant accounting policies and methods used in the preparation of the Company's condensed consolidated financial statements. There have been no material changes to the Company's critical accounting policies and estimates since the 2019 Form 10-K.

New Accounting Pronouncements

Please refer to Note 2 to the accompanying unaudited consolidated financial statements for a discussion of recent accounting pronouncements.

ITEM 3. QUANTITATIVE AND QUALITATIVE DISCLOSURES ABOUT MARKET RISK.

Not applicable.

ITEM 4. CONTROLS AND PROCEDURES.

Evaluation of Disclosure Controls and Procedures

We have established disclosure controls and procedures (as defined in Rules 13a-15(e) and 15d-15(e) of the Securities Exchange Act of 1934 (the "Exchange Act")) designed to ensure that information required to be disclosed in our reports filed or submitted under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the Securities and Exchange Commission's rules and forms, and such information is accumulated and communicated to management, including our Chief Executive Officer and Chief Financial Officer, as appropriate, to allow timely decisions regarding required disclosure. Management, with the participation of the Chief Executive Officer and Chief Financial Officer, evaluated the effectiveness of the Company's disclosure controls and procedures as of June 30, 2020. Based on this evaluation, our Chief Executive Officer and Chief Financial Officer concluded that our disclosure controls and procedures were effective as of June 30, 2020.

There were no changes in our internal control over financial reporting (as defined in Rule 13a-15(f) of the Exchange Act) during the quarter ended June 30, 2020 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

PART II – OTHER INFORMATION

ITEM 1. LEGAL PROCEEDINGS.

From time to time we are engaged in litigation matters arising in the ordinary course of business. While the results of litigation and claims cannot be predicted with certainty, Lifeway believes that no such matter is reasonably likely to have a material adverse effect on our financial position or results of operations.

ITEM 1A. RISK FACTORS.

Except for the risk factor disclosed in Part II, Item 1A of the Form 10-Q for the period ended March 31, 2020, which is hereby incorporated by reference into this Part II, Item 1A of this Form 10-Q, there have been no material changes to the Company's risk factors since the 2019 Form 10-K.

ITEM 2. UNREGISTERED SALES OF EQUITY SECURITIES AND USE OF PROCEEDS.

Issuer Purchases of Equity Securities

Period	Total number of shares purchased	erage price I per share	Total number of shares purchased as part of a publicly announced program (a)	Dol Sha yet b Unde	proximate lar Value of res that may be Purchased r the Plans or Programs a thousands)
1/1/2020 to 1/31/2020	97,739	\$ 2.33	97,739	\$	4,275
2/1/2020 to 2/29/2020	35,198	\$ 2.49	35,198	\$	4,188
3/1/2020 to 3/31/2020	45,469	\$ 1.98	45,469	\$	4,098
4/1/2020 to 4/30/2020	11	\$ 2.01	11	\$	4,098
Fiscal Year 2020	178,417	\$ 2,27	178,417	\$	0

⁽a) During the fourth quarter of 2015, Lifeway publicly announced a share repurchase program. On November 1, 2017, the Board of Directors amended the 2015 stock repurchase program (the "2017 amendment"), by adding to (i.e., exclusive of the shares previously authorized under the 2015 stock program repurchase) the authorization the lesser of \$5,185 or 625 shares. The program has no expiration date. As of June 30, 2020, the Company had reached the amended threshold of 625 shares and therefore no shares of common stock remain available to be purchased under the 2017 Repurchase Plan Amendment.

ITEM 3. DEFAULTS UPON SENIOR SECURITIES.

None.

ITEM 4. MINE SAFETY DISCLOSURE.

Not applicable.

ITEM 5. OTHER INFORMATION.

None.

ITEM 6. EXHIBITS.

