

Lowfat Kefir

Probiotic Dairy Beverage

25-30 Billion CFU[†]

May Support a Strong Immune System*

May Promote a Balanced and Diverse Microbiome*

Lactose Intolerance Friendly

Good Source of Protein















SCAN FOR SELL SHEETS, EPK, AND MORE!















PLAIN

Nutrition Facts About 4 servings per container Serving size 1 cup (240 mL) Serving size 110 **Calories** Total Fat 2g Saturated Fat 1.5g Trans Fat 0g 8% Cholesterol 10mg 3% Sodium 125mg Total Carbohydrate 9g Dietary Fiber 0g 0% 0% Includes 0g Added Sugars

INGREDIENTS: PASTEURIZED LOWFAT MILK, NONFAT MILK, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

STRAWBERRY

<1% JUICE

Serving size 1 Cup (2	240mL
Amount per serving Calories	140
% Da	ily Value
Total Fat 2g	39
Saturated Fat 1.5g	89
Trans Fat 0g	
Cholesterol 10mg	39
Sodium 125mg	59
Total Carbohydrate 18g	79
Dietary Fiber 0g	09
Total Sugars 18g	
Includes 8g Added Sugars	169
Protein 10g	169
Vitamin D 3.8mcg 20% • Calcium 39	0mg 30%
Iron 0mg 0% • Potassium	380ma 8

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL STRAWBERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

BLUEBERRY

<1% JUICE

Nutrition Fa	cts
About 4 servings per contain Serving size 1 Cup (2	
Amount per serving Calories	140
% Da	ily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 39	
Iron 0mg 0% • Potassium	380mg 8%
*The % Daily Value tells you how much a nutrie serving of food contributes to a daily diet. 2,000 day is used for general nutrition advice.	ent in a calories a

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL BLUEBERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, FRUIT JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

PEACH

<0% JUICE

Nutrition Fact	S
About 4 servings per container Serving size 1 Cup (240r	nL)
Amount per serving Calories 14	ŀO
% Daily Va	alue*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	_
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg	30%
Iron 0mg 0% • Potassium 380n	ng 8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calori- day is used for general nutrition advice.	es a

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL PEACH FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, ANNATTO EXTRACT (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

MIXED BERRY

<1% JUICE

Nutrition Fa	acts
About 4 servings per conta Serving size 1 Cup	iner (240mL)
Amount per serving Calories	140
% [Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium	390mg 30%
Iron 0mg 0% • Potassius	m 380mg 8%
*The % Daily Value tells you how much a nul serving of food contributes to a daily diet. 2,0 day is used for general nutrition advice.	

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL MIXED BERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



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CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/32 fl. oz.	3 in x 3 in x 9.5 in	9 in x 6 in x 9.5 in	14.25 lb.	.30 cu. ft.	34 x 5 = 170 Cs.	2473 lb.











STRAWBERRY BANANA

<1% JUICE

Nutrition Facts About 4 servings per container Serving size 1 Cup (240mL) Serving size 140 Calories Total Fat 2g Saturated Fat 1.5g Trans Fat 0g 8% Cholesterol 10mg 3% Sodium 125mg Total Carbohydrate 18g Dietary Fiber 0g 0% 16% Includes 8g Added Sugars

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL STRAWBERRY BANANA FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

MANGO

0% JUICE

Calories	140
	% Daily Valu
Total Fat 2g	3
Saturated Fat 1.5g	8
Trans Fat 0g	
Cholesterol 10mg	3
Sodium 125mg	5
Total Carbohydrate 1	8g 7
Dietary Fiber 0g	0
Total Sugars 18g	
Includes 8g Adde	d Sugars 16
Protein 10g	16
Vitamin D 3.8mcg 20%	Calcium 390mg 30
Iron Oma 0%	Potassium 380mg 3

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL MANGO FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, ANNATTO EXTRACT (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

RASPBERRY

<1% JUICE

Nutrition Fa	cts
About 4 servings per contain Serving size 1 Cup (2	
Amount per serving Calories	140
% Da	ily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 39	
Iron 0mg 0% • Potassium	380mg 8%
*The % Daily Value tells you how much a nutrie serving of food contributes to a daily diet. 2,000 day is used for general nutrition advice.	

