



ON THE GO

GRAB-AND-GO

8oz PROBIOTIC BEVERAGES



GOOD SOURCE OF PROTEIN
ALL-NATURAL INGREDIENTS
LACTOSE INTOLERANCE FRIENDLY
AND LACTOSE FREE VARIETIES!



INFO@LIFEWAY.NET | LIFEWAYFOODS.COM/FOODSERVICE

8OZ LOWFAT KEFIR



STRAWBERRY <1% JUICE

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MIXED BERRY <1% JUICE

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PEACH <0% JUICE

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BLUEBERRY <1% JUICE

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL STRAWBERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL MIXED BERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL PEACH FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, ANNATTO EXTRACT (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL BLUEBERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, FRUIT JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/8 fl.oz.	2 in x 2 in x 5.5 in	6.375 in x 4.25 in x 5.625 in	3.8 lb.	.09 cu. ft.	69 x 7 = 483 Cs.	1885.4 lb.

8OZ LOWFAT KEFIR



RASPBERRY <1% JUICE

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL RASPBERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.



MANGO <0% JUICE

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL MANGO FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, ANNATTO EXTRACT (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.



PLAIN

Nutrition Facts

Serving size	1 Bottle
Amount per serving	
Calories	110
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, NONFAT MILK, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/8 fl.oz.	2 in x 2 in x 5.5 in	6.375 in x 4.25 in x 5.625 in	3.8 lb.	.09 cu. ft.	69 x 7 = 483 Cs.	1885.4 lb.

NEW! LACTOSE FREE

ORGANIC
8OZ WHOLE MILK KEFIR



PLAIN

Nutrition Facts	
Serving size	1 Bottle
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 125mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED
ORGANIC MILK, ORGANIC NONFAT
MILK, PECTIN, LACTASE ENZYME,
VITAMIN D3, CULTURES.
CONTAINS: MILK.

MIXED BERRY
1% JUICE

Nutrition Facts	
Serving size	1 Bottle
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 125mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 5g Added Sugars	10%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED
ORGANIC MILK, ORGANIC CANE
SUGAR, ORGANIC NONFAT MILK,
ORGANIC MIXED BERRY NATURAL
FLAVOR WITH OTHER NATURAL
FLAVORS, ORGANIC VANILLA
NATURAL FLAVOR WITH OTHER
NATURAL FLAVORS, ORGANIC
VEGETABLE JUICE (FOR COLOR),
PECTIN, LACTASE ENZYME,
VITAMIN D3, CULTURES.
CONTAINS: MILK.

PEACH
0% JUICE

Nutrition Facts	
Serving size	1 Bottle
Amount per serving	
Calories	170
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 125mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 5g Added Sugars	10%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED
ORGANIC MILK, ORGANIC
CANE SUGAR, ORGANIC PEACH
NATURAL FLAVOR WITH OTHER
NATURAL FLAVORS, ORGANIC
NONFAT MILK, PECTIN, ORGANIC
VANILLA NATURAL FLAVOR WITH
OTHER NATURAL FLAVORS,
ORGANIC ANNATTO EXTRACT
(FOR COLOR), LACTASE ENZYME,
VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



UNIT UPC:



CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/8 fl.oz.	2 in x 2 in x 5.5 in	6.375 in x 4.25 in x 5.625 in	3.8 lb.	.09 cu. ft.	69 x 7 = 483 Cs.	1885.4 lb.