No.	<u>Description</u>	<u>Form</u>	Period Ending	Exhibit	Filing Date	
31.1	Rule 13a-14(a)/15d-14(a) Certification of Julie Smolyansky	Filed Herewith				
31.2	Rule 13a-14(a)/15d-14(a) Certification of Eric Hanson	Filed Herewith				
32.1	Section 1350 Certification of Julie Smolyansky*	Furnished Herewith				
32.2	Section 1350 Certification of Eric Hanson*	Furnished Herewith				
99.1	Press release dated August 13, 2020 reporting Lifeway's financial results for the six months ended June 30, 2020.*	Furnished Herewith				
101	Interactive Data Files	Filed Herewith				

^{*} The exhibits deemed furnished with this Form 10-Q and are not deemed "filed" for purposes of Section 18 of the Exchange Act, or otherwise subject to the liability of that section, nor shall they be deemed incorporated by reference into any filing under the Securities Act or the Exchange Act., whether made before or after the date of the filing of this Form 10-Q and irrespective of any general incorporation language contained in such filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

LIFEWAY FOODS, INC.

Date: August 13, 2020 By: /s/ Julie Smolyansky

Julie Smolyansky

Chief Executive Officer, President, and Director

(Principal Executive Officer)

Date: August 13, 2020 By: /s/ Eric Hanson

Eric Hanson

Chief Financial & Accounting Officer (Principal Financial and Accounting Officer)

SECTION 302 CERTIFICATION OF C.E.O. CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 302 OF THE SARBANES-OXLEY ACT OF 2002

I, Julie Smolyansky, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Lifeway Foods, Inc.;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(f) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors:
 - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: August 13, 2020

By: /s/ Julie Smolyansky

Julie Smolyansky

Chief Executive Officer, President and Director

(Principal Executive Officer)

SECTION 302 CERTIFICATION OF C.F.O. CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 302 OF THE SARBANES-OXLEY ACT OF 2002

I, Eric Hanson, certify that:

- 1. I have reviewed this quarterly report on Form 10-Q of Lifeway Foods, Inc.;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - (a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - (b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - (c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - (d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors:
 - (a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - (b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: August 13, 2020

By: /s/ Eric Hanson

Eric Hanson

Chief Financial Officer

(Principal Financial and Accounting Officer)

SECTION 906 CERTIFICATION OF C.E.O. CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report on Form 10-Q of Lifeway Foods, Inc. (the "Company") for the period ended June 30, 2020 as filed with the SEC (the "Report"), the undersigned, in the capacity and on the date indicated below, hereby certifies pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that to her knowledge:

- 1. The Report fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- 2. The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: August 13, 2020

By: /s/ Julie Smolyansky

Julie Smolyansky

Chief Executive Officer, President and Director

(Principal Executive Officer)

SECTION 906 CERTIFICATION OF C.F.O. CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

In connection with the Quarterly Report on Form 10-Q of Lifeway Foods, Inc. (the "Company") for the period ended June 30, 2020 as filed with the SEC (the "Report"), the undersigned, in the capacity and on the date indicated below, hereby certifies pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that to his knowledge:

- 1. The Report fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and
- 2. The information contained in the Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

By: /s/ Eric Hanson Date: August 13, 2020

Eric Hanson

Chief Financial Officer

(Principal Financial and Accounting Officer)



Lifeway Foods, Inc. Announces Strong Second Quarter 2020 Results

Second Quarter Net Sales Increase 8% Year-Over-Year to \$25 Million

Morton Grove, IL — August 13, 2020—Lifeway Foods, Inc. (Nasdaq: LWAY) ("Lifeway" or "the Company"), the leading U.S. supplier of kefir and fermented probiotic products to support the microbiome, today reported financial results for the second quarter ended June 30, 2020.

"I am pleased to report that our strong business momentum continued in the second quarter of 2020, with an 8% increase in sales compared to the second quarter of 2019," commented Julie Smolyansky, Lifeway's President and Chief Executive Officer. "We benefited from robust consumer demand during the quarter both through our retail and e-commerce sales channels. Our team executed incredibly well in a dynamic operating environment, truly demonstrating the strength and resiliency of our organization. We believe research and trends around probiotics, vitamin D and immunity supporting foods continues to attract consumers, particularly in light of the ongoing pandemic. As consumers place greater emphasis on self-care, health and nutrition, Lifeway will be there to meet the demand for natural, probiotic products that taste great and offer a range of benefits. Going forward, we expect to maintain our growth trajectory as we benefit from increases in velocity and distribution, as well as new product innovation."