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL RASPBERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

VANILLA

About 4 servings pe Serving size	1 Cup (240mL)
Amount per serving Calories	140
	% Daily Value
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added S	Sugars 16%
Protein 10g	16%
Vitamin D 3.8mcg 20% •	Calcium 390mg 30%
Iron 0mg 0% •	Potassium 380mg 89

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL VANILLA FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

CHOCOLATE <1% JUICE

Nutrition F	acts
About 4 servings per co Serving size 1 C	ntainer up (240mL)
Amount per serving Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calci	um 390mg 30%
Iron 0mg 0% • Potas	sium 380mg 89
*The % Daily Value tells you how much serving of food contributes to a daily die day is used for general nutrition advice.	a nutrient in a t. 2,000 calories a

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL CHOCOLATE FLAVOR WITH OTHER NATURAL FLAVORS, VEGETABLE AND FRUIT JUICE (FOR COLOR), PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

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SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/32 fl. oz.	3 in x 3 in x 9.5 in	9 in x 6 in x 9.5 in	14.25 lb.	.30 cu. ft.	34 x 5 = 170 Cs.	2473 lb.









CHERRY

<1% JUICE

Nutrition F	acts
About 4 servings per contact Serving size 1 Cu	tainer p (240mL)
Amount per serving Calories	140
9	6 Daily Value
Total Fat 2g	3%
Saturated Fat 1.5g	89
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
100 000 000 011	000 000
Vitamin D 3.8mcg 20% • Calciur	-
	ium 380mg 8°
*The % Daily Value tells you how much a serving of food contributes to a daily diet. day is used for general nutrition advice.	nutrient in a 2,000 calories a

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL CHERRY FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

POMEGRANATE

<1% JUICE

Nutrition Facts
About 4 servings per container Serving size 1 Cup (240mL)
Amount per serving Calories 140
% Daily Value*
Total Fat 2g 3%
Saturated Fat 1.5g 8%
Trans Fat 0g
Cholesterol 10mg 3%
Sodium 125mg 5%
Total Carbohydrate 18g 7%
Dietary Fiber 0g 0%
Total Sugars 18g
Includes 8g Added Sugars 16%
Protein 10g 16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%
Iron 0mg 0% • Potassium 380mg 8%
"The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL POMEGRANATE FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

COCONUT

0% JUICE

Nutrition	Facts
About 4 servings per co Serving size 1 0	ontainer Cup (240mL)
Amount per serving Calories	140
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugar	rs 16%
Protein 10g	16%
	ium 390mg 30%
	ssium 380ma 89

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL COCONUT FLAVOR, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES. CONTAINS: MILK.

GUAVA <1% JUICE

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Nutrition	acts			
About 4 servings per co Serving size 1 C	ntainer up (240mL)			
Amount per serving Calories	140			
	% Daily Value*			
Total Fat 2g	3%			
Saturated Fat 1.5g	8%			
Trans Fat 0g				
Cholesterol 10mg	3%			
Sodium 125mg	5%			
Total Carbohydrate 18g	7%			
Dietary Fiber 0g	0%			
Total Sugars 18g				
Includes 8g Added Sugar	s 16%			
Protein 10g	16%			
Vitamin D 3.8mcg 20% • Calci	um 390mg 30%			
Iron 0mg 0% • Potas	ssium 380mg 8%			
"The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a				

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL GUAVA FLAVOR WITH OTHER NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

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CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/32 fl. oz.	3 in x 3 in x 9.5 in	9 in x 6 in x 9.5 in	14.25 lb.	.30 cu. ft.	34 x 5 = 170 Cs.	2473 lb.