

A Healthy Breakfast and Snack On The Go

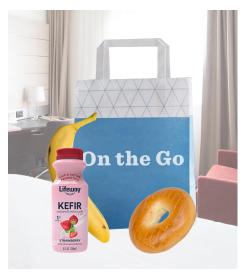


Support your staff and guests immunity with Lifeway kefir



BREAKFAST

A satiating nutrient-rich and probiotic-packed addition to the buffet line



ON THE GO

Easy protein and immunesupport on-the-go as part of a balanced meal



ANYTIME

Perfect grab-and-go snack for travel, meetings or between meals

LIFEWAY KEFIR IS ALWAYS

12 LIVE & ACTIVE PROBIOTIC CULTURES • LACTOSE INTOLERANCE FRIENDLY PROCESSED IN A PEANUT-FREE AND TREE NUT-FREE FACILITY

In 2020, everything that we knew as both sellers and consumers in the world has changed due to COVID-19. People are now more aware of the benefits of immune-supporting foods and Lifeway's probiotic-packed kefir has been delivering those benefits for over 30 years.

Lifeway Kefir is a nutrient-rich menu option that contains **12 live and** active cultures and **25 to 30 billion beneficial CFU (Colony Forming Units) to support the immune system** by maintaining a healthy and balanced gut, where 70-80% of our immune producing cells live.

Research shows that a healthy gut supported by probiotic-rich foods helps to reduce inflammation, and may prevent and combat viruses, including COVID-19.¹ Having immune supporting foods such as kefir readily available to customers provides that extra level of comfort and safety during travel.

For more information and samples, please contact
Dave McClain
Director of Sales, Foodservice
DaveM@lifeway.net



LIFEWAY FOODS, INC 6431 WEST OAKTON STREET MORTON GROVE, IL 60053 714-833-9422