Second Quarter Results

Net sales were \$25.0 million for the second quarter of 2020, an increase of 8.0% from \$23.2 million in the second quarter of 2019.

Gross profit as a percentage of net sales was 27.7% for the second quarter of 2020, an increase of 410 basis points from 23.6% for the first quarter of 2020. Gross profit percentage was 24.0% in prior year period. The increase versus the prior year was primarily due to the impact of favorable milk pricing, partially offset by an increase in salaries associated with hourly commitment award wage premiums implemented during 2020 due to COVID-19. Additionally, depreciation expense increased reflecting our continued investment in manufacturing improvements.

Second quarter of 2020 selling expenses were consistent with the second quarter of 2019 at \$2.7 million. Selling expenses as a percentage of net sales were 10.9% during the second quarter compared to 11.6% for the same period in 2019.

General and administrative expenses decreased \$0.5 million or 8.0% to \$5.9 million for the first half of 2020 from \$6.4 million during the same period in 2019. The decrease is primarily a result of lower compensation expense due to organizational changes made in 2019 and lower incentive compensation, partially offset by increased professional fee expense.

The effective income tax rate for the first half of 2020 was 29.0% compared to (7.2%) in the same period last year. The increase in the effective tax rate was primarily due to non-deductible officer compensation expense, non-deductible compensation expense related to equity incentive awards, separate state tax rates, and the provision for unrecognized tax benefits. The increase was partially offset by the benefit from a net operating loss carryback provision of the CARES Act which went into effect during the first quarter of fiscal year 2020. Although similar items were reflected in 2019, the percentage effect is substantially different due to the difference in pre-tax income in 2020 compared to the pre-tax loss in 2019.

The Company reported earnings of \$0.06 per diluted share for the second quarter of 2020, an increase from earnings of \$0.01 per diluted share in the first quarter of 2020, and as compared to a net loss of \$0.01 per diluted share, in the second quarter of 2019.

Conference Call and Webcast

A pre-recorded conference call and webcast with Julie Smolyansky discussing these results with additional comments and details will be available today at approximately 7:00 a.m. ET. The webcast will be available over the Internet through the "Investor Relations" section of the Company's website at https://lifewaykefir.com/webinars-reports/. An audio replay will be available through August 27, 2020. North American listeners may dial 844-512-2921 and international listeners may dial 412-317-6671. The passcode is 11141231.

About Lifeway Foods, Inc.

Lifeway Foods, Inc., which has been recognized as one of Forbes' Best Small Companies, is America's leading supplier of the probiotic, fermented beverage known as kefir. In addition to its line of drinkable kefir, the company also produces cupped kefir and cheese, frozen kefir, specialty cheeses, probiotic supplements and a ProBugs line for kids. Lifeway's tart and tangy fermented dairy and non-dairy products are now sold across the United States, Mexico, Ireland and the United Kingdom. Learn how Lifeway is good for more than just you at www.lifewaykefir.com.

