

The Lifeway Mission

With a commitment to using only all-natural, hormone-free, and GMO-free ingredients, supporting philanthropic initiatives, promoting environmental responsibility, and ensuring local farming sustainability, Lifeway aims to make the world a better, healthier place.

GREEN INITIATIVES



RENEWABLE

ENERGY CREDITS

Since 2006, we've purchased 87,685 MWh of Green-e RECs from Renewable Choice Energy/Schneider Electric to offset 100% of the electricity used at Lifeway facilities.

LEARN MORE



CHICAGO GATEWAY GREEN

Non-profit, publicprivate partnership dedicated to the greening and beautification of Chicago's expressways, gateways and neighborhoods.

LEARN MORE

TOTAL GREEN

CARBON OFFSETS

Lifeway proudly participates in Illinois Nicor Total Green and various Schneider Electric projects to offset our carbon footprint.

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EPA GREEN POWER

PARTNERSHIP

Lifeway is a 100% Green Power User with an Annual Green Power Usage (kWh) of 10,224,000.

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OUR PACKAGING

32oz & 3.5oz bottles are made from HDPE #2 plastic, 100% recyclable and BPA-free 8oz bottles are made with plant-based materials and are 100% recyclable ProBugs pouches are made with post-consumer recycled material, with Vizi™ caps and spouts that reduce plastic use by up to 30%

When recycling isn't an option, we bring TerraCycle® boxes to create zero-waste solutions for our sampling at events



STRAWBERRY

8 FL DZ (236mL)





What is Kefir?

Lifeway Kefir is a tart and tangy cultured milk smoothie that is high in protein, calcium and vitamin D. Thanks to our exclusive blend of kefir cultures, each cup of kefir contains 12 live & active cultures.













*As part of a balanced diet.

LIFEWAY KEFIR VS YOGURT

With better ingredients and a prolonged fermentation process, Lifeway Kefir emerges as the premium option with the most benefits.

NUTRITIONAL BENEFITS	LIFEWAY KEFIR	YOGURT
CULTURES LIVE AND ACTIVE PROBIOTIC STRAINS	12	1-5
CFU'S COLONY FORMING UNITS, AKA: BENEFICIAL BACTERIA	50 BILLION	6
PROTEIN PER 80Z SERVING	10g	6 g
LACTOSE INTOLERANCE FRIENDLY	UP TO 99% LACTOSE FREE	NO!

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FOOD AWAY FROM HOME





LOWFAT 8oz

LOWFAT 32oz

ALL OTHER CHANNELS



LOWFAT 32oz & 8oz



WHOLE MILK 32oz & 3.5oz

For more information and samples of Lifeway Kefir:

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