UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): June 24, 2021

LIFEWAY FOODS, INC. (Exact name of registrant as specified in its charter)

ILLINOIS	000-17363	36-3442829
(State or other jurisdiction of incorporation)	(Commission File Numbe	er) (I.R.S. Employer Identification No.)
6431 Oakton St. Morton Grove, IL		60053
(Address of principal executive offices)		(Zip code)
	(847) 967-1010	
	(Registrant's telephone number, includ	ing area code)
(Fe	ormer name or former address, if changed	d since last report)
Check the appropriate box below if the Form 8 following provisions:	8-K filing is intended to simultaneously s	satisfy the filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 2☐ Soliciting material pursuant to Rule 14a-12☐ Pre-commencement communications pursu☐ Pre-commencement communications pursuant to Securities registered pursuant to Section 12	under the Exchange Act (17 CFR 240.14 ant to Rule 14d-2(b) under the Exchange ant to Rule 13e-4(c) under the Exchange	4a-12) e Act (17 CFR 240.14d-2(b))
Title of each Class	Trading Symbol	Name of each exchange on which registered
Common Stock	LWAY	Nasdaq
this chapter) or Rule 12b-2 of the Securities E.	xchange Act of 1934 (§ 240.12b 2 of this check mark if the registrant has elected n	not to use the extended transition period for complying with

Item 8.01. Other Events

On June 24, 2021, the board of directors (the "Board") of Lifeway Foods, Inc. (the "Company") authorized a plan to repurchase up to 250,000 shares of Common Stock in the open market within 24 months at no more than \$10 per share in accordance with all applicable securities laws and regulations, including Rule 10b-18 of the Exchange Act pursuant to an agreement with a single broker satisfying the requirements of Rule 10b5-1 of the Securities Exchange Act of 1934 (the "Exchange Act") (the "2021 Repurchase Plan").

Entering into the agreement with a single broker that satisfies Rule 10b5-1 of the Exchange Act allows the Company to repurchase its shares at times when it might otherwise be prevented from doing so due to self-imposed trading blackout periods or pursuant to insider trading laws. The Company's third-party broker, subject to Securities and Exchange Commission regulations regarding certain price, market, volume and timing constraints, would have authority to purchase the Company's common stock in accordance with the terms of the Repurchase Plan.

The Company cannot predict when or if it will repurchase any shares of common stock pursuant to the 2021 Repurchase Plan Amendment as such repurchases will depend on a number of factors, including constraints specified in agreement with the broker pursuant to Rule 10b5-1 of the Exchange Act, price, general business and market conditions. Information regarding share repurchases will be available in the Company's periodic reports on Form 10-Q and 10-K filed with the Securities and Exchange Commission as required by the applicable rules of the Exchange Act.

This report contains forward-looking information, as that term is defined under the Exchange Act, including information regarding purchases by the Company of its common stock pursuant to the 2021 Repurchase Plan. By their nature, forward-looking information and statements are subject to risks, uncertainties, and contingencies, including changes in price and volume and the volatility of the Company's common stock; constraints specified in the Rule 10b5-1 Plan, the Company's general business and market conditions, and such other factors as discussed throughout Part I, Item 1 "Business"; Part I, Item 1A "Risk Factors"; and Part II, Item 7 "Management's Discussion and Analysis of Financial Condition and Results of Operations" of our Annual Report on Form 10-K for the year ended December 31, 2020 and that are described from time to time in our filings with the SEC. The Company does not undertake to update any forward-looking statements or information, including those contained in this report.

Item 9.01. Financial Statements and Exhibits

(d) Exhibits

No. Description

99.1 Press Release dated June 28, 2021, titled "Lifeway Foods Announces Share Repurchase Program"

Filed Herewith

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: June 28, 2021

LIFEWAY FOODS, INC.

By: /s/ Eric Hanson

Name: Eric Hanson

Title: Chief Financial & Accounting Officer

Lifeway Foods Announces Share Repurchase Program

Morton Grove, IL, June 28 – Lifeway Foods, Inc. (Nasdaq: LWAY) ("Lifeway" or "the Company"), the leading U.S. manufacturer of kefir and fermented probiotic products, announced today that Lifeway's Board of Directors has approved a new share repurchase program of up to 250,000 shares. Under such a program, Lifeway Foods may repurchase up to 250,000 shares of the Company's Common Stock through the open market within a period of two years from the effective date of the program. The Company will use its available cash resources generated through operations to fund the stock repurchase program.

"This buyback program reflects our confidence in Lifeway's overall business and successful execution of our Lifeway 2.0 strategy," said Lifeway CEO Julie Smolyansky. "The strong financial results we have achieved over the past year have bolstered our reserves and influenced our decision to invest in this buyback and return capital to our shareholders."

About Lifeway Foods

Lifeway Foods, Inc., which has been recognized as one of Forbes' Best Small Companies, is America's leading supplier of the probiotic, fermented beverage known as kefir. In addition to its line of drinkable kefir, the company also produces cheese and a ProBugs line for kids. Lifeway's tart and tangy fermented dairy products are now sold across the United States, Mexico, Ireland, and the United Kingdom. Learn how Lifeway is good for more than just you at lifewayfoods.com.

Forward-Looking Statements

All statements in this release (and oral statements made regarding the subjects of this release) contains "forward-looking statements" as defined in the Private Securities Litigation Reform Act of 1995 regarding, among other things, future operating and financial performance, product development, market position, business strategy and objectives. These statements use words, and variations of words, such as "expect," "vision," "will," "predict," "grow," and "trend." Other examples of forward looking statements may include, but are not limited to, (i) statements of Company plans and objectives, including the introduction of new products, or estimates or predictions of actions by customers or suppliers, (ii) statements of future economic performance, and (III) statements of assumptions underlying other statements and statements about Lifeway or its business. You are cautioned not to rely on these forward-looking statements. These statements are based on current expectations of future events and thus are inherently subject to uncertainty. If underlying assumptions prove inaccurate or known or unknown risks or uncertainties materialize, actual results could vary materially from Lifeway's expectations and projections. These risks, uncertainties, and other factors include: price competition; the decisions of customers or consumers; the actions of competitors; changes in the pricing of commodities; the effects of government regulation; possible delays in the introduction of new products; and customer acceptance of products and services. A further list and description of these risks, uncertainties, and other factors can be found in Lifeway's Annual Report on Form 10-K for the fiscal year ended December 31, 2020, and the Company's subsequent filings with the SEC. Copies of these filings are available online at https://www.sec.gov, http://lifewaykefir.com/investorrelations/, or on request from Lifeway. Information in this release is as of the dates and time periods indicated herein, and Lifeway does not undertake to update any of the information contained in these materials, except as required by law. Accordingly, YOU SHOULD NOT RELY ON THE ACCURACY OF ANY OF THE STATEMENTS OR OTHER INFORMATION CONTAINED IN ANY ARCHIVED PRESS RELEASE.

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