Forward-Looking Statements

This release (and oral statements made regarding the subjects of this release) contains "forward-looking statements" as defined in the Private Securities Litigation Reform Act of 1995 regarding, among other things, future operating and financial performance, product development, market position, business strategy and objectives. These statements use words, and variations of words, such as "from time to time," "intend," "plan," "ongoing," "realize," "should," "may," "could," "believe," "future," "depend," "expect," "will," "result," "can," "remain," "assurance," "subject to," "require," "limit," "impose," "guarantee," "restrict," "continue," "become," "likely," "opportunities," "effect," "change," "estimate," "continue," "build," "future," "increase," "drive," "believe," "look," "ahead," "confident," "deliver," "outlook," "expect," and "predict." Other examples of forward looking statements may include, but are not limited to, (i) statements of Company plans and objectives, including the introduction of new products, or estimates or predictions of actions by customers or suppliers, (ii) statements of future economic performance, and (iii) statements of assumptions underlying other statements and statements about Lifeway or its business. You are cautioned not to rely on these forward-looking statements. Forward looking statements are based on management's beliefs, assumptions, estimates and observations of future events based on information available to our management at the time the statements are made and include any statements that do not relate to any historical or current fact. These statements are not guarantees of future performance and they involve certain risks, uncertainties and assumptions that are difficult to predict. Actual outcomes and results may differ materially from what is expressed, implied or forecast by our forward looking statements due in part to the risks, uncertainties, and assumptions that include: the decisions of consumers, our ability to successfully implement our business strategy, changes in the pricing of commodities, the effects of government regulations, the impact of the COVID-19 outbreak on our business, suppliers, consumers, customers and employees, and disruptions in our supply chain or our manufacturing and distribution capabilities, including those due to cyber security threats and the COVID-19 outbreak. A further list and description of these risks, uncertainties, and other factors can be found in Lifeway's Annual Report on Form 10-K for the fiscal year ended December 31, 2019, and the Company's subsequent filings with the SEC. Copies of these filings are available online at https://www.sec.gov, http://lifewaykefir.com/investor-relations/, or on request from Lifeway. Information in this release is as of the dates and time periods indicated herein, and Lifeway does not undertake to update any of the information contained in these materials, except as required by law. Accordingly, YOU SHOULD NOT RELY ON THE ACCURACY OF ANY OF THE STATEMENTS OR OTHER INFORMATION CONTAINED IN ANY ARCHIVED PRESS RELEASE.

Contact:

Lifeway Foods, Inc. Phone: 847-967-1010 Email: info@lifeway.net

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Balance Sheets June 30, 2020 and December 31, 2019

(In thousands)

		June 30, 2020 (Unaudited)		December 31, 2019		
Current assets						
Cash and cash equivalents	\$	4,619	\$	3,836		
Accounts receivable, net of allowance for doubtful accounts and discounts and allowances of \$1,300 and \$1,100 at June 30, 2020 and December 31, 2019 respectively		7,737		6,692		
Inventories, net		6,653		6,392		
Prepaid expenses and other current assets		1,086		1,598		
Refundable income taxes		615		681		
Total current assets		20,710		19,199		
Property, plant and equipment, net		21,394		22,274		
Operating lease right-of-use asset		431		738		
Intangible assets						
Goodwill and indefinite-lived intangibles		12,824		12,824		
Other intangible assets, net		74		152		
Total intangible assets		12,898		12,976		
Other assets		1,800		1,800		
Total assets	\$	57,233	\$	56,987		
Current liabilities						
Accounts payable	\$	5,108	\$	5,282		
Accrued expenses		3,066		4,087		
Line of credit – current		2,757		_		
Accrued income taxes		92		154		
Total current liabilities		11,023		9,523		
Line of credit				2,745		
Operating lease liabilities		239		488		
Deferred income taxes, net		1,292		922		
Other long-term liabilities		42		58		
Total liabilities		12,596		13,736		
Commitments and contingencies						
Stockholders' equity						
Preferred stock, no par value; 2,500 shares authorized; no shares issued or outstanding at June 30, 2020 and December 31, 2019		_		_		
Common stock, no par value; 40,000 shares authorized; 17,274 shares issued; 15,592 and						
15,710 outstanding at June 30, 2020 and December 31, 2019, respectively		6,509		6,509		
Paid-in capital		2,587		2,380		
Treasury stock, at cost		(12,548)		(12,601)		
Retained earnings		48,089		46,963		
Total stockholders' equity		44,637		43,251		
Total liabilities and stockholders' equity	\$	57,233	\$	56,987		

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consolidated Statements of Operations For the six months ended June 30, 2020 and 2019 (Unaudited)

(In thousands, except per share data)

