



Lowfat Kefir

Probiotic Dairy Beverage

25-30 Billion CFU[†]

May Support a Healthy Immune System*

May Promote a Balanced and Diverse Microbiome*

Lactose Intolerance Friendly

Good Source of Protein



SCAN FOR
SELL SHEETS, EPK,
AND MORE!

*As part of a balanced and healthy diet.





PLAIN

Nutrition Facts	
About 4 servings per container	
Serving size 1 cup (240 mL)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, NONFAT MILK, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



STRAWBERRY
<1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL STRAWBERRY FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



BLUEBERRY
<1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL BLUEBERRY FLAVOR, NATURAL FLAVORS, PECTIN, FRUIT JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



PEACH
<0% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL PEACH FLAVOR, NATURAL FLAVORS, PECTIN, ANNATTO EXTRACT (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



MIXED BERRY
<1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL STRAWBERRY FLAVOR, NATURAL RASPBERRY FLAVOR, NATURAL BLUEBERRY FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/32 fl. oz.	3 in x 3 in x 9.5 in	9 in x 6 in x 9.5 in	14.25 lb.	.30 cu. ft.	34 x 5 = 170 Cs.	2473 lb.



STRAWBERRY BANANA
 <1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL STRAWBERRY FLAVOR, NATURAL BANANA FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.



MANGO
 0% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL MANGO FLAVOR, NATURAL FLAVORS, PECTIN, ANNATTO EXTRACT (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.



RASPBERRY
 <1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL RASPBERRY FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.



VANILLA

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL VANILLA FLAVOR, NATURAL FLAVORS, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.



CHOCOLATE
 <1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size 1 Cup (240mL)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL CHOCOLATE FLAVOR, NATURAL FLAVORS, VEGETABLE AND FRUIT JUICE (FOR COLOR), PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



UNIT UPC:



UNIT UPC:



UNIT UPC:



UNIT UPC:



CASE UPC:



CASE UPC:



CASE UPC:



CASE UPC:



CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/32 fl. oz.	3 in x 3 in x 9.5 in	9 in x 6 in x 9.5 in	14.25 lb.	.30 cu. ft.	34 x 5 = 170 Cs.	2473 lb.



CHERRY
 <1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup (240mL)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL CHERRY FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



POMEGRANATE
 <1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup (240mL)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL POMEGRANATE FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



COCONUT
 0% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup (240mL)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL COCONUT FLAVOR, NATURAL FLAVORS, PECTIN, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



CAPPUCCINO

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup (240mL)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, PECTIN, NATURAL CAPPUCCINO FLAVOR, NATURAL FLAVORS, VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



GUAVA
 <1% JUICE

Nutrition Facts	
About 4 servings per container	
Serving size	1 Cup (240mL)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 125mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 8g Added Sugars	16%
Protein 10g	16%
Vitamin D 3.8mcg 20% • Calcium 390mg 30%	
Iron 0mg 0% • Potassium 380mg 8%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED LOWFAT MILK, CANE SUGAR, NONFAT MILK, NATURAL GUAVA FLAVOR, NATURAL FLAVORS, PECTIN, VEGETABLE JUICE (FOR COLOR), VITAMIN A PALMITATE, VITAMIN D3, CULTURES.
CONTAINS: MILK.

UNIT UPC:



CASE UPC:



SIZE	CONSUMER DIMENSION	CASE SIZE	CASE WEIGHT	CASE CUBE	PALLET BLOCK/TIER	PALLET WEIGHT
6/32 fl. oz.	3 in x 3 in x 9.5 in	9 in x 6 in x 9.5 in	14.25 lb.	.30 cu. ft.	34 x 5 = 170 Cs.	2473 lb.