	Three Months Ended June 30,			Six Months Ended June 30,				
		2020		2019		2020		2019
Net sales	\$	25,014	\$	23,153	\$	50,402	\$	47,768
Cost of goods sold		17,279		16,843		35,903		34,410
Depreciation expense		807		747		1,574		1,492
Total cost of goods sold		18,086		17,590		37,477		35,902
Gross profit		6,928		5,563		12,925		11,866
Selling expenses		2,720		2,691		5,295		5,830
General and administrative		2,731		2,898		5,876		6,390
Amortization expense		39		40		78		113
Total operating expenses		5,490		5,629		11,249		12,333
Income (loss) from operations		1,438		(66)		1,676		(467)
Other income (expense):								
Interest expense		(30)		(68)		(69)		(137)
Gain on investments		4		_		4		-
(Loss) gain on sale of property and equipment		(33)		4		(28)		29
Other income, net		5		2		2		5
Total other income (expense)		(54)	_	(62)		(91)		(103)
Income (loss) before provision for income taxes		1,384		(128)		1,585		(570)
Provision (benefit) for income taxes		404		13		459		(41)
Net income (loss)	\$	980	\$	(141)	\$	1,126	<u>\$</u>	(529)
Earnings (loss) per common share:								
Basic	\$	0.06	\$	(0.01)	\$	0.07	\$	(0.03)
Diluted	\$	0.06	\$	(0.01)	\$	0.07	\$	(0.03)
Weighted average common shares:								
Basic		15,560		15,775		15,591		15,771
Diluted		15,586		15,775		15,607		15,771

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Cash Flows (Unaudited) (In thousands)

	Six Months E 2020			Ended June 30,		
				2019		
Cash flows from operating activities:				(720)		
Net income (loss)	\$	1,126	\$	(529)		
Adjustments to reconcile net income (loss) to operating cash flow:		1.650		1.605		
Depreciation and amortization		1,652		1,605		
Non-cash interest expense		12		12		
Non-cash rent expense		(38)		_		
Bad debt expense		(4)		3		
Deferred revenue		(48)		(48)		
Stock-based compensation		232		535		
Deferred income taxes		369		-		
Loss (gain) on sale of property and equipment Reserve for inventory obsolescence		28		(29) 210		
(Increase) decrease in operating assets:						
Accounts receivable		(1,041)		(1,297)		
Inventories		(262)		(1,235)		
Refundable income taxes		65		1,470		
Prepaid expenses and other current assets		502		(308)		
Increase (decrease) in operating liabilities:		302		(300)		
Accounts payable		(172)		888		
Accrued expenses		(448)		774		
Accrued income taxes		(62)				
				(43)		
Net cash provided by operating activities	_	1,911		2,008		
Cash flows from investing activities:						
Purchases of property and equipment		(728)		(290)		
Proceeds from sale of property and equipment		5		36		
Purchase of investments		_		(15)		
Net cash used in investing activities		(723)		(269)		
Cash flows from financing activities:						
Purchase of treasury stock		(405)		(385)		
Repayment of line of credit		(103)		(1,330)		
Net cash used in financing activities		(405)				
Net cash used in imancing activities		(405)		(1,715)		
Net increase in cash and cash equivalents		783		24		
Cash and cash equivalents at the beginning of the period		3,836		2,998		
Cash and cash equivalents at the end of the period	\$	4,619	\$	3,022		
	-	1,022	-			
Supplemental cash flow information:						
Cash paid for income taxes, net of (refunds)	\$	82	\$	(1,469)		
Cash paid for interest	\$	61	\$	149		
Cuta para 101 militari	Ψ	01	Ψ	1.0		
Non-cash investing activities						
Right-of-use assets recognized at ASU 2016-02 transition	\$	_	\$	944		
Operating lease liability recognized at ASU 2016-02 transition	\$	_	\$	997		
Increase (decrease) in right-of-use assets and operating lease liabilities recognized after ASU						
2016-02 transition	\$	(58)	\$	280		
Non-cash financing activities						
Issuance of common stock under equity incentive plans	\$	522	\$			
issuance of common stock under equity incentive plans	Ψ	344	Ψ	_